

Seniors/55 Forward program registration starts on Monday, April 24 at 9:00 am.

T-Ball, Kickin' Kids & Lil' Sports Sampler (pg 33-34) registration starts on Tuesday, April 25 at 9:00 am.

General program registration starts on Wednesday, April 26 at 9:00 am.

Swim and evening Water Aerobics registration begins Thursday, April 27 at 9:00 am.

**Don't waste time standing in line!** Register with WebTrac. Faxed and mailed registrations processed at random. See page 86.



maplegrovemn.gov 763-494-6500 12951 Weaver Lake Rd Maple Grove MN 55369



The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

#### **HOLIDAY CLOSURES**

The Parks and Recreation Board office will be closed on the following days:

- Monday, May 29 (Memorial Day)
- Tuesday, July 4 (Independence Day)
- Monday, September 4 (Labor Day)

#### **PHONE NUMBERS**

Main number	763-494-6500
Website <u>m</u>	aplegrovemn.gov
Recreation Registration <u>webtrac.m</u>	aplegrovemn.gov
Ballfield Reservations	763-494-6560
CC Birthday Party Packages	763-494-5966
CC Group Reservations, Room Rentals	763-494-5969
Central Park Information	763-494-6474
Central Park Rental Requests	763-494-5958
Eagle Lake Bldg Reservations	763-494-6507
Ice Arena Office	763-494-5968
Park Reservations	763-494-6507
Program/Game Status Recording	763-494-5959
Sports Dome Reservations	763-494-6480
Town Green Reservations	763-494-5969

#### PARKS AND RECREATION BOARD

Parks a	nd Recreation Board office	763-494-6500
Chair:	Bill Lewis	763-494-4084
	John Ferm	612-328-1765
	Ken Helvey	763-416-2049
	Troy Nygaard	763-420-0256
	Terry Sharp	763-420-9374
	Deb Syhre	763-420-7258
	Kelly Cunningham	612-385-6754
Council	Representative: Phil Leith	763-425-1414

#### **Park Board Meetings**

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

#### **Parks and Recreation Board Staff**

Director	Chuck Stifter
Superintendent of Recreation	Mark Saari
Superintendent of Parks and Planning	Jeff Evenson
Administrative Supervisor	Patty Anderson
Park Supervisor	Scott Roberts
Recreation Program Specialist	Michelle DeBace
Recreation Program Specialist	Katie Lallier
Rec. Facilities Operations Supervisor	Jeanne Vestal
Special Events & Volunteer Coordinator.	Deb Coss
Senior Citizen Coordinator	Kris Orluck
Community Center Manager	Lisa Jost
Community Ctr Operations Supervisor	Frank Weber
Community Ctr Facility Maint Coord	Paul Mertes
Community Ctr Facility Coord	Sam Ellingson
Aquatics Supervisor	Lisa Gedker
Community Ctr Aquatics Coordinator	Adrienne Vassar
Youth Outreach Coordinator	Tanya Hilger
Playhouse Preschool Teacher	Gayle Selsback

#### REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

#### **Table of Contents**

It's all inside! Your recreation destination!

it's all litside: Tour recreation destina	lion:
SPECIAL INTEREST	
Registration Procedures	86
Adaptive Recreation	14
Athletic Associations	4
CC Membership Sale	5
Central Park	7
Community Events	9-12
Farmers Market	11
Maple Grove Days	9
Parks & Picnic Facilities	
Playhouse Preschool	20
Town Green Performance Schedule	
Volunteer Opportunities	10-11
Weaver Lake Beach	8

#### **KIDS WORLD** Active Kids.

Active Kids	27-32
Adventures in the Parks	24-25
Creative Kids	22-23
Fall Soccer	35-38
Family Yoga	20
Kickin' Kids Soccer	
Kids Yoga Camp	31
Lil Sports	
Preschool Adventures	
Safety Classes	
Science Classes	
T-Ball	
Tennis and Golf	
Theatre	26
YOUTH/TEEN ATHLETIC CLINICS & TRAINING	41-46
ICE SKATING LESSONS	15-18

## **TEENS**

Teen Activities	.47-51
Fashion Preview	.50
Skate Park	.51

MUSIC FOR EVERYONE 19-20

#### **ADULTS**

Fall Softball	55
Fitness & Dance	52-54
Golf & Tennis	55

#### **SENIORS/55 FORWARD**

Artistic Opportunities	63
Cards, Games, Clubs	61-62
Classes, Conversations & More	59-60
Defensive Driving	60
Fitness, Health & Safety	
Food & Fellowship	
Trips	
COMMUNITY CENTER	68-75

Memberships, Facility Rentals, Birthday Parties, Maze, Gym, Ice Arena, Grove Cove Aquatics Center

#### **SWIMMING LESSONS**

Group & Private Lessons	76-	83
Specialized Aquatics	83-	-85

## **Registration Information**

#### **Registration Start Dates**

- ~ General program registration (see following exceptions) begins on Wednesday, April 26 at 9:00 a.m. This includes online, mail-in, fax and walk-in registrations. See page 86.
- ~ Seniors/55 Forward registration begins Monday, April 24 at 9:00 am.
- ~ T-Ball, Kickin Kids & Lil Sports registration begins on Tuesday, April 25 at 9:00 a.m.
- ~ Swim and evening Water Aerobics registration begins Thursday, April 27 at 9:00 am.

#### Using the new WebTrac Registration Site

- 1. GO TO webtrac.maplegrovemn.gov
- 2. CREATE AN ACCOUNT through the site by providing basic information about you and your family.
- 3. CREATE A LOGIN (your email address) and choose a password.

Once registered, you can use your login and password to sign up for all activities on the site. If you forget your password, the site can send you a reminder email. Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day! If you have questions, contact Parks and Recreation at (763)494-6500.

All Parks and Recreation programs are available to register online EXCEPT music, Playhouse Preschool and **Defensive Driving.** 

#### **General Information**

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online (put in your cart at no cost to complete) or call 763-494-6500. If an opening comes up, we will call from the waitlist in the order they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- · Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

#### **Refund Policy**

- · Requests for refunds must be received at least three full business days before the first class session. There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds will be issued for all classes or trips cancelled by Parks and Recreation.

#### **Photo Policy**

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

#### **Corrections and Updates**

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

#### **Youth Athletic Associations**

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

#### **BASEBALL/FASTPITCH SOFTBALL**

**Organization:** OMGAA - Osseo Maple Grove Athletic Association

**Program:** House Leagues - BB/FP Ages 9-18

Traveling Teams - BB Ages 10-15 & FP ages 9-18

Information: at www.omgaa.org

**BASKETBALL** 

Organization: OMGBA - Osseo Maple Grove Basketball

Association

**Program:** House Leagues - Grades K-12

Traveling Teams - Grades 5-8

information: <u>www.omgba.net</u>

**FOOTBALL** 

**Organization:** OFA - Osseo Football Assn

MGYFA - Maple Grove Youth Football Assn

**Program:** House Leagues – Grades 2 - 8 Information: www.osseofootball.org

www.mgyfa.com

**HOCKEY** 

**Organization:** OMGHA - Osseo Maple Grove Hockey Association

**Program:** House Leagues - Ages 4-15 (4 by 7/1/14)

Traveling Teams - Ages 9-17

Information: <u>www.omgha.com</u>

**LACROSSE** 

**Organization:** Maple Grove Girls and Boys Lacrosse Association

**Program:** Youth, grades K – 8 **www.mglax.net** 

MG Girls Lacrosse email corradih@district279.org

**Organization:** Osseo Park Center Boys & Girls Lacrosse

Information: www.opcyouthlax.com

**TENNIS** 

**Organization:** Maple Grove Crimson Tennis Assn. Inc.

**Program:** Youth, ages 14 and older Information: mgcrimsontennis@yahoo.com

SOCCER

Organization:Maplebrook Soccer AssociationProgram:Traveling Teams - Ages 19 & underInformation:www.maplebrooksoccer.com

**SWIMMING** 

Organization: NHCP Swim Club

**Program:** Competitive Swimming – Ages 6 – 18 Information: www.teamunify.com/mnnhcp

**WRESTLING** 

**Organization:** Osseo, Maple Grove Youth Wrestling

**Program:** Pre-Kindergarten - grade 6 Information: <u>www.osseoyouthwrestling.org</u>

# 2017 OMGAA BASEBALL & FASTPITCH SOFTBALL PROGRAM

For information on the 2017 Baseball and Fastpitch Softball season, check out the Osseo-Maple Grove Association website at www.omgaa.org. 2017 registration has already taken place. Check their website for more information.



# OSSEO MAPLE GROVE BASKETBALL ASSOCIATION (OMGBA)

The OMGBA offers the following programs for boys and girls that live in the Osseo/Maple Grove High School attendance area.

•K - 2<sup>nd</sup> grade – Introduction to Basketball

•3<sup>rd</sup> – 6<sup>th</sup> grade – House League

•7<sup>th</sup> & 8<sup>th</sup> grade – Junior House League

 $ullet 9^{th} - 12^{th}$  grade – Senior League

•5<sup>th</sup> – 8<sup>th</sup> grade – Traveling League

For information regarding these programs, season dates, online registration dates and fees, please see our website at <a href="https://www.omgba.net">www.omgba.net</a>

OMGBA is a volunteer group that depends on parents to coach and perform other duties. Volunteers are needed to keep a quality experience for the participants.



**Maple Grove Community Center** 

# MEMBERSHIP SALE May 1-10

**SAVE 15%** 

Save an <u>ADDITIONAL \$10 OFF</u> when you register on-line!

# **ALL-BUILDING MEMBERSHIP**

- The Grove Cove Aquatic Center features an indoor leisure pool with a zero-depth beach area, water spray activities, tot slide and 130 ft waterslide.
- The indoor lap pool features a 25-yard lap pool with five lanes, volleyball net, rope swing and climbing wall open during scheduled times.
- The outdoor leisure pool features a zero-depth beach area, lazy river, tumble buckets, water walk, tot slide and interactive water sprays.
- The Maple MAZE Indoor Playground has four levels of climbing with 28 features for kids to slide down, crawl over and through. A larger toddler area for ages three and under with activity panels, molded animals and a tot slide.
- The gymnasium is scheduled primarily for open basketball and open pickle ball.
- Open ice skating, adult open hockey, low test figure skating and dead ice.

	RESIDEN	TS	NON-RES	SIDENTS	
All Building	Regular	Sale Rate	Regular	Sale Rate	
Membership	Rate	Annual / Monthly	Rate	Annual /Monthly	Membership Type
Youth / Senior	\$185	\$157.25 / \$13.10	\$205	\$174.25 / \$14.52	All Building Youth / Sr
Adult	\$205	\$174.25 / \$14.52	\$245	\$208.25 / \$17.35	All Building Adult
Family	\$400	\$340.00 / \$28.34	\$500	\$425.00 / \$35.42	All Building Family



## POOL MEMBERSHIP

Access to the Grove Cove Aquatic Center featuring the indoor and outdoor pools as described above.

	RESIDEN	TS	NON-RES	SIDENTS	
Pool	Regular	Sale Rate	Regular	Sale Rate	
Membership	Rate	Annual / Monthly	Rate	Annual / Monthly	Membership Type
Youth / Senior	\$145	\$123.25 / \$10.27	\$170	\$144.50 / \$12.04	Pool Youth / Sr
Adult	\$170	\$144.50 / \$12.04	\$195	\$165.75 / \$13.81	Pool Adult
Family	\$350	\$297.50 / \$24.79	\$400	\$340.00 / \$28.34	Pool Family



## PICKLEBALL MEMBERSHIPS

Annual Dual Pickleball Membership (Community Center & Community Gyms Pickleball Only)

Regular: \$185 resident, \$205 non-resident

Sale: \$157.25/\$13.10 resident, \$174.25/\$14.52 non-resident



## Sign up on-line. It's quick and easy.

- Open our website at webtrac.maplegrovemn.gov then log in or create an account using a username and password.
- Find the "Memberships" section.
- Select the type of membership you are purchasing. (All Building, Pickleball, or Pool)
- Scroll down to the Membership information. Add the membership to your basket by clicking the green plus sign on the left of the membership and proceed to checkout to make payment.
- Payment is made in full with a VISA, MasterCard or Discover card.
- If you have trouble logging in or finding the membership you can call 763-494-6500 or 763-494-6508 for help.

AUTOMATIC RENEWAL is available when using the direct payment plan through a checking account. This payment plan requires patrons to register at the pool desk and bring a voided check with you.

A cancellation fee of \$25 fee applies in the first year of the membership.



Mondays at 7:00 nm - Usher in the Week

# 8th Season! **Sounds of Summer** 2017 Performance Schedule

Mulluays	at 7.00 pm - Osner in the week
June 12	Maple Grove Jazz Ensemble - jazz band
June 19	Kat Perkins - from The Voice!
June 26	Looking Bacharach - tribute music
July 3	The Percolators - variety band, electric rock
July 10	Plymouth Concert Band - concert music
July 17	Pan-Handlers Steel Drum Band - percussion band
July 24	Civic Orchestra of Minneapolis - classical music
July 31	Squirrels in the Attic/Sweet Rhubarb - variety

Squirrels in the Attic/Sweet Rhubarb - variety folk, country, light rock

Salsa del Soul - salsa music and free dance lesson August 7 at 6:30 pm

August 14 Billy McLaughlin - modern acoustic guitar Rince Nua Irish Dance - dance group August 21

## Wednesdays at 7:00 pm - Find the Joy

June 14	Maple Grove Marching Crimson and
	St. Louis Park Community Band
June 21	Cromulent Shakespeare Co theater
	Henry V
June 28	High and Mighty - R & B music
July 5	Pushing Chain - acoustic music duo
July 12	A Night of Ray Charles - tribute music
July 19	Kimberly Brown - inspirational
July 26	Rockin' Hollywoods - rock-n-roll 50s-80s
August 2	Church of Cash - tribute music
August 9	Brat Pack Radio - hits from the 80s
August 16	Chris Hawkey - country
August 23	Maiden Dixie - country

## Thursdays at 11:00 am - Celebrate the Family

June 22	Wendy's Wiggle, Jiggle and Jam - music & dance
June 29	Sticks & Tones - music for kids
July 6	The Alphabits - children's interactive music
July 13	Splatter Sisters - children's interactive music
July 20	Teddy Bear Band - music for kids
July 27	Kidsdance - DJ for kids
August 3	Bob the Beachcomber - beach music for families
August 10	The Bazillions - children's interactive music
August 17	Kidpower with Rachael - music for kids
August 24	Heebie Jeebies Family Comedy Music Show

Tricia and the Toonies - fun family music

#### Fridays at Sunset - Movies by Moonlight

July 14	Trolls, rated PG- Maple Grove Days event
July 21	Sing, rated PG - Visit with Playhouse Preschool
	teachers before the movie!
July 28	Mama Mia, rated PG-13
August 4	Secret Life of Pets, rated PG, co-presented with
	Maple Grove Hospital
August 11	Frozen, rated PG - Visit with the Community
	Center birthday party staff before the movie!
August 18	Moana, rated PG, co-presented with K12,
	MN Virtual Academy, IQ Academy of MN,
	Insight School of MN
August 25	The LEGO Batman Movie, rated PG
Sept. 1	Double Feature! Young Frankenstein, rated PG

and Frankenstein (1931), not rated

#### **Special Events**

June 16 Teen Battle of the Bands, 7:00 pm

July 14-15 Variety of entertainment, Maple Grove Days

July 30 "A Night to Shine Bright", 6:00-9:00 pm, amarasactsofkindness.org

August 7 Salsa del Soul - free dance lessons at 6:30 pm

Rainout announcements 763-494-5959 and on Facebook.

Events are subject to change.

Look for us on Facebook!

No smoking. No alcohol.







# Central Park of Maple Grove









Central Park, 12000 Central Park Way (2 blocks east of the Maple Grove Library)

Maple Grove's award winning park with Phenow Pavilion, playground, interactive fountain, walking trails, gardens, labyrinth, lawns, sport courts, concessions and more.

- Park hours 6:00 a.m. 11:00 p.m.
- Interactive fountain 10:00 a.m. 10:00 p.m., starting May 27, weather permitting
- Concessions 10:00 a.m. 9:00 p.m., starting May 27, weather permitting
- Pickleball and sport courts (lighted) 7:00 a.m. 10:00 p.m. (some league play)

More information at maplegrovemn.gov/parks-and-recreation or 763-494-6474.

Phenow Pavilion, Garden and Great Lawn area available for rentals. Visit the website or call 763-494-5958 for rental information.

#### Did you know ...

A labyrinth is for focused walking along a defined path toward the center and back again, providing an opportunity for relaxation, introspection, contemplation, meditation and play. This labyrinth is next to the garden in the southwest corner of the park.

## **Maple Grove Park Facilities & Weaver Lake Beach**

#### **RESERVABLE PAVILIONS & BUILDINGS**

Maple Grove Parks and Recreation offers several areas reservable for private use. For information and photos of these areas, visit <a href="https://www.maplegrovemn.gov/parks-and-recreation/pavilion-reservations">www.maplegrovemn.gov/parks-and-recreation/pavilion-reservations</a>. To reserve an area, call 763-494-6507. All fees are subject to change and additional charges might apply. All pavilion and building rental fees are due at time of booking.

Visit <u>webtrac.maplegrovemn.gov</u> click on one of the links under FACILITIES (bottom right-hand column) for tentative availability and for further fee listings.



# <u>Lions Picnic Pavilion, 12951 Weaver Lake Road (adjacent to Community Center)</u>

Resident group less than 100.......\$90.00 + tax
Non-Resident group less than 100......\$150.00 + tax
A covered pavilion with picnic tables and grills, seasonal portable toilet and access to Community Center restrooms. Overlooking West Arbor Lake with a playground, volleyball courts and skate plaza on site.



#### **Arboretum Picnic Pavilion, 9400 Fernbrook Lane**

Resident group less than 100.......\$50.00 + tax
Non-Resident group less than 100......\$80.00 + tax
A covered pavilion with picnic tables, grills and seasonal portable toilet.

Creek side fishing, carry on boat access to Elm Creek, Angel of Hope statue and walking trails are on site.

#### Weaver Lake Comm. Park Picnic Pavilion, 8401 Dunkirk Lane

Resident group less than 100.......\$90.00 + tax Non-Resident group less than 100......\$150.00 + tax A covered pavilion with picnic tables and grills, seasonal portable toilet and restroom building. Beach, playground, ballfield, volleyball, basketball and tennis courts on site.



# Eagle Lake Community Building at Thoresen Park, 6259 Eagle Lake Dr

Resident ......\$25 + tax Non-resident ......\$200 + tax

This fully remodeled and air conditioned WWII Army barracks is available for year round rentals. The room accommodates 47 people with tables, chairs, kitchenette and restroom.



#### WEAVER LAKE COMMUNITY PARK & BEACH 8401 Dunkirk Lane

This 80-acre park offers a free, lifeguarded beach with concession stand and restrooms, two parking areas for 300 cars, four tennis courts, three ballfields, two playgrounds, one basketball and two volleyball courts, trails, a shaded picnic area and a picnic pavilion. Beach hours are:

Dates: Saturday, June 3 - Sunday, August 20, 2017

Hours: Monday - Sunday, 12:00 noon - 7:00 p.m.

Tuesday, July 4, 2017, 10:00 a.m. - 8:00 p.m.

Swimming is allowed only when lifeguards are on duty. If you are planning to bring a group of 50 or more persons to the beach, please call 763-494-6500 to assure that adequate lifeguards are on duty. Beach may be closed in inclement weather. There is no charge for parking. No alcoholic beverages or tobacco are allowed in the park.

## **Maple Grove Days**





# EVENTS AT MAPLE GROVE COMMUNITY CENTER/TOWN GREEN/CENTRAL PARK\*

#### Wednesday, July 12 - 7 pm

• Mick Sterling – tribute to Ray Charles' Music

#### Thursday, July 13

- Kids' Zumba 10 am
- Splatter Sisters 11 am
- Farmers Market Maple Grove Community Center –
   3 7 pm
- Duplicate Bridge Tournament 12 4 pm

#### Friday, July 14

- Teen 3 on 3 Basketball Tournament
- Children's Parade & Activities
- Outdoor Movie

#### Saturday, July 15

- · Lions Corn Roast & Other Fair Foods
- Free Kids Events
- Pony Rides, Petting Zoo & Inflatable Rides
- Business Expo
- Silent Auction
- Bean Bag Toss Tournament
- Bingo & Much More
- Kids' Fun Run
- Outdoor Exercise (Boot Camp, Jazzercise, Yoga & Zumba)
- Puzzle Contest New Event!

#### Saturday Entertainment, July 15

- Children's Performers & Live Entertainment All Day
- Duct Tape Fashion Show
- Street Dance Jonah and the Whales
- Fireworks

#### Sunday, July 16

MRPA Volleyball Tournament

#### EVENTS AROUND MAPLE GROVE

#### Thursday, July 13

- Maple Grove Days Parade
- The Parade begins with political units and vintage fly over at 6:10 pm, followed by the rest of the Parade at 6:30 pm, 89th Avenue
- Pickle Ball Tournament 8 am 4 pm

#### Friday, July 14

- Junior Golf Tournament Three Rivers Eagle Lake Golf Course
- Capture the Flag Weaver Lake Park
- Maple Grove Ambassador Coronation MGSH
- Gala in the Grove Osseo American Legion

#### Saturday, July 15

- Jim Deane Memorial Rice Lake Run Freedom Field
- Fishing Clinic Weaver Lake
- Geocaching Weaver Lake Elementary Nature Center
- Truck Show Main Street
- Car Show Main Street
- Bed Races Main Street

#### Sunday, July 16

• MG Historical Society Museum Open House

\*Events subject to change



VISIT MAPIFGROVEDAYS.ORG FOR ADDITIONAL EVENTS AND MORE DETAILS

## **Community Happenings**



#### 31st ANNUAL ARBOR DAY CELEBRATION

Come join the Maple Grove Arbor Committee for this year's free Arbor Day activities. Planned events include raptors from the University of Minnesota Raptor Center, free tree seedlings (while supplies last) and tree planting information, Emerald Ash Borer information, Audubon Society, Master Gardeners, information on buckthorn and other invasive plant material control, tree inventory project information, tree medallions and much more fun for everyone.

**Maple Grove Community Center** 

Saturday, April 29 12:00 - 4:00 p.m.

#### TREE INVENTORY VOLUNTEERS NEEDED

The City of Maple Grove is starting its 5th year to inventory the types, sizes and condition of trees within the boulevards and front yards of residential and commercial properties. We need your help! Volunteers will work in teams of two and will work out a time schedule with their teammate to inventory the trees in a specified area. The volunteers will need to attend a training session, fill out a volunteer application, and agree to a background check; both of which are available online at <a href="http://www.maplegrovemn.gov/about/boards-and-commissions/arbor-committee/tree-inventory/">http://www.maplegrovemn.gov/about/boards-and-commissions/arbor-committee/tree-inventory/</a>. All training and equipment will be provided. If you would like to volunteer for this very important project and have any questions, please call Marilyn Arnlund at 763-494-6091.



#### MAPLE GROVE BEYOND THE YELLOW RIBBON

#### Serving Those who Serve

The Maple Grove Yellow Ribbon is a community effort to support, serve and honor our veterans, current service members and military families. Are you a veteran, service member or military family in need? Do you have a passion to support and honor our veterans and military families? Connect with Maple Grove Beyond the Yellow Ribbon. To join or if you have any questions please email <a href="mailto:yellowribbon@gmail.com">yellowribbon@gmail.com</a> or call 612-564-9764.

#### **BOULEVARD PLANTERS WANTED!**

Volunteers are needed the morning of Thursday, May 11 to help plant flowerbeds along Weaver Lake Road and Elm Creek Boulevard. This is a great project for groups, families or individuals. Supervised children age 12 and up are welcome to participate. Call 763-494-6535 or email <a href="mailto:dcoss@maplegrovemn.gov">dcoss@maplegrovemn.gov</a> for information. Register at <a href="mailto:www.signupgenius.com/findasignup">www.signupgenius.com/findasignup</a>. Use the email <a href="mailto:dcoss@maplegrovemn.gov">dcoss@maplegrovemn.gov</a> to find the Maple Grove Boulevard Planting sign up.



#### MAPLE GROVE AMBASSADOR CORONATION

Storybook characters, princesses and prince charming will be on hand for this year's Ambassador Coronation, "Maple Grove Ever After". Bring the whole family to celebrate the Ambassador Candidates and their accomplishments during the Candidate Experience. The outgoing Ambassadors Ellie Brimeyer, Kelli Richardson and Megan Nelson will be honored for their year of service as they crown three successors. The Coronation is Friday, July 14, 7:00 pm at the Maple Grove High School. Following is the Gala in the Grove at the American Legion in Osseo. This is a party for the community and special guests.

maplegroveambassadors.com

# JOIN MGCO FOR MAPLE GROVE DAYS

Building Community Pride since 1988! Volunteer within your community and be part of a Maple Grove tradition, building community pride and lifelong relationships. MGCO is seeking

energetic, creative and outgoing individuals to chair events. Maple Grove Days 2017 is July 12-16. Contact MGCO at 763-494-5985; maplegrovedays.org or Facebook; facebook.com/Maple-Grove-Community-Organization. If you are interested in hosting your garden as part of the MG Days Garden Tour on July 16, please contact mgco.org/contact.

MGCO meetings are the 4th Tuesday of each month, 7:00 p.m. at the Maple Grove Community Center. Residents and non-residents are welcome. No previous experience necessary; just the desire to meet people & celebrate community spirit with pride, planning great events for Maple Grove. For more information call 763-494-5985 or visit <a href="maplegrovedays.org">maplegrovedays.org</a>. Info available on Facebook also.



#### **MAPLE GROVE HISTORY MUSEUM**

The Maple Grove History Museum (9030 Forestview Lane) hosts an Open House the 2nd Sunday of each month, 1:00-4:00 p.m. Visitors are always welcome and special tours may be scheduled for groups. For more information visit <a href="maplegrovehistory.org">maplegrovehistory.org</a>.

# **Special Interest & Community Events**



#### **ADOPT-A-PARK**

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park and available areas, please call 763-494-6516 or email <a href="mailto:mdebace@maplegrovemn.gov">mdebace@maplegrovemn.gov</a>.

Thanks to the following groups and individuals for adopting a park or trail. All who use these areas appreciate your help.

Yousef M. and Elizabeth K families, Girl Scout Troops 16242 and 17215, Boy Scout Troop 584, Bob Peterson, Fish Lake Woods Home Owners Association, Cyber Advisors, Cintas Corporation, Pavek family, Maple Grove North Super Target Team Members, Cub Scout Pack 684, The Jonquil Group, Lord of Life Lutheran Church, Maple Grove Middle School, LDS Church - Maple Grove Ward Scout Pack 247, Pruhs family, Maple Grove TAG, MOMS Club of Maple Grove/Rush Creek, MOMS Club Maple Grove - Fish Lake, Jatko family, Norman family, Basswood Elementary 5th grade classes, Sam's Club, LDS Cub Scout Pack 742, Sandy and Jessica Rocheleau, Spire Credit Union, Maple Grove location, Timur's family, Great River Energy, Lindley family, BSA Troop 211, Cub Scout Pack 531, Weber family, Rice Lake MOMS Club, Ann Katzmarek, BSA Troop 211, Pam and Jim Crenna, and the CHOICE, Inc. participants.

#### **DONATION OPPORTUNITIES**

#### Arbor Lakes and Central Park Benches

Give the gift of relaxation. Park benches marked with a bronze plaque will be a long-lasting remembrance. \$1800

#### Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

#### Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email panderson@maplegrovemn.gov for more information.

#### **MAPLE GROVE JAZZ ENSEMBLE**

The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 – 9:00 p.m. at Osseo Middle School under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at <a href="mailto:ptmailto:p



## **Community Events**



# MAPLE GROVE MOMENTS PHOTOGRAPHY CONTEST

The City's annual photography contest is a great way to show how special our community is! Everyone is encouraged to participate - residents, business people and students attending school in Maple Grove.

There are five contest categories: *Going Natural* (nature), *Going Strong* (community), *Going Together* (people), *Going Wild* (animals), and *Youth* submissions for those under 18. Photographers may submit up to 12 photos that must be taken in Maple Grove from 2013 to present. Prizes are awarded for 1st, 2nd and 3rd place in each category as well as four recognitions in the Youth category. Prize amounts range from \$25 to \$100.

All photographs submitted are posted on the City of Maple Grove website and many are used in our communications. Winning photographers are invited to a City Council meeting to receive their recognition, and their entries are showcased in the City Focus newsletter and on City social media.

Photos are submitted online through a special link on the City website <a href="www.maplegrovemn.gov">www.maplegrovemn.gov</a>. Entries are accepted from June 1 through July 20, 2017.



#### **NATIONAL NIGHT OUT**

On Tuesday, August 1st, Maple Grove, along with over 15,000 communities nationwide, will be celebrating National Night Out. We invite you to join forces with the Police Department and unite against crime. From 11:00 a.m. – 1:00 p.m., Maple Grove Police and Fire will sponsor a free BBQ lunch and emergency equipment show at the Maple Grove Community Center. You're also invited to host a block party in your own neighborhood during the evening. These parties are a great way to get to know your neighbors, have fun, and even receive a visit by Maple Grove Police or Fire. To register your neighborhood and receive planning information, visit <a href="www.maplegrovemn.gov">www.maplegrovemn.gov</a> and click on Departments, then Police or contact Maple Grove Police Crime Prevention at 763-494-6134 or <a href="mailto:crimeprevention@maplegrovemn.gov">crimeprevention@maplegrovemn.gov</a>.



#### **WALK TO REMEMBER**

Hosted by the Friends of the Angel non-profit organization, you are invited to participate in the Walk to Remember around Rice Lake on Saturday, May 6. This is a time to remember all of the angels who have been called away too soon. Registration online is encouraged. Walk starts at 10:30 am in the Maple Grove Arboretum. The Angel of Hope statue was dedicated in 2001 as a symbol of hope for families who have suffered the loss of a loved one. For further information and registration regarding this event, visit <a href="https://www.friendsoftheangel.org">www.friendsoftheangel.org</a>



#### **MOMMY, TEA AND ME - A ROYAL TEA PARTY**

The Maple Grove Ambassadors cordially invite you to attend the 12th annual "Mommy, Tea and Me – A Royal Tea Party", on Sunday, April 23. Hosted along with the Maple Grove Parks and Recreation, little girls 3 years and older, their moms, special guests, grandmothers, aunts and friends will enjoy a reserved seat just for them. Tea, lemonade, treats and creative activities await for an afternoon of special memories. All young ladies will receive a darling goodie bag, with more door prizes awarded throughout the afternoon. Wear your prettiest party dress for a royal fashion show with the Ambassadors. Seating is limited. Register today through Maple Grove Parks and Recreation. Day-of sign-ins available, if openings exist. \*Advertised in previous brochure, so spots are limited!

**Maple Grove Community Center** 

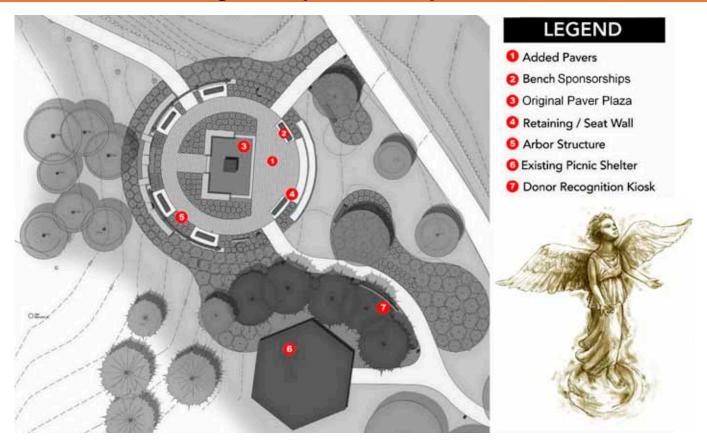
Sunday, April 23

3:30 – 5:00 pm

\$15.00/person

Ticket Tea and Me

## **Angel of Hope Garden Expansion**



The Angel of Hope Garden at the Maple Grove Arboretum, 9400 Fernbrook Lane, will be expanding this summer.

- ~ Construction updates, see webpage: <u>www.maplegrovemn.gov/parks-and-recreation/arboretum</u>
- ~ Brick Sponsorships, see webpage: <a href="https://www.maplegrovemn.gov/parks-and-recreation/arboretum/angel-of-hope-statue/">www.maplegrovemn.gov/parks-and-recreation/arboretum/angel-of-hope-statue/</a>
- ~ Friends of the Angel Donations, see webpage: www.friendsoftheangel.org/donate

# New for Adults! Click here for registration link



#### DOG OBEDIENCE-CANINE GOOD CITIZEN

Help your dog become a well-mannered representative of the community. Join certified pet trainer, Kari Martin, for this hands-on class open to dogs of all ages. You and your dog will practice basic commands, targeting, polite walking, proper socialization techniques and correct forms of reinforcement. **Please note**; dogs aggressive to other dogs and people are NOT appropriate for this class. One dog per participant.

#### **Bring to Class:**

- ~ Your dog
- ~ Up-to-date vaccination record
- ~ 6 ft. leash
- ~ dog treats
- ~ treat bag (optional)
- ~ Clicker and any motivational toys

<u>Vaccinations Required</u>: Distemper/Parvo Combination: Required for all dogs and puppies. Puppies should have at least one booster before attending classes. Rabies: Required for all dogs and puppies over 3 months. Bordetella: Required for all dogs and puppies over 3 months.

Weaver Lake Community Park, parking lot by beach, northeast corner, 8401 Dunkirk Lane

Saturdays, June 3 – July 15 (ex July 1)

9:00 a.m. – 10:00 a.m. \$72 (6 Ses)

309224-01

## **Adaptive Recreation**

#### **REACH for RESOURCES** ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort between the cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency which serves individuals with developmental disabilities and their families in the west and northwest metro area. Services include information, referral, advocacy and counseling. Programs include social/recreation groups and education programs. For information and registration procedures, call 952-200-3030 or go to www. reachforresources.org. NOTE: For persons not living in one of the above communities, you are considered a "non-resident" and need to add the indicated non-resident fee to the registration fee. Participants must PRE-register with REACH.

#### **YOUTH AND ADULT (5+)**

Bowling - Doyles in Crystal (Tuesdays, 6:30-8:30 p.m.) \$42 R, \$50 NR plus \$4.25 per week

Bowling - Park Tavern (Mondays, 6:30-8:30 p.m.) \$42 R, \$50 NR plus \$3.50 per week

Yoga, Adults & Family – Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 p.m. Family Fee: \$54 R, \$62 NR, Adult punch cards available.

Open Studio Art Therapy – St. Louis Park Rec Center, Tues, July 25-August 29, 6:00-7:00 pm or 7:00-8:00 pm \$42 R, \$50 NR.

#### **ADULT ACTIVITIES (18 +)**

Daytime Beach Party (16+) - Riley Lake Beach (Friday, August 18, 1:00-3:00 pm) \$10 pre-registration required.

Outdoor Walking Group (16+) - Parkers Lake Park, meet at the beach (Mondays, July 24th - August 28th, 11am-12 pm, \$6 R per class, \$7NR per class, Punch cards available. Pre-registration required.

Wednesday Night Social – Various Northwest Metro locations (Weds. 6:30-8:30 p.m.) \$47 R, \$55 NR.

Non-Competitive Softball - Harley Hopkins Fields (Thurs. June 8th-Aug. 3rd, 6:30-8:00 p.m.) \$42.00 R, \$50 NR.

On the Town - This is a community-based social program on Friday and Saturday evenings for adults who want to explore their community with minimal support. (Requires a brief intake – call for more information or to schedule an intake 952-393-4277.)

**Zumba** – Learn popular dance moves while exercising! St Louis Park Rec Center (Monday evenings, 6:30-7:30 pm) \$44.00 R/\$52.00 NR (six classes).

<u>Picnic and Pontooning</u> – Fish with experienced professionals from "Fishing for Life" Medicine Lake Boat Launch (Thursdays, July 13th, 20th and 27th, 5:00-8:00 pm) \$15 per session.

Fish Fry & Shore Fishing - Location TBA (Sat. August 12th, 11:00-2:00 pm) \$10.

#### **TEEN ACTIVITIES (AGES 13-21)**

Non-Competitive Softball - Harley Hopkins Fields (Thurs. June 8th-Aug. 3rd, 6:30-8:00 p.m.) \$42.00 R, \$50 NR

Daytime Beach Party (16+) - Riley Lake Beach (Friday, August 18, 1:00-3:00 pm) \$10 pre-registration required

Outdoor Walking Group (16+) – Parkers Lake Park, meet at the beach (Mondays, July 24th - August 28th, 11am-12 pm, \$6 R per class, \$7NR per class, Punch cards available. Pre-registration required

**Teen Explorers** – Various locations (Tues, June 6th – August 1st) 6:30-8:30 p.m. \$47 R, \$55 NR

#### **TEEN ACTIVITIES (AGES 13-21)**

Social Seeker - Social group for teens/young adults with Asperger's. Minnetonka (Wednesdays, June 7th- August 16th, 5:00-6:30 pm) \$200. Requires intake to participate.

**Zumba** – Learn popular dance moves while exercising! St Louis Park Rec Center (Monday evenings, 6:30-7:30 pm) \$44.00 R/\$52.00 NR (six classes)

#### **SPECIAL EVENTS**

Father's Day Rustic Twig Frame - St Louis Park Rec Center, Wolfe Park Pavilion – (Monday, June 12th, 6:30-8:00pm) \$16 pre-registered required.

Dances For All!! - St Louis Park Middle School - (Fridays, June 16th, July 21st & August 18th, 7:00-9:00pm) \$5 at the door, no pre-registration required.

4th of July Wreath - St Louis Park Rec Center, Wolfe Park Pavilion - (Monday, June 26th, 6:30-8:00pm) \$16 pre-registered required. Snacks & Cinema - Brooklyn Park Community Center - (Mon. June 19th, The Wizard of Oz) (Wed. July 12th, Cloudy with a Chance of Meatballs) (Thurs. August 24th, Ratatouille) 6:30-8:30 pm \$5 pre-registered, \$7 at the door.

**Bingo!** - Join your friends to play everyone's favorite game! St Louis Park Rec Center - (Friday, July 14th, 6:30 - 8:00pm) \$7 to pre-register or \$10 at the door.

MN Lynx Game – Xcel Center (Sunday, July 30th, meet at box office 5:30 pm, 6:00 pm game time) \$27 per ticket, companions must buy a ticket as well.

Karaoke Night - St Louis Park Rec Center - (Friday, August 4th, 6:30 p.m. - 8:00 p.m.) \$5 pre-registered, \$7 at the door. Pizza & Bingo! - St Louis Park Rec Center - (Tuesday, August 8th, 6:30 - 8:00pm) \$15 pre-register required.

MN Twins Game – Target Field (Wednesday, August 16th, meet at box office 6:30 pm, 7:10 pm game time) \$7 per ticket, companions must buy a ticket as well.

DIY Leaf Necklace - St Louis Park Rec Center, Gallery Rm -(Thursday, August 17th, 6:30-8:00pm) \$16 pre-reg required.

Job Preparedness: Interviews, Resumes & Etiquette - St Louis Park Rec Center - (Monday, August 21st, 6:30-8:00pm) \$5 preregistered required.

<u>Summer's End Glow in the Dark Dance</u> - St Louis Park Rec Center Friday, August 25th, 6:30-8:00pm, \$7 pre-reg, \$10 at the door. Weekend Ventures - Need a mini-vacation? Join us for this great weekend respite program! For ages 16 and older. Call 952-393-5866 for more details.

Valleyfair Weekend - Stay at a great hotel in Bloomington and spend all day Saturday at Valleyfair!! Ride the roller coasters, see a show, hang out in the water park, and so much more!! Friday, June 9th 6:00pm – Sunday, June 11th 11:00am Cost: \$500 for the weekend.

<u>Camp Edenwood</u> – Hiking, campfires, Frisbee golf, a challenge course and more. Friday, August 25th 6:00pm - Sunday, August 27th 11:00am Cost: \$500 for the weekend.

#### **AMERICANS WITH DISABILITIES ACT NOTICE**

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provides to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.



# MAPLE GROVE SKATING SCHOOL LEARN TO SKATE PROGRAM

An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena

The Maple Grove Skating School "Learn to Skate USA" Program is designed for all ages, 3 through Adult, as an indoor ice skating program which provides a simple but progressive method of group ice skating instruction. This program is endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registration. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. All participants MUST bring their Class Registration receipt to the first day of class to verify registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Alternate classes for unattended classes are not offered. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov with any questions.

#### **SKATING EQUIPMENT**

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

#### **CLOTHING RECOMMENDATIONS**

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings, and a hockey/bike helmet.

#### **ON-ICE HARNESS AND OFF-ICE HARNESS**

The Maple Grove Skating School is proud to offer the use of an on-ice harness and off-ice harness to Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School "Learn to Skate USA" Program information includes class descriptions regarding the "JUMP TO NEW HEIGHTS" off-ice harness class and the existing classes that utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!

# MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to offer the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Orders take place twice a year: July and November.



Maple Grove Skating School

Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email <a href="mailto:mgskatingschool@maplegrovemn.gov">mgskatingschool@maplegrovemn.gov</a> for information regarding the sizing chart, prices and order form.

# MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today!



# HOCKEY SKATING DEVELOPMENT (HOCKEY 1 – 4)

Ages 6 – 12 or passed Snowplow Sam 4

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. This program is endorsed by USA Hockey. Examples of elements taught include: forward/backward C-Cuts, forward quick starts, forward/backward stops, forward/backward crossovers, etc. There are four levels for this hockey program: Hockey 1 – 4. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice time.

- ~A helmet (hockey) is highly recommended.
- ~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena
Wednesdays, June 28 – August 9 (ex July 5)
5:15 – 5:45 p.m. \$80, \$85 NR (6 ses) 303205-01
5:45 – 6:15 p.m. practice time

#### **SNOWPLOW SAM** (SNOWPLOW SAM 1 – 4)

Ages 3 – 5

Snowplow Sam teaches the Snowplow Sam 1 – 4 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

- ~A helmet (hockey/bike) is highly recommended.
- ~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

5:15 - 5:45 p.m. \$80, \$85 NR (6 ses) 303102-01 5:45 - 6:15 p.m. practice time

Wednesdays, June 28 - August 9 (ex July 5)

5:45 - 6:15 p.m. \$80, \$85 NR (6 ses) 303102-02

5:15 - 5:45 p.m. practice time

#### **SKATING SCHOOL (BASIC 1 – 3)**

Ages 6 – 12 or passed Snowplow Sam 4

Skating School teaches the Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/ backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

- ~A helmet (hockey/bike) is highly recommended.
- ~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

\$80, \$85 NR (6 ses) 303103-01 6:15 - 6:45 p.m.

5:45 - 6:15 p.m. practice time

#### ADULT (ADULT 1 – 6)

Ages 13 - Adult

Adult teaches the Adult 1 - 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/ backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

- ~A helmet (hockey/bike) is highly recommended.
- ~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

6:15 - 6:45 p.m. \$80, \$85 NR (6 ses) 303106-01

5:45 - 6:15 p.m. practice time

#### **ADVANCED SKATING SCHOOL (BASIC 4 – 6)**

#### Participants who have passed Basic 3

Advanced Skating School teaches the Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time.

- ~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
- ~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

7:00 – 7:45 p.m. 303107-01 \$85, \$90 NR (6 ses)

5:45 - 6:45 p.m. practice time

## **JUNIOR CLUB 1** (PRE-FREE SKATE - FREE SKATE 1)

#### Participants who have passed Basic 6

Junior Club 1 teaches the Pre-Free Skate – Free Skate 1 levels. Examples of elements taught include: forward inside open mohawks, basic forward outside/inside consecutive edges, upright spins, waltz jump, half flip jump, toe loop jump, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time..

- ~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
- ~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, June 28 - August 9 (ex July 5)

7:00 - 7:45 p.m. \$91, \$96 NR (6 ses) 303108-01

5:45 - 6:45 p.m. practice time

#### JUNIOR CLUB 2 (FREE SKATE 2 – 3)

#### Participants who have passed Free Skate 1

Junior Club 2 teaches the Free Skate 2 – 3 levels. Examples of elements taught include: basic backward outside/inside consecutive edges, alternating mohawk/crossover sequence, beginning/advanced back spins, salchow jump, loop jump, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

- ~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
- ~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

\$91, \$96 NR (6 ses) 7:45 - 8:45 p.m. 303109-01

6:30 - 7:45 p.m. practice time

## SENIOR CLUB (FREE SKATE 4 – 6)

Participants who have passed Free Skate 3

Senior Club teaches the Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, the waltz eight, sit spin, camel spin, flip jump, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

7:00 – 8:45 p.m. \$102, \$107 NR (6 ses) 303110-01

5:45 - 6:45 p.m. practice time

#### **BRIDGE BEYOND THE BASICS**

#### Participants who are ALSO registered for Free Skate 1 - 6

Elements in Free Skate 1 – 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1 – 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1 – 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Free Skate 1 – 6. Participants must continue to be registered for Free Skate 1 – 6 in order to participate in Bridge Beyond The Basics.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, June 28 - August 9 (ex July 5)

7:00 – 7:45 p.m. \$85, \$90 NR (6 ses) 303111-01





#### **HIGH BRIDGE BEYOND THE BASICS**

Participants who have passed Free Skate 6

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Arrive at the arena 20 minutes prior to the on-ice session on the first day of class.

**Maple Grove Community Center Ice Arena** 

Wednesdays, June 28 - August 9 (ex July 5)

7:00 – 8:45 p.m. \$102, \$107 NR (6 ses) 303112-01

5:45 - 6:45 p.m. practice time

#### **JUMP TO NEW HEIGHTS**

Off-Ice Harness Class

## Participants who have passed Basic 6

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

**Maple Grove Community Center Ice Arena** 

Sundays, July 9 - August 13 (ex August 6)

9:00 – 9:15 a.m. \$25, \$30 NR (5 ses) 303113-01 9:15 – 9:30 a.m. \$25, \$30 NR (5 ses) 303113-02

Tuesdays, June 27 - August 15 (ex July 4)

11:35 – 11:50 a.m. \$35, \$40 NR (7 ses) 303113-03

Wednesdays, June 28 - August 9 (ex July 5)

6:25 – 6:40 p.m. \$30, \$35 NR (6 ses) 303113-04

#### **OPEN FREESTYLE**

#### Participants who have passed Basic 6 or Adult 4

Open Freestyle is a 60-minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 or Adult 4 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov with any questions. Note: If a participant does not pre-register for Open Freestyle, the fee for each 60 minute session will be \$13.00 and payable to the Maple Grove Ice Arena Attendant before the session begins.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

**Maple Grove Community Center Ice Arena** 

Tuesdays, June 27 - August 15 (ex July 4)

12:00 – 1:00 p.m. \$77, \$82 NR (7 ses) 303114-01

Wednesdays, June 28 - August 9 (ex July 5)

4:15 – 5:15 p.m. \$66, \$71 NR (6 ses) 303114-02



#### **SUMMER TRAINING CLINIC**

#### Participants who have passed Basic 6

The Maple Grove Skating School Summer Training Clinic is designed for participants who are interested in an expanded training program. The class will be conducted both on the ice and off the ice. Participants will learn Artistry in Motion, Power Skating, Moves in the Field, Strength Training, Body Awareness, and Jump Preparation.

- ~ In order to be eligible for the 2018 Maple Grove Ice Show's Artistry In Motion group number, participants must register for the 2017 Summer Training Clinic.
- ~ Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.
- ~ Please bring a jump rope, water bottle, healthy snack, and athletic footwear.
- ~ Please arrive at the arena 15 minutes prior to the Summer Training Clinic on the first day of class.

**Maple Grove Community Center Ice Arena** 

Tuesdays, June 27 - August 15 (ex July 4)

1:15 – 3:30 p.m. \$155, \$160 NR (7 ses) 303115-01



## **Music for Everyone**

#### **MUSIC FOR EVERYONE**

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional \$10.00 non-resident fee per program.

NOT available for Internet registration!

#### **PRIVATE LESSONS**

Ages 7 - Adult

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls Park, 9391 Fernbrook Lane (upper Arbor View parking lot)

The spring session begins the week of June 12 and excludes the week of July 3. A variety of days and times are offered. *Call Alyssa* (763-509-5224) to arrange a private lesson day and time prior to registration.

# \$198.00 residents, \$208.00 non-residents • 9 lessons (non-resident fees are charged to participants not living

(non-resident fees are charged to participants not living in a member city)

- For time arrangements and program content, call Alyssa at 763-509-5224.
- Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. Electronic registration is not available.
- All students must bring their receipt to their first private lesson.
- See registration procedures on page 86.



# MUSIC MATTERS!

#### **PRIVATE PIANO**

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

304201-01

#### **PRIVATE GUITAR**

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

304201-02

#### PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

304201-03

#### **PRIVATE VOICE**

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

304201-04

#### **PRIVATE BRASS**

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone.

304201-05

#### **PRIVATE WOODWINDS**

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

304201-06

#### **PRIVATE HARP**

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature.

304201-07

## **Music for Everyone**



#### **FIRST STEPS IN MUSICLAND**

Ages 18 months - 3 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, June 12 – August 14 (ex July 3 & 10), 8 lessons 9:30 - 10:15 a.m. \$68(R), \$76(NR) 304108-01 10:20 - 11:05 a.m. \$68(R), \$76(NR) 304108-02



#### **PIANO FOR LITTLE MOZARTS**

Ages 4 - 6

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners' lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. The Little Mozarts piano lesson book is used for home practice between lessons and is included in the program fee. All registration accepted immediately. Children should know the numbers 1-5 and letters A-G before starting this class.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, June 12 – August 14 (ex July 3 & 10), 8 lessons 11:15 - 11:45 a.m. \$112(R), \$120(NR) 304109-01 11:45 - 12:15 p.m. \$112(R), \$120(NR) 304109-02

# Family Yoga, Playhouse Preschool



#### **FAMILY YOGA**

Ages 4 – Adult (Children must be accompanied by adult)

Create a routine in your family life that will foster connection and develop healthy habits that last a lifetime. This family-centered class, built for fun, will help all participants deepen the breath, stretch the spine, and relax the body and mind...together. Partner poses, cooperative games, stories, and art projects will expand the yoga practice from your mat into your home! No previous Yoga experience necessary. Instructor, Laura Honeck. *Bring a yoga mat or beach towel for each participant*. Classes held outdoors weather permitting.

Town Green, 7991 Main St

Saturday, June 17 & Saturday, August 12 9:00 – 10:30 a.m. Free will offering

Central Park of Maple Grove, 12000 Central Park Way Saturday, July 15 (Maple Grove Days)

10:15 - 11:15 a.m. Free will offering



#### PLAYHOUSE PRESCHOOL 2017 - 2018

Playhouse Preschool is located in the Maple Grove Community Center, 12951 Weaver Lake Road. It is a Kindergarten readiness program that is licensed by the state for 3, 4 & 5 year olds. The school works to develop strong readiness skills while fostering an enthusiastic and positive attitude about learning. The program is designed with the individual child's development in mind. The child must be 3 by September 1st of the school year and must be toilet trained. If you are interested in sending your child to

Playhouse Preschool in the fall of 2017 or 2018, please contact Jody at the Maple Grove Parks & Recreation Board at 763-494-6505. Your child's name will be placed on the waiting list. You will be contacted as openings occur for that year.



# Kids World - Creative Programs Click here for registration link



#### PRESCHOOL SUMMER ADVENTURE CAMP

Ages 31/2 - 5

Your summer adventures are just about to begin! Recreational activities for your child, including crafts, games, special events, snack and social play are what's in store, and they will not want to miss it! Children must be fully toilet trained by the start of the program and age 3½ by June 1, 2017. Come join the fun while developing new friendships! Instructor, Barb Hiltner.

Maple Grove Community Center, Room 121

Monday - Friday, June 12 - 16

1:30 – 3:30 p.m. \$60 305306-11

#### **PRESCHOOL ADVENTURES**

Ages 3½ - 5 (without a parent)

#### **Fun In The Sun!**

Excited that summer has arrived? Come explore how the sun warms our days! Your sunny side snack, sing-a-longs and crafts are sure to fill the day with sunshine! You might need your sunglasses in this class! Instructor, Barb Hiltner.



**Maple Grove Community Center** 

Monday, June 26

9:30 – 11:30 a.m. \$14 305306-01 12:00 – 2:00 p.m. \$14 305306-02



Bugs! Bugs! Summertime brings out the creepy crawly bugs! Come and explore nature's smallest critters! We will create a "buggy" project, sing fun bug songs and listen to stories about our favorite crawling creatures. Don't forget about the "bug" snack that we will enjoy during class! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, July 17

9:30 – 11:30 a.m. \$14 305306-03 12:00 – 2:00 p.m. \$14 305306-04

#### **Underwater Wonders**

Do you know who lives underwater? There are millions of creatures that make their home underwater. We are going to explore more about our underwater friends. Hopefully we will stay "dry" as we experiment, play and create an underwater craft. We will also enjoy a "wet" and refreshing snack! Instructor, Barb Hiltner.

#### **Maple Grove Community Center**

Monday, July 24

9:30 – 11:30 a.m. \$14 305306-05 12:00 – 2:00 p.m. \$14 305306-06

#### **Picnic Party**

Picnic "in the park"? Picnics are always great fun, but first we need to create a picnic basket for packing our special goodies to bring along. Bring the sunshine with you to class, it's more fun that way! Instructor, Barb Hiltner.

#### **Maple Grove Community Center**

Monday, August 7

9:30 – 11:30 a.m. \$14 305306-07 12:00 – 2:00 p.m. \$14 305306-08

#### **Carnival Craze**

Have you ever been to a Carnival? We love carnivals and you will to after this class! Come join us as we enjoy the carnival atmosphere! We will play our favorite carnival games and take part in many activities. After all the fun we will snack on those favorite summer time snacks! Instructor, Barb Hiltner.

#### **Maple Grove Community Center**

Monday, August 14

9:30 – 11:30 a.m. \$14 305306-09 12:00 – 2:00 p.m. \$14 305306-10



#### **BEGINNING SCRAPBOOKING**

#### Entering grades 2 – 6

Come have fun with us as we learn to decorate, journal and save your memories in a scrapbook. The class requires you to bring approximately 24-30 photos of holiday, birthday and/or other fun photos to work with during class, everything else is provided! This is a project that you and your family will treasure for a long time. In the one day classes, kids will each get a coordinated kit that is unique and fun to work with! Instructor, Joyce Deane. Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Monday, June 19

10:00 – 12:00 p.m. \$16 305310-01

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Monday, July 17

10:00 – 12:00 p.m. \$16 305310-02

Elm Creek School Shelter Bldg, 9820 Revere Lane

Monday, August 14

10:00 – 12:00 p.m. \$16 305310-03

# Kidcreate Studio Click here for registration link



#### **KIDCREATE STUDIO**

Kidcreate Studio launches children into the incredible world of art. Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

#### **Doodlebugs & Flutterbys Art Class** with Kidcreate Studio Ages 18 months - 6 years with parent

Did you know that 95% of all species on Earth are insects? Learn cool facts about bugs while creating beautiful butterflies, lovely ladybugs, wiggly, giggly worm art and more. We'll learn about different creepy crawlies and have fun creating art inspired by the bug of the day. We'll explore several art methods as we create sculptures, paintings and more. This is a great class for siblings to take together! Children must be accompanied by a caregiver.

Thursdays, June 8 - 29

9:30 - 10:30 a.m. \$56 305304-01



## **Super-Duper Messy Art Camp with Kidcreate Studio** 3-6 years

Let your little artist explore the messier side of art in this handson camp. Kids will enjoy many super-duper messy experiences as they create fantastic works of art. They will paint, sculpt, scribble and giggle their way to discovering mess making at its best. These are not projects to tackle at home. We will be maximizing the mess to make this art camp the best! Please pack a nut free snack & drink for your child.

Mon. - Thurs., June 26 - 29

1:00 - 4:00 p.m. \$119 305304-02

# Canvas and Cookies –Van Gogh **Art with Kidcreate Studio**

4-9 vears

Vincent Van Gogh's sunny sunflower painting is sure to brighten anyone's day! We will learn about and be inspired by this famous artist as we paint our own sunflowers on a real canvas board! Then, just for fun, Kidcreate Studio will serve a cookie snack! Please pack a nut free snack and drink for your child.

Friday, June 23

9:00 am - 12:00 p.m.

\$33

305304-03



#### Glow-in-the-Dark-Part 2 with Kidcreate Studio 4-9 years

Back by popular demand with all new projects! These projects will ROCK your child's world long after the lights go out at night. You guessed it, all the projects we will create at this class will glow-inthe-dark! How cool is that?!?!?! We will be working with a variety of different art supplies including clay, paint, and luminescent materials to create masterpieces your child will be ready to show off in the dark! Your child does not need to have attended Glowin-the-Dark Art, Part 1 to attend this class. Please pack a nut free snack and drink for your child.

Mon-Thurs. July 10 - 13

1:00 - 4:00 p.m.

\$119

305304-04



#### **Ooey Gooey Clay Creations Art with Kidcreate Studio** 4-9 years

It's ooey and gooey and oh so much fun! What kid doesn't love to get messy as they create with clay? The children will use a variety of tools and techniques to make owls, monsters, bowls and much, much more. Making a mess may be the best, but working with clay is really cool too! Please pack a nut free snack and drink for your child.

Mon. - Thurs. Aug. 7 - 10

1:00 - 4:00 p.m.

\$119

305304-05

# Kidcreate Studio Click here for registration link



#### **KIDCREATE STUDIO**

Kidcreate Studio launches children into the incredible world of art. Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

#### <u>Lego Loco Art with Kidcreate Studio</u> 4-9 years

Want to be inspired and challenged to create new and exciting LEGO° art? Then this is the class for you! You will get to use your awesome LEGO building skills to master a LEGO challenge and then you will create a larger than life clay sculpture of a LEGO brick. Please pack a nut free snack and drink for your child. Friday, August 25

9:00 am – 12:00 p.m.

\$33

305304-06



# How to Draw Cartoons Camp with Kidcreate Studio 5-12 years

Kids, have you ever wished you were better at drawing cartoons? During this camp, we'll teach step-by-step techniques that will help you draw super cool (and cute!) cartoons! From cute, cuddly puppy dogs to kooky cool characters – we'll do it all at this camp. You will be impressed with how great your drawings turn out! Each child will receive their own How to Draw Cartoons booklet to take home! Please pack a nut free snack and drink for your child.

Mon – Thurs. June 19 - 22

1:00 – 4:00 p.m. \$119 305304-07



#### <u>3D Minecraft Masterpiece with Kidcreate Studio</u> 5-12 years

Your Minecraft master will love this class! They will construct a 3D diorama of a Minecraft scene. But that's not all! The kids will create Minecraft characters to add to their diorama out of Model Magic clay. Steve would love this class! Please pack a nut free snack and drink for your child.

\$33

Friday, July 21

1:00 – 4:00 p.m.

305304-08



# <u>Art-tastic Art Camp with Kidcreate Studio</u> 5-12 years

Art has never been so fun! We'll use all sorts of materials to create art-tastic masterpieces every day of this fun filled camp. We'll get lost in mess making mania as we make deliciouslooking marshmallow fellows, paintings of horses, board games, bobbleheads and more. Your artist won't be able to decide which wonderful work of art is their favorite! Please pack a nut free snack and drink for your child.

Mon – Thurs. August 21 - 24

1:00 – 4:00 p.m.

\$119

305304-09

# Adventures in the Parks Click here for registration link

#### **ADVENTURES IN THE PARK**

#### Entering grades 1 - 6

Children entering grades 1 - 6 this fall can join the fun this summer. Please wear old clothing to these classes as there may be painting or gluing involved. *Registration deadline is 48 hours prior to class.* Classes may go outdoors to play when projects are completed, so please have children wear sunscreen if needed.



**Glow in the Dark Art** • Glow in the dark fun never gets old, and it lights up your world even after the sun goes down! Using a variety of glow in the dark supplies, kids will be amazed at their creations! Come have loads of fun!

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Thursday, June 15

10:00 - 11:30 a.m. \$8 305102-01 12:00 - 1:30 p.m. \$8 305102-02

Rock Art Sculptures • The ancient Inuit's (Eskimos) are people who lived in the coldest part of our planet for more than a thousand years! Without technology and modernization, they made rock sculptures to show direction, warn of danger, mark a place, store food; along with other things. Today people make rock sculpture for the art and fun. How many rocks can you balance? Come use your creativity to create your masterpiece! Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Monday, June 19

10:00 – 11:30 a.m. \$8 305102-03 12:00 - 1:30 p.m. \$8 305102-04

**Sun Catchers** • Add beauty to your yard, patio or window with these illuminating stain glass sun catchers! Use colorful glass gems of any color to create your masterpiece. Kids love creating various patterns and design using their creativity!

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

WEdnesday, June 21

10:00 - 11:30 a.m. \$9 305102-05 12:00 - 1:30 p.m. \$9 305102-06

**The Perfect Pizza** • What does it take to make the perfect pizza? Will your taste buds determine the perfect pizza? Learn tips and tricks while making a delicious pizza. Come hungry everyone will make their own individual pizza!

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Tuesday, June 27

10:00 - 11:30 a.m. \$8 305102-07 12:00 - 1:30 p.m. \$8 305102-08 Fourth of July Festivities • It's almost time to celebrate the 4th of July, flags, stars, fireworks and more! Come learn an interesting method of using Tie Dye to create a t-shirt that resembles the American Flag. Please bring a plain white t-shirt to class. This class is sure to get you right into the spirit of Independence Day!

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Thursday, June 29

10:00 - 11:30 a.m. \$8 305102-09 12:00 - 1:30 p.m. \$8 305102-10

**Earth Day** • Connecting kids to nature is healthy! Getting outdoors creates an appreciation of the beauty and importance of our Earth. In a variety educational activities/projects kids will learn to protect the Earth that we share in a kid friendly fun way! Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Thursday, July 6

10:00 – 11:30 a.m. \$8 305102-11 12:00 – 1:30 p.m. \$8 305102-12

#### Water Balloon Bonanza •

Water balloons are some of kids favorite things to play with in the summer and are a ton of fun! Come check out the variety of fun games and activities you can do with water balloons! How high will your water balloon parachute fly?



Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Monday, July 10

10:00 - 11:30 a.m. \$8 305102-13 12:00 - 1:30 p.m. \$8 305102-14

Investigative Science • Simple but fun, science isn't something that necessarily needs to be done in the closed quarters of a lab. Many cool experiments can be done right in this class and are fun to work with! Come see the magic of tie dyeing milk, create your own bottled Lava Lamp and more! No matter what your child's interest may be, these are science experiments that will teach them something cool and make them smile.

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

Wednesday, July 12

10:00 - 11:30 a.m. \$9 305102-15 12:00 - 1:30 p.m. \$9 305102-16

**Emoji Madness** • Who doesn't like Emoji's? Or cookies? Using frosting, food coloring, candy and other goodies kids will create five silly Emoji cookies that are sure to make you laugh. Share them with family and/or friends!

Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Tuesday, July 18

10:00 - 11:30 a.m.	\$9	305102-17
12:00 – 1:30 p.m.	\$9	305102-18

# Adventures in the Parks Click here for registration link

#### **ADVENTURES IN THE PARK**

#### Entering grades 1 - 6

Children entering grades 1 - 6 this fall can join the fun this summer. Please wear old clothing to these classes as there may be painting or gluing involved. *Registration deadline is 48 hours prior to class.* Classes may go outdoors to play when projects are completed, so please have children wear sunscreen if needed.

**Under the Sea** • Dive into the deep blue sea. The ocean is home to some amazing creatures. Learn about different zones in of the ocean while making your own water bottle aquarium and a colorful puffy fish for fun! Don't miss it!

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Thursday, July 20

10:00 - 11:30 a.m. \$8 305102-19 12:00 - 1:30 p.m. \$8 305102-20

**Scavenger Hunt** • The hunt is on - the scavenger hunt, that is! You'll have a blast searching for all sorts of things in this scavenger hunt. A special prize is hiding in plain sight, with clues. Can you find it?

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

Monday, July 24

10:00 - 11:30 a.m. \$8 305102-21 12:00 - 1:30 p.m. \$8 305102-22



**Snack Pak** • Simple but delicious! You don't have to wait until your parents make you snacks when you can do it yourself! You can make many tasty and healthy snack that are easy and fun to try! Kids will make ants on a log, graham cracker cheesecake and more!! Share with family and friends!

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln Wednesday, July 26

10:00 - 11:30 a.m. \$9 305102-23 12:00 - 1:30 p.m. \$9 305102-24

Fishing For Fun • A great lifelong activity that a lot of people enjoy. Join us to learn the basics of fishing! Learn what fish you might see in Minnesota lake, make your own pole, then try your hand at fishing. Spending time outdoors is so healthy!

Weaver Lake Comm. Park, Fishing Pier, 8401 Dunkirk Lane

Tuesaday, August 1

10:00 - 11:30 a.m. \$8 305102-25 12:00 - 1:30 p.m. \$8 305102-26 Canvas Creations • Inspiring creativity and originality!
Using glue, canvas & paints, watch the surprising effect. While glue resists paint when used on paper, when used on canvas, it actually concentrates the color. Come check it out!
Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Thursday, August 3

10:00 - 11:30 a.m. \$9 305201-27 12:00 - 1:30 p.m. \$9 305102-28

Game Day • Get your game face on! We will have non-stop fun creating and playing fun games at different stations outdoors. Ring toss, bowling, golf and more! Show off at the games you already know, or learn new ones! There's fun for everyone!

Gleason Fields Park Shelter Bldg, 18815 67th Ave N

Monday, August 7

10:00 – 11:30 a.m. \$8 305102-29 12:00 - 1:30 p.m. \$8 305102-30



**Fitness Fun** • Kids enjoy playing computer and video games, but sometimes forget that it's fun to play outside games, too. Come challenge yourself with friends to stay active while having fun. We will make a list of fun fitness games you can do with friends. Jump ropes, hulla hoops, parachute, obstacle courses and more! See you there!

Maple Grove Middle School Park Shelter Bldg, 7000 Hemlock Ln

Thursday, August 17

10:00 – 11:30 a.m. \$8 305102-31 12:00 - 1:30 p.m. \$8 305102-32

**Shrinky Dink** • Shrinky Dinks have been around for years, but did you know you can create your own designs without buying a kit? Use your creativity to create your one of a kind design and then sit back and watch the magic!

Elm Creek Elementary Park Shelter Bldg, 9820 Revere Lane

Tuesday, August 22

 10:00 - 11:30 a.m.
 \$8
 305102-33

 12:00 - 1:30 p.m.
 \$8
 305102-34

Marble Art Magic • Um, yeah. The results are AMAZING! And we just use paints, water and water color paper! Have fun choosing the colors you like, swirl them around and you will be amazed at the colorful works of art!

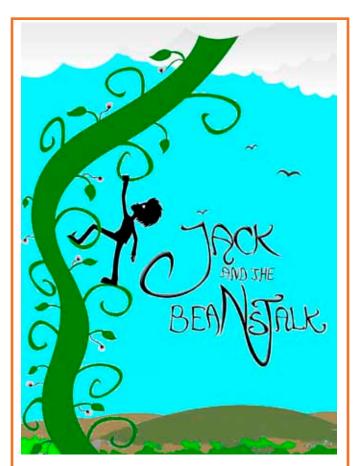
Kerber Park Shelter Bldg, 9095 Elm Creek Blvd

Thursday, August 24

 10:00 - 11:30 a.m.
 \$8
 305102-35

 12:00 - 1:30 p.m.
 \$8
 305102-36

# **Star Power - Youth Theater Click here for registration link**



# PRAIRIE FIRE CHILDREN'S THEATRE "Jack and The Beanstalk"

Entering Grades 2 – 12

Travel up and down the beanstalk as Jack tries to save his village, meeting many characters along the way. Director's roles: The Ringmaster/The Giant and the Storyteller/Lucia the Giant's Wife (dual role). Cast includes: Jack, his friend Jessie, the Villagers, the Birds, the Orchestranians, the Trolls, the Goose, the Harp and the Cow, and the Carnies.

Auditions are open to <u>pre-registered</u> children entering grades 2-12. All pre-registered auditioners will receive a part. The audition process lasts up to two hours and all auditioners are required to be in attendance the complete time. No preparation is necessary for the audition. Rehearsals for some parts may begin immediately following auditions. Each actor will receive a rehearsal schedule at auditions. Performances are at 7:00 p.m. on Friday and Saturday, July 21 and 22. Performances free of charge. For more information call 763-494-6516.

Maple Grove Senior High, Auditorium, 9800 Fernbrook Lane Mon-Sat, July 17-22 \$94 305307-01

Monday 1:00 p.m. - 3:00 p.m., auditions. Short rehearsal for a few cast members immediately following auditions. Tuesday - Thursday 1:00 p.m. - 5:15 p.m. rehearsal

Friday 3:00 p.m. dress rehearsal, 7:00 p.m. performance Saturday, 7:00 p.m. performance

# A TASTE OF BROADWAY **MUSICAL THEATER CAMP** "Disney's The Jungle Book" - KIDS

Entering grades 2 - 5

The jungle is jumpin' with a jazzy beat in Disney's The Jungle Book KIDS. Specially adapted from the classic Disney animated film, The Jungle Book KIDS features a host of colorful characters and your favorite songs from the movie. Banished by the ferocious tiger, Shere Khan, a human named Mowgli and a friendly panther, Bagheera, are on the run in the deepest parts of the jungle. On their journey, the two meet a sinister snake named Kaa, a herd of elephants and a giant bear named Baloo, who teaches them the swingin' musical rhythms of the jungle. After surviving a dangerous encounter with a band of monkeys led by King Louie, Mowgli and Bagheera are forced to run for their lives. When Shere Khan returns, our heroes must rally their fellow animals into battle and restore peace throughout the jungle. The Jungle Book KIDS has many parts that can be played by both boys and girls. No experience necessary. Auditions will take place the first day of camp. All pre-registered youth will receive a part. No preparation is required for the audition.

Maple Grove Senior High, Auditorium, 9800 Fernbrook Lane

Monday - Friday, June 19 - June 30

9:00 - 11:30 am.

305308-01

(Performance at 11:30 a.m. on June 30)



"Disney's The Little Mermaid" - JR.

Entering grades 3 - 9

Journey under the sea with Ariel and her aquatic friends in Disney's The Little Mermaid JR., adapted from Disney's Broadway production and the motion picture (featuring the enormously popular Academy Award-winning music and lyrics). In a magical underwater kingdom, the beautiful young mermaid, Ariel, longs to leave her ocean home – and her fins – behind and live in the world above. But first, she'll have to defy her father, King Triton, make a deal with the evil sea witch, Ursula, and convince the handsome Prince Eric that she's the girl whose enchanting voice he's been seeking. The Little Mermaid Jr. includes many parts for girls and boys including sea gulls, chefs, sailors, mersisters, eels, Flounder, Sebastian, Scuttle, Ursula, Triton, Ariel and Prince Eric. No experience necessary. Auditions will take place the first day of camp. All pre-registered youth will receive a part. No preparation is required for the audition.

Osseo Senior High, Auditorium, 317 2nd Ave NW, Osseo

Monday - Friday, July 31 - August 11

1:00 p.m. – 4:00 p.m. \$203

(Performance at 4:00 p.m. on August 11)

305308-02

26

# **World of Dance Click here for registration link**



#### **TIPPI TOES TODDLER & ME DANCE**

#### 18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. Great intro to dance! Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Mondays, June 19 - August 14 (ex July 3)

9:15 - 10:00 a.m. \$88 (8 ses) 305403-01



## **TIPPI TOES BALLET, TAP & JAZZ COMBO**

Ages 2 - 31/2

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. Tap shoes are required.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Mondays, June 19 - August 14 (ex July 3)

10:15 – 11:00 a.m. \$88 (8 ses) 305402-01

#### **TIPPI TOES BALLET, TAP & JAZZ COMBO 2**

Ages 3 - 5

For Little Ones who have taken our Tippi Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class continues to encourage self-expression and creativity through dance while introducing new dance steps and high energy music to keep dancers moving and having fun. Dancers will have a small performance for parents the last day of class. Tap shoes are required.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Mondays, June 19 - August 14 (ex July 3)

10:15 – 11:00 a.m. \$88 (8 ses) 305402-02



#### TIPPI TOES PRINCESS DANCE CAMP

Ages 3-7 (Princesses will be split into groups by age)

Once upon a time, Tippi Toes planned a beautiful Princess Dance Camp. Young Princesses came from near and far dressed in princess or ballerina outfits, for they were about to spend time with some of the most intelligent, inspiring and polite Princesses in all the land. Together they would dance, share stories, play games and make crafts. At the end of their week, they would each get to invite their Queen Moms and King Dads to join them at a tea party, awards ceremony and dance performance. Princesses must be 3 by the first day of camp and be fully toilet trained. More information to be sent following registration.

Genesis Dance Co. Studio, 7351 Kirkwood Lane N, Suite 144 Monday - Thursday, July 17 - 20

9:00 – 12:00 p.m.

305403-02



**DANCE FANTASIA** Ages 3 - 4

Little ones get ready to move! This introduction to creative movement and ballet will focus on the fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! Parent viewing is first and last lessons only.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Tuesdays, July 11 - August 22

5:45 -6:30 p.m. \$46 (7 ses) 305401-01

#### **INTRODUCTION TO JAZZ, TAP & BALLET**

Aaes 5 - 7

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Tuesdays, July 11 - August 22

305404-01 6:40 – 7:30 p.m. \$46 (7 ses)

# **Active Kids Click here for registration link**

#### **TOTS IN MOTION**

#### Ages $2\frac{1}{2}$ - 4 with a parent

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. Children must be 21/2 by the time class begins and accompanied by a parent or responsible teenager. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

**Maple Grove Community Center, Gym** 

Thursdays, June 15 - August 17 (ex July 6 & 27)

9:30 - 10:15 a.m \$52 (8 ses) 305108-01

#### **KIDS IN MOTION**

#### Ages 3½ - 6

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. Child must be 3½ by the time class begins. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

**Maple Grove Community Center, Gym** 

Thursdays, June 15 - August 17 (ex July 6 & 27)

10:30 - 11:15 a.m. \$52 (8 ses) 305108-02



#### TINY TOT GYMNASTICS

#### Ages 2 & 3 with a parent

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. Students should wear leotards or shorts, please no tights.

Osseo Senior High School, East Gym, 317 2nd Ave NW, Osseo

Wednesdays, June 21 – August 16 (ex July 5)

5:00 - 5:35 p.m. 305106-01 \$52 (8 ses) 5:40 - 6:15 p.m. \$52 (8 ses) 305106-02 6:20 - 6:55 p.m. \$52 (8 ses) 305106-03

#### **TINY TOT GYMNASTICS**

#### Ages 3½ - 4

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. Parent viewing first and last lesson only. Child must be 3½ years of age by the start of class. Students should wear leotards or shorts, please no tights.

Osseo Senior High School, East Gym, 317 2nd Ave NW, Osseo

Wednesdays, June 21 – August 16 (ex July 5)

7:00 - 7:45 p.m. \$52 (8 ses) 305106-04

#### **PRE-SCHOOL GYMNASTICS**

#### Ages 4½ - Kindergarten

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. Parent viewing first and last lesson only.

Osseo Senior High School, East Gym, 317 2nd Ave NW, Osseo

Tuesdays, June 20 - August 15 (ex July 4)

6:00 – 6:45 p.m. 305107-01 \$52 (8 ses) 7:00 - 7:45 p.m. \$52 (8 ses) 305107-02

Thursdays, June 22 - August 17 (ex July 6)

5:30 - 6:15 p.m. \$52 (8 ses) 305107-03



#### **ELEMENTARY GYMNASTICS**

#### Entering grades 1 - 6

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. Parent viewing first and last lesson only. Instructor, Jodi Hartwig.

•Beginner 1 - No previous experience or limited instruction.

•Beginner 2 - Completed Beginner 1 or tested to verify ability.

•Intermediate - Completed Beginner 2 or tested to verify ability. Osseo Senior High School, East Gym, 317 2nd Ave NW, Osseo

Mondays, June 19 - August 14 (ex July 3)

6:00 - 7:00 p.m. • Beginner 1 \$56 (8 ses) 305105-01 7:05 - 8:05 p.m. • Beginner 1 \$56 (8 ses) 305105-02

Thursdays, June 22 - August 17 (ex July 6)

6:20 - 7:20 p.m. • Beginner 1 \$56 (8 ses) 305105-03 7:25 - 8:25 p.m. • Beginner 2/Int \$56 (8 ses) 305105-04

#### **FAMILY YOGA**

#### Ages 4-Adult (Children must be accompanied by adult)

See page 20 for more details. No previous Yoga experience necessary. Instructor, Laura Honeck. Bring a yoga mat or beach towel for each participant. Classes held outdoors weather permitting.

Town Green, 7991 Main St

Saturday, June 17 & Saturday, August 12 9:00 - 10:30 a.m. Free will offering

Central Park of Maple Grove, 12000 Central Park Way

Saturday, July 15 (Maple Grove Days)

10:15 - 11:15 a.m. Free will offering

# Science Explorers Click here for registration link

#### **SCIENCE EXPLORERS**

#### It's All Right Here - Healthy Minds, Healthy Bodies!!

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Class fee includes all supplies.

## **Camp Caterpillar**

Ages 3½ - 6

Our earth is a wonderful adventure just waiting for you! As a Caterpillar Camper, you will begin a new exploration each day as we learn about our planet. You will investigate bugs, plants and the weather with fun activities, projects, songs, stories and more. Maple Grove Community Center

Tuesday - Thursday, May 30 – June 1 9:30 - 11:30 a.m. \$54

\$54 305702-01

305702-02

#### Science in the Kitchen

Ages 3½ - 6

Our kitchens can be amazing science labs.. so join Science Explorers as we throw open the kitchen cabinets and enjoy fun, "hands-in" science. We will explore states of matter, chemical reactions and more with experiments that bubble, fizzle, crackle and pop. Be sure to dress so you can get messy. Note: Flour, cornstarch, oil and other common kitchen ingredients may be used, but not consumed.

**Maple Grove Community Center** 

Tuesday - Thursday, May 30 – June 1

12:30 - 2:30 p.m. \$54



Buggy for Bugs Ages 3½ - 6

Are you buggy for bugs? Do you like the creepy, crawlers of the immense insect world? Then join us as we investigate the two types of metamorphosis, discover how some bugs live in colonies, and how bugs eat, smell and survive. You will construct your own bugs, weave a web and more in this fun, hands-on class.

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, June 19 - 22

9:30 - 11:30 a.m. \$73 305702-03

# Fascinating Physics

Ages 3½ - 6

In Fascinating Physics, preschoolers will use their natural curiosity to explore physics, the science of motion. Using Lego® and K'NEX® building systems, preschoolers will investigate force, friction, gravity, simple machines and much more with engaging activities and experiments. Please join us for this fun, Jr. STEM class as we take our first steps into the fascinating world of physics.

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, July 17 - 20

1:00 - 3:00 p.m. \$73 305702-04

#### <u>Camp KinderSprouts</u> Entering Kindergarten in fall of 2017

Exclusively for children entering kindergarten. Join Science Explorers as we discover the world around us while brushing up on the skills needed for kindergarten. Explore outer space, dinosaurs and the ocean while learning science, math, reading, writing and geography. Students will explore these topics through experiments, projects, songs and more in this fun, handson camp setting.

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, July 31 - August 3

9:30 - 11:30 a.m. \$73

305702-05



# Roaring Rockets Entering grades 2 - 6

Blast off with Science Explorers to accelerate through aerodynamics with rocketry. You will design and modify straw rockets to learn about aerodynamics, projectile motion, thrust and velocity. Then, you will build your own model rocket as you experiment with Bernoulli's Principle, Newton's 3rd Law and more. Finally, if weather permits, you will watch your roaring rocket soar as you launch it high into the sky.

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, July 31 - August 3

12:30 - 2:30 p.m. \$73 305702-06

#### <u>Crazy Chemistry</u> Entering grades 1 - 5

Join Science Explorers as we become crazy chemists! We will investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM. We will break some chemical bonds, get messy with polymers and much more. Our classes are hands-on...so be sure to dress for a mess!

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, August 14 - 17

9:30 a.m. - noon \$86 305702-07

# Engineering Coding and More Entering grades 2 - 6

Join Science Explorers as we step into the fields of engineering, technology and coding with engaging, hands-on activities. We will discover how engineers use their scientific and technical skills to design machines, buildings, computer programs and more. By using Legos® and other materials, we will design a building to withstand an earthquake, construct a waterwheel and more. Then we will learn about coding as we program our "mice" to maneuver through mazes in search of their prize.

Thoresen/Eagle Lake Community Building, 6259 Eagle Lake Dr.

Monday - Thursday, August 14 - 17

1:00 - 3:30 p.m. \$86 305702-08

# **Engineering for Youth Click here for registration link**



#### **ENGINEERING FOR KIDS**

Engineering For Kids brings science, technology, engineering, and math (STEM), to kids ages 4 to 14 in a fun and challenging way through classes, camps, clubs, and parties. We are proud to inspire children to build on their natural curiosity by teaching engineering concepts through hands-on learning. Engineering is, after all, one of the fastest growing industries in the world!

# JR. CHEMICAL ENGINEERING: CRAZY CONCOCTIONS

**Grades K-2** 

The Junior Chemical Engineering camp introduces our youngest engineers to fundamental concepts of solids, liquids, and solutions. Students investigate the properties of several crazy concoctions and make their own samples of bubbles, play dough, flub, and more

Eagle Lake Community Bldg, Thoresen Park, 6259 Eagle Lake Dr Monday – Thursday, July 10-13

305703-01

9:00 – 11:00 a.m. \$110 (4 ses)



# JR. ROBOTICS: SIMPLE MACHINES UNITED Grades K-2

We use simple machines every day, but many times without even recognizing them. In Junior Robotics: Simple Machines United, students will explore the basic concepts of simple machines and how we use them to achieve even our most grandiose goals! Students will use LEGO® WeDoTM construction and resource kits to produce new and exciting builds that will be used to create Kelvin's Amusement Park.

Eagle Lake Community Bldg, Thoresen Park, 6259 Eagle Lake Dr Monday – Thursday, August 21 - 24

9:00 – 11:00 a.m. \$110 (4 ses) 305703-02



#### **MECHATRONIC MASTERMINDS**

**Grades 3-6** 

Eureka! Kelvin has finally done it! He has created a perpetual motion machine. But what is this? An evil genius has stolen Kelvin's masterpiece! Kelvin is now looking for a trustworthy team to develop and test new gadgets that will help him find and safeguard his perpetual motion machine. Explore the basics of mechatronics engineering and logic based programming as students use LittleBits® and work together to design gadgets, tools, and machines that will help Kelvin get out of any sticky situation he may encounter.

Eagle Lake Community Bldg, Thoresen Park, 6259 Eagle Lake Dr

Monday – Thursday, June 12-15

9:00 am – 12:00 p.m. \$120 (4 ses) 305703-03

# MINECRAFT-EDU: MEDIEVAL REDSTONE Grades 3-6

MinecraftEDU is an expansive game that lets players design and create unique worlds with amazing structures. One of the more complicated aspects of MinecraftEDU is Redstone, which is MinecraftEDU's version of electrical circuitry. This camp will introduce students to the many uses of Redstone through a Medieval-themed adventure of creation, exploration, and castle besieging, with students making mine cart tracks to help them gather resources, working together to build their kingdom, and designing traps to defend their castle, all with the use of Redstone.

Eagle Lake Community Bldg, Thoresen Park, 6259 Eagle Lake Dr Monday – Thursday, June 26 -29

1:00 – 4:00 p.m. \$120 (4 ses) 305703-04

#### **ROBOTICS: ROBOT SURGEONS**

Grades 3-6

During the LEGO® Robot Surgeons camp, students design and program robots to function as medical robots by accomplishing a task that would cure a disease or address an issue within a human organ. Students work in pairs using LEGO® EV3 Robots and computers to learn principles of robotics, computer programming, and teamwork.

Eagle Lake Community Bldg, Thoresen Park, 6259 Eagle Lake Dr

Monday - Thursday, August 21 -24

1:00 – 4:00 p.m. \$120 (4 ses) 305703-05

# Of Interest to Youth & Teens Click here for registration link



# KIDS YOGA CAMP: IT'S ELEMENT-ARY! Ages 8-12

Travel from Earth to Space in the most amazing ship of them all - your body! The journey through the universe can be rough, but knowing how your ship operates can make the trip a lot easier! It's Element-ary! Yoga will help participants deepen self-awareness and breath while examining the five elements that make up the universe. Each day we will explore a new element with breathing techniques, Yoga postures, mudras (hand gestures) and relaxation strategies. Cooperative games, songs, stories and art projects will round out each day. Your child will build awareness of what they need to run their ships at optimal speed - and feel healthy and well balanced. No previous Yoga experience necessary. Instructor Laura Honeck. *Bring a Yoga mat or beach towel for each participant*.

Central Park of Maple Grove, The Garden, 12000 Central Park Way

Monday - Friday, August 7 - 11

9:00 – 11:00 a.m. \$60 (5 ses) 305112-01

## SAFE ON MY OWN

Ages 7 - 10

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

**Maple Grove Community Center** 

Saturday, July 29 9:00 - 10:30 a.m. \$16 305503-01 Saturday, July 29

11:00 - 12:30 p.m. \$16 305503-02

# HOME ALONE - FOR PARENTS & CHILDREN Youth & Adults

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. Instructors, Sheryl Nefstead & Maple Grove Police Officer.

Osseo Senior High School, Rm 111/118, 317 2nd Ave NW, Osseo

Monday, June 12

6:30 – 8:00 pm \$14.00 - student 305502-01 \$5.00 - parent (required) 305502-01



# BABYSITTING WORKSHOPS Ages 11 - 15

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. Children 10 years of age may take the course, however, they will not receive the certification. Students should bring a bag lunch. The fee includes all supplies.

**Maple Grove Community Center** 

ty Center	
\$81	305501-01
\$81	305501-02
\$81	305501-03
\$81	305501-04
	\$81

# **Active Kids & Teens Click here for registration link**

#### **KARATE FOR CHILDREN**

Ages 5 - 12

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms can be purchased at the school, but are not required. Loose fitting clothing is acceptable. *All registration accepted immediately due to tight timeframe on May sessions.* 

<u>Maple Grove World Taekwondo</u> 6463 Sycamore Court N, Maple Grove, 763-559-7091

Mondays, May 15 – June 26 (ex May 29)

5:30 - 6:15 p.m. \$50.00 (6 ses) 305110-01

Mondays, July 10 - August 14

5:30 - 6:15 p.m. \$50.00 (6 ses) 305110-02

#### LITTLE DRAGONS

Karate for ages 3 & 4

Little Dragons is a program designed for the younger child. The classes will cover basic Taekwondo skills, balance, coordination, self-control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but can be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts. All registration accepted immediately due to tight timeframe on May sessions.

Maple Grove World Taekwondo Academy 6463 Sycamore Court N, Maple Grove, 763-559-7091

Tuesdays, May 16 - June 20

10:30 - 11:00 a.m. \$50.00 (6 ses) 305110-03

Tuesday July 11 - August 15

10:30-11:00 a.m. \$50.00 (6 ses) 305110-04



#### **YOUTH FENCING CLINIC**

Ages 7 – 13

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the entire family. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

Maple Grove Community Center, Gymnasium

Monday - Friday, July 24 - 28

10:00 – 11:00 a.m. \$72 (5 ses) 305104-01



#### **HORSE BACK RIDING LESSONS**

Ages 6 - 11

For those of you who want to try riding for the first time or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 612-598-1696. Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons - access it at www.caillefarms.com, click on camps. Please bring a bag lunch. Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

Came I aim, 3203 mert Ave NE, Monticello, Mix 33302			
9:00 a.m. – 3:00 p.m			
Wednesday, June 14	\$70	305109-01	
Wednesday, June 21	\$70	305109-02	
Wednesday, June 28	\$70	305109-03	
Wednesday, July 12	\$70	305109-04	
Wednesday, July 19	\$70	305109-05	
Wednesday, July 26	\$70	305109-06	
Wednesday, August 2	\$70	305109-07	
Wednesday, August 9	\$70	305109-08	
Wednesday, August 16	\$70	305109-09	
Wednesday, August 23	\$70	305109-10	
Wednesday, August 30	\$70	305109-11	

## Lil' Sports & Kickin' Kids Click here for registration link



#### LIL' SPORTS SAMPLER

#### Age 4 as of September 1, 2017

Explore t-ball and soccer activities while having fun in an age appropriate, fun-based setting. *Bring your water bottle to each session.* Fee includes a t-shirt.

#### **DAYTIME PROGRAM**

Mondays & Wednesdays, June 12– July 26 (ex July 3 & 5) Cedar Island Elementary soccer field #2, 6710 East Fish Lk Rd

8:30 – 9:15 a.m.	\$110, \$115 NR	305203-01
9:30 – 10:15 a.m.	\$110, \$115 NR	305203-02
10:30 – 11:15 a.m.	\$110, \$115 NR	305203-03

#### <u>Tuesdays & Thursdays, June 13 – July 27 (ex July 4 & 6)</u> Fernbrook Elementary soccer field, 9661 Fernbrook Ln N

8:30 – 9:15 a.m.	\$110, \$115 NR	305203-04
9:30 – 10:15 a.m.	\$110, \$115 NR	305203-05
10:30 – 11:15 a.m.	\$110, \$115 NR	305203-06

#### **EVENING PROGRAM**

Mondays & Wednesdays, June 12– July 26 (ex July 3 & 5)
Maple Creek Park ballfield, 18230 72nd Pl N

5:00 - 5:45 p.m.	\$110, \$115 NR	305203-07
6:00 - 6:45 p.m.	\$110, \$115 NR	305203-08
7:00 - 7:45 p.m.	\$110, \$115 NR	305203-09

#### <u>Tuesdays & Thursdays, June 13 – July 27 (ex July 4 & 13)</u> Maple Creek Park ballfield, 18230 72nd Pl N

5:00 - 5:45 p.m.	\$110, \$115 NR	305203-10
6:00 - 6:45 p.m.	\$110, \$115 NR	305203-11
7:00 - 7:45 p.m.	\$110, \$115 NR	305203-12

Registration starts
Tuesday, April 25 at
9:00 a.m. for T-Ball,
Kickin' Kids & Lil' Sports
Sampler!

#### KICKIN' KIDS

#### Ages 5 & 6 as of September 1, 2017

A six week instructional soccer program. The first four weeks are filled with activities to learn the skills to play soccer. Individual and team pictures will be scheduled during first class of the second week. Emphasis will be placed on basic skills, sportsmanship and fun! *Bring your water bottle each time*. Class fees include a t-shirt. *The last two weeks will be game situations. Game dates may require travel to another park location and time change*.

#### **DAYTIME PROGRAM**

Mondays & Wednesdays, June 12– July 26 (ex July 3 & 5) Fernbrook Elementary soccer field, 9661 Fernbrook Ln N

8:45 - 9:45 a.m.	\$110, \$115 NR	305202-01
10:00 - 11:00 a.m.	\$110, \$115 NR	305202-02
11:15 - 12:15 p.m.	\$110, \$115 NR	305202-03

<u>Tuesdays & Thursdays, June 13 – July 27 (ex July 4 & 6)</u>
Weaver Lake Elementary soccer field, 15900 Weaver Lake Rd

Weaver Lake Licineita	iy soccei licia, 15500 W	caver Lake Na
8:45 - 9:45 a.m.	\$110, \$115 NR	305202-04
10:00 - 11:00 a.m.	\$110, \$115 NR	305202-05
11:15 - 12:15 p.m.	\$110, \$115 NR	305202-06

#### **EVENING PROGRAM**

Mondays & Wednesdays, June 12– July 26 (ex July 3 & 5) Scott/Jonguil Meadow Park ballfield, 12010 90th Ave N

Rice Lake Elementary soccer field, 13775 89th Ave N		
7:15 - 8:15 p.m.	\$110, \$115 NR	305202-09
6:00 - 7:00 p.m.	\$110, \$115 NR	305202-08
4:45 - 5:45 p.m.	\$110, \$115 NR	305202-07

 4:45 - 5:45 p.m.
 \$110, \$115 NR
 305202-10

 6:00 - 7:00 p.m.
 \$110, \$115 NR
 305202-11

 7:15 - 8:15 p.m.
 \$110, \$115 NR
 305202-12

#### <u>Tuesdays & Thursdays, June 13 – July 27 (ex July 4 & 13)</u> Scott/Jonquil Meadow Park ballfield, 12010 90th Ave N

4:45 - 5:45 p.m.	\$110, \$115 NR	305202-13
6:00 - 7:00 p.m.	\$110, \$115 NR	305202-14
7:15 - 8:15 p.m.	\$110, \$115 NR	305202-15



## T-Baseball Click here for registration link

#### **T-BASEBALL 1**

# ages 5 or 6 as of Sept. 1, 2017 with no previous experience.

A six week instructional baseball program. The first four weeks are filled with activities to help learn the skills of baseball. The last two weeks will be game situations. Having fun learning the game of baseball and good sportsmanship will be the focus of this program. *Bring your ball glove and water bottle to each session*. The limit is 18 maximum and minimum 10 per team. Individual and team pictures will be scheduled during the first class of the second week. *Game dates may require travel to another park location and time change*.

#### **DAYTIME PROGRAM**

Mondays and Wednesdays, June 12 - July 26 (ex July 3 & 5) Weaver Lake Elementary ballfield #1, 15900 Weaver Lake Rd

8:45 - 9:45 a.m.	\$110, \$115 NR	305206-01
10:00 - 11:00 a.m.	\$110, \$115 NR	305206-02
11:15 - 12:15 p.m.	\$110, \$115 NR	305206-03

#### <u>Tuesdays and Thursdays, June 13 - July 27 (ex July 4 & 6)</u> Kerber Park ballfield #1, 9095 Elm Creek Rd

8:45 - 9:45 a.m.	\$110, \$115 NR	305206-04
10:00 - 11:00 a.m.	\$110, \$115 NR	305206-05
11:15 - 12:15 p.m.	\$110, \$115 NR	305206-06

#### **EVENING PROGRAM**

Mondays and Wednesdays, June 12 - July 26 (ex July 3 & 5)
South Elm Road Park ballfield, 17271 66th Pl N

4:45 - 5:45 p.m.	\$110, \$115 NR	305206-07		
6:00 - 7:00 p.m.	\$110, \$115 NR	305206-08		
Teal Lake Park ballfield, 9598 Rosewood Ln N				
4:45 - 5:45 p.m.	\$110, \$115 NR	305206-09		
6:00 - 7:00 p.m.	\$110, \$115 NR	305206-10		

Crosswinds Park ballfield, 15301 Weaver Lake Rd 7:15 - 8:15 p.m. \$110, \$115 NR 305206-11

#### <u>Tuesdays and Thursdays, June 13 - July 27 (ex July 4 & 13)</u> Crosswinds Park ballfield, 15301 Weaver Lake Rd

4.45 5.45	6110 611E ND	205206 14
Maple Lakes Park ballfield	l, 12191 85th Ave N	
6:00 - 7:00 p.m.	\$110, \$115 NR	305206-13
4:45 - 5:45 p.m.	\$110, \$115 NR	305206-12

4:45 - 5:45 p.m. \$110, \$115 NR 305206-14 6:00 - 7:00 p.m. \$110, \$115 NR 305206-15

Hidden Meadows Park ballfield, 9100 Ranier Lane

 4:45 - 5:45 p.m.
 \$110, \$115 NR
 305206-16

 6:00 - 7:00 p.m.
 \$110, \$115 NR
 305206-17

 Basswood Neighborhood Park ballfield, 15234 65th PI N

4:45 - 5:45 p.m. \$110, \$115 NR 305206-18 7:15 - 8:15 p.m. \$110, \$115 NR 305206-19

Registration starts
Tuesday, April 25 at
9:00 a.m. for T-Ball,
Kickin' Kids & Lil' Sports
Sampler!

# T-BASEBALL 2/INTRO TO COACH PITCH ages 6 as of Sept. 1, 2017 who have played T-Ball 1

An instructional baseball program for children who have been in T-Ball the previous year. This program will include activities to learn the skills of baseball, and to work on game situations. The last 5 class meetings will be games with other parks. **Bring your ball glove and water bottle to all sessions.** The limit is 16 maximum and minimum 10 per team. Individual and team pictures will be scheduled during the first class of the second week. **Game dates may require travel to another park location and time change.** 

#### **EVENING PROGRAM**

Mondays and Wednesdays, June 12 - July 26 (ex July 3 & 5) South Elm Road Park ballfield, 17271 66th Pl N

7:15 - 8:15 p.m. \$110, \$115 NR 305207-01

Teal Lake Park ballfield, 9598 Rosewood Ln N

7:15 - 8:15 p.m. \$110, \$115 NR 305207-02

Crosswinds Park ballfield, 15301 Weaver Lake Rd

4:45 - 5:45 p.m. \$110, \$115 NR 305207-03 6:00 - 7:00 p.m. \$110, \$115 NR 305207-04

<u>Tuesdays and Thursdays, June 13 - July 27 (ex July 4 & 13)</u> Crosswinds Park ballfield, 15301 Weaver Lake Rd

7:15 - 8:15 p.m. \$110, \$115 NR 305207-05

Basswood Neighborhood Park ballfield, 15234 65th Pl N

6:00 - 7:00 p.m. \$110, \$115 NR 305207-06

Hidden Meadows Park ballfield, 9100 Ranier Lane

7:15 - 8:15 p.m. \$110, \$115 NR 305207-07 Maple Lakes Park ballfield, 12191 85th Ave N

7:15 - 8:15 p.m. \$110, \$115 NR 305207-08



## **Fall Soccer Leagues**

#### **FALL SOCCER REGISTRATION**

**FAQs and How To** 

#### What/where is my Home Zone?

Match your home address/area where you live to the area's "zone" number on the sports map. See this brochure page 38. Or online at <a href="www.maplegrovemn.gov">www.maplegrovemn.gov</a> "Parks and Recreation", "Youth Sports Zone Map". This is your neighborhood zone; however, you can register for any zone that has openings.

#### When does resident registration begin?

Registration begins Wednesday, April 26, 2017 at 9:00 a.m.

#### When does registration end?

All registration ends on Friday, July 28, 2017 at 6:00 p.m. for in-person or midnight for on-line registration. Teams will be formalized and incomplete zones will be combined to form teams. After July 29, registration will be accepted only as space is available.

#### What if my child wants to play with a friend or friends that live in a different zone?

Registration beginning on Wednesday, April 26, 2017 is for any zone that has spaces available. Just choose the same zone as your friends! Registration is taken on a first-come, first-serve basis.

#### How do I register my child for a sports program?

Set up an account (if you haven't already done so). Preferred browser is Google. Link to your sport and look for your zone code. Registration can be completed using Visa, Mastercard or Discover. See page 86 for registration procedure details.

- Online at www.webtrac.maplegrovemn.gov
- Fax: 763-494-6456
- In-person at the Maple Grove Community Center Monday Friday, 7 a.m. 6 p.m.

#### Can other non-residents play on Maple Grove youth sports teams?

Yes! All registration begins Wednesday, April 26, 2017 at 9:00 a.m.

#### How does the wait list work?

If you choose to put your child on a wait list, they are contacted only when there is an opening for that particular team. To ensure a spot on a team, please look for a zone that has space available.

#### When are practices scheduled?

All practices are scheduled by each individual teams coach.

#### How do I sign up to be a coach for my child's team?

All teams need volunteer coaches! Sign up via WebTrac, Code 305612-01 (no cost to register), email klallier@maplegrovemn.gov or call at 763-494-6511.

#### Coaches' clinics will be in August.



Maple Grove Parks and Recreation is committed to educating youth athletic volunteer coaches about the nature and risks of concussions. Information

regarding concussions is available at <a href="https://www.cdc.gov/headsup/youthsports">www.cdc.gov/headsup/youthsports</a>.



# Fall Soccer Leagues Click here for registration link



## GIRLS FALL SOCCER Entering grades 1 - 6 in Fall 2017

An in-house recreational (various Maple Grove playfields) youth soccer program for girls and boys. Practices are scheduled by coaches beginning in late August. Shin guards are REQUIRED.

Games are on Saturdays with some weekday evening games beginning September 9, 2017. \$110.00 (NR add \$5.00)

#### Girls Fall Soccer, Grades 1 & 2

ms ram boccen, crauces rail	
Zone 1	305607-01
Zone 2	305607-02
Zone 3	305607-03
Zone 4	305607-04
Zone 5	305607-05
Zone 6	305607-06
Zone 7	305607-07
Zone 8	305607-08
Zone 9	305607-09
Zone 10	305607-10
Zone 11	305607-11
Zone 12	305607-12
Zone 13	305607-13
Zone 14	305607-14
Zone 15	305607-15
Zone 16	305607-16
Zone 17	305607-17
Zone 18	305607-18
Zone 19	305607-19
Zone 20	305607-20
Zone 21	
Any NR city*	305607-22
Coaches	
*Non-resident fee applies	

#### Girls Fall Soccer, Grades 3 & 4

mis i am soccei, craaces s a i	
Zone 1	305608-01
Zone 2	305608-02
Zone 3	305608-03
Zone 4	305608-04
Zone 5	305608-05
Zone 6	305608-06
Zone 7	305608-07
Zone 8	
Zone 9	305608-09
Zone 10	
Zone 11	305608-11
Zone 12	305608-12
Zone 13	305608-13
Zone 14	305608-14
Zone 15	305608-15
Zone 16	305608-16
Zone 17	305608-17
Zone 18	305608-18
Zone 19	
Zone 20	305608-20
Zone 21	
Any NR city*	
Coaches	305612-01
*Non-resident fee applies	

#### Girls Fall Soccer, Grades 5 & 6

Zones 1, 5, 6, Corcoran*	305609-01
Zones 2, 3, 4, Osseo, BP*	305609-02
Zones 7, 9, 10	305609-03
Zones 8, 11, 12	305609-04
Zones 13, 14, 15, 16	305609-05
Zones 17, 18, 19, Plymouth*	305609-06
Zones 20, 21	
All NR cities*	305609-08
Coaches	305612-01

<sup>\*</sup> Non-resident fee applies

# Fall Soccer Leagues Click here for registration link

## **BOYS FALL SOCCER** Entering grades 1 - 4 in Fall 2017

An in-house recreational (various Maple Grove playfields) youth soccer program for girls and boys. Practices are scheduled by coaches beginning in late August. Games are on Saturdays with some weekday evening games beginning September 9, 2017. Shin guards are **REQUIRED**.

\$110.00 (NR add \$5.00)

#### Boys Fall Soccer, Grades 1 & 2

Zone 1	205602.01
Zone 2	305603-02
Zone 3	305603-03
Zone 4	305603-04
Zone 5	305603-05
Zone 6	305603-06
Zone 7	305603-07
Zone 8	305603-08
Zone 9	305603-09
Zone 10	305603-10
Zone 11	305603-11
Zone 12	305603-12
Zone 13	305603-13
Zone 14	305603-14
Zone 15	305603-15
Zone 16	305603-16
Zone 17	305603-17
Zone 18	305603-18
Zone 19	305603-19
Zone 20	305603-20
Zone 21	
Any NR city*	
Coaches	
*Non-resident fee applies	

#### **Boys Fall Soccer, Grades 3 & 4**

· · · · · · · · · · · · · · · · · · ·	
Zone 1	305604-01
Zone 2	305604-02
Zone 3	305604-03
Zone 4	305604-04
Zone 5	305604-05
Zone 6	305604-06
Zone 7	305604-07
Zone 8	305604-08
Zone 9	305604-09
Zone 10	305604-10
Zone 11	305604-11
Zone 12	305604-12
Zone 13	305604-13
Zone 14	
Zone 15	305604-15
Zone 16	305604-16
Zone 17	305604-17
Zone 18	305604-18
Zone 19	305604-19
Zone 20	305604-20
Zone 21	
Any NR city*	305604-22
Coaches	
*Non-resident fee applies	



#### **BOYS COOPERATIVE FALL SOCCER**

Going into Grades 5 & 6

Game fields located in Plymouth. Saturday games starting September 9, 2017.

\$110.00 (NR fees **not** applicable)

Coaches	305612-01
Osseo, BP, Plymouth	305605-02
East Zones 2, 3, 4, 8, 11, 12, 17, 18, 19,	
16, 20, 21, Corcoran	305605-01
West Zones 1, 5, 6, 7, 9, 10, 13, 14, 15,	

#### GIRLS OR BOYS COOPERATIVE FALL SOCCER

#### Going into Grades 7 & 8

Recreational boys and girls soccer teams. This is a cooperative program with other northwest suburbs. Practices are scheduled by coaches beginning late August. Game fields located in New Hope, Golden Valley, Crystal, Robbinsdale, Maple Grove and Plymouth.

Games are mainly Saturday afternoons with some week night games, beginning September 9, 2017.

\$110.00 (NR fees **not** applicable)

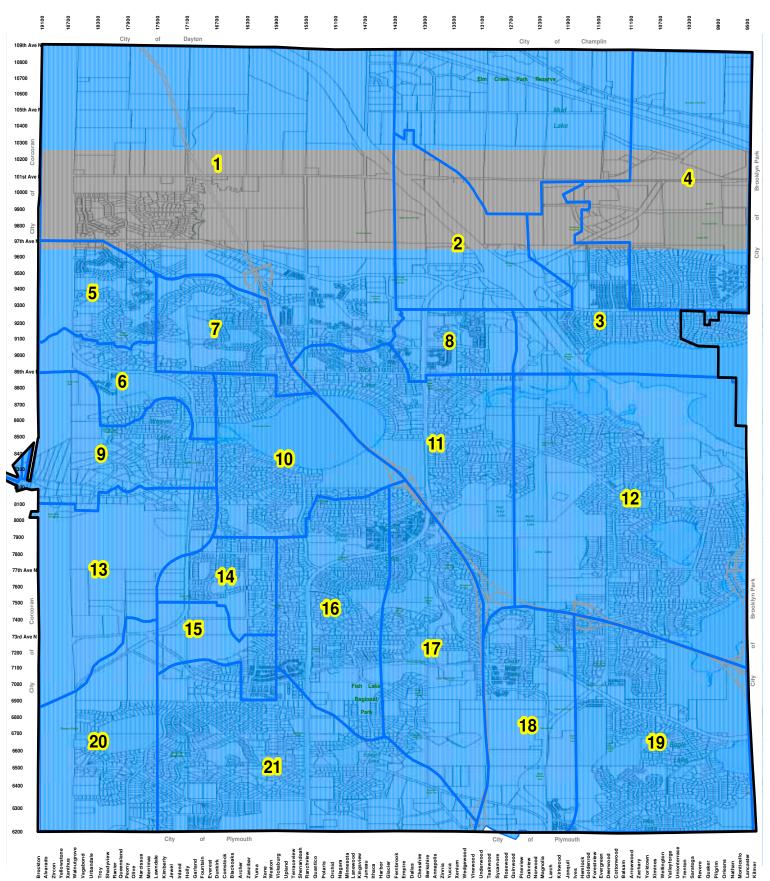
Boys Cooperative Fall Soccer, Grades 7 & 8	
Team #1	305605-03
Coaches	305612-01
Girls Cooperative Fall Soccer, Grades 7 & 8 Team #1 Coaches	

If you are interested in coaching, sign up via eConnect, (Code 305612-01) or email klallier@maplegrovemn.gov.



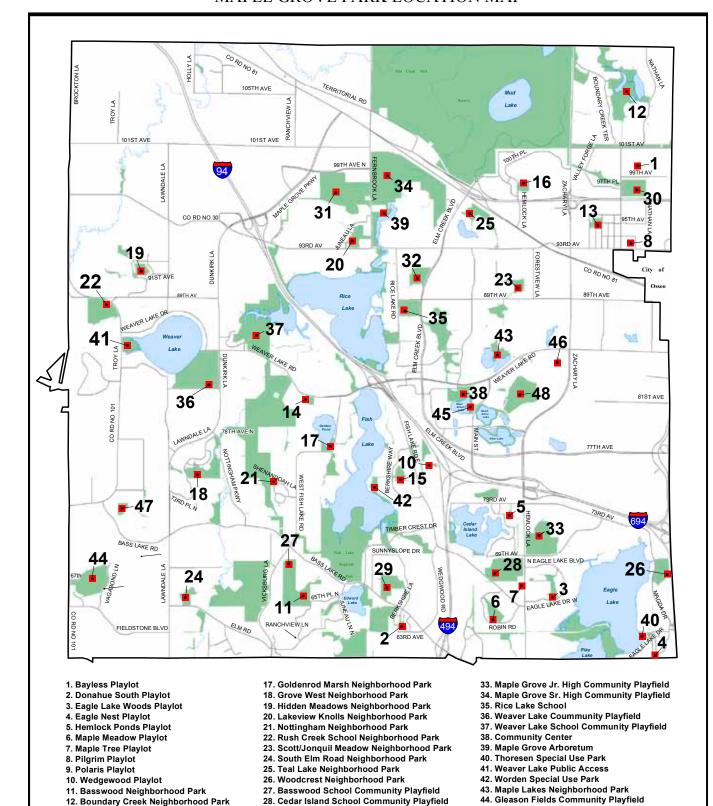
# **Athletic Zone Map**

#### Larger view of map available at www.maplegrovemn.gov



# **Park Location Map**

## MAPLE GROVE PARK LOCATION MAP



15. Fish Lake Woods Neighborhood Park 48. Central Park of Maple Grove 32. Kerber Community Playfield 16. Forestview Pond Neighborhood Park For more information and maps of the Maple Grove Park and Trail system please visit the

29. Donahue North Community Playfield

30. Elm Creek School Community Playfield

31. Fernbrook School Community Playfield

Maple Grove Community Center (#38) or call 763-494-6500 or go online to www.maplegrovemn.gov.

13. Charest Neighborhood Park

14. Crosswinds Neighborhood Park

45. Town Green

46. Balsam Playlot

47. Maple Creek Neighborhood Park

# **Youth Tennis Lessons & Jr. Team Tennis Click here for registration link**

#### **TENNIS LESSONS - BEGINNING**

Ages 5 – 13

An opportunity for youth with little or no previous tennis experience to learn the sport of tennis. Program is designed to include fun (age appropriate) movement, games and fitness activities. Registration is based on ages as of September 1, 2017. Class will be held on Friday if rained out earlier in the week.

#### <u>Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N</u> Monday - Thursday, June 12 - 22

8:30 - 9:15 a.m. · Ages 5-6	\$100, \$105 NR (8 ses) 305210-01
9:20 - 10:05 a.m. · Ages 7-8	\$100, \$105 NR (8 ses) 305210-02
10:10 - 10:55 a.m. · Ages 9-10	\$100, \$105 NR (8 ses) 305210-03
11:00 - 11:45 a.m. · Ages 11-13	\$100, \$105 NR (8 ses) 305210-04

#### Maple Grove Middle School tennis courts, 7000 Hemlock Ln Monday – Thursday, June 26 – July 6 (ex July 3 & July 4)

8:30 - 9:15 a.m. · Ages 5-6	\$75, \$80 NR (6 ses)	305210-05
9:20 – 10:05 a.m. · Ages 7-8	\$75, \$80 NR (6 ses)	305210-06
10:10 – 10:55 a.m. · Ages 9-10	\$75, \$80 NR (6 ses)	305210-07
11:00 - 11:45 a.m. · Ages 11-13	3 \$75, \$80 NR (6 ses)	305210-08

#### Maple Grove Middle School tennis courts, 7000 Hemlock Ln Monday – Thursday, July 10 - 20

8:30 - 9:15 a.m. · Ages 5-6	\$100, \$105 NR (8 ses)	305210-09
9:20 – 10:05 a.m. · Ages 7-8	\$100, \$105 NR (8 ses)	305210-10
10:10 – 10:55 a.m. · Ages 9-10	\$100, \$105 NR (8 ses)	305210-11
11:00 - 11:45 a.m. · Ages 11-13	\$100, \$105 NR (8 ses)	305210-12

#### <u>Gleason Fields Park tennis courts, 18815 67th Ave N</u> Monday – Thursday, July 24 - August 3

8:30 - 9:15 a.m. · Ages 5-6	\$100, \$105 NR (8 ses)	305210-13
9:20 – 10:05 a.m. · Ages 7-8	\$100, \$105 NR (8 ses)	305210-14
10:10 – 10:55 a.m. · Ages 9-10	\$100, \$105 NR (8 ses)	305210-15
11:00 - 11:45 a.m. · Ages 11-13	\$100, \$105 NR (8 ses)	305210-16





### **TENNIS LESSONS - NEXT STEP**

Ages 5 – 13

For individual players who have completed beginning tennis lessons, an additional week session of lesson that will expand on skills acquired in the beginning class. Registration is based on ages as of September 1, 2017. Classes are scheduled Monday through Thursday with *Friday being planned for a rain make-up date if necessary.* 

#### Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N Monday - Thursday, July 24 - 27

8:30 - 9:15 a.m. · Ages 5-6	\$50, \$55 NR (4 ses)	305209-01
9:20 - 10:05 a.m. · Ages 7-8	\$50, \$55 NR (4 ses)	305209-02
10:10 - 10:55 a.m. · Ages 9-10	\$50, \$55 NR (4 ses)	305209-03
11:00 - 11:45 a.m. · Ages 11-13	\$50, \$55 NR (4 ses)	305209-04

#### Weaver Lake Park (upper) tennis courts, 17270 82nd Ave N Monday – Thursday, July 31 - August 3

8:30 - 9:15 a.m. · Ages 5-6	\$50, \$55 NR (4 ses)	305209-05
9:20 – 10:05 a.m. · Ages 7-8	\$50, \$55 NR (4 ses)	305209-06
10:10 – 10:55 a.m. · Ages 9-10	\$50, \$55 NR (4 ses)	305209-07
11:00 - 11:45 a.m. · Ages 11-13	\$50, \$55 NR (4 ses)	305209-08

#### **JUNIOR TEAM TENNIS**

Entering grades 5 - 9

A team tennis program designed to play tennis in a fun, low key environment. Youth grades 5 - 9 for the 2017-2018 school year. Players should have some tennis experience and the knowledge of how to score games/matches. Each age group limited to 20 participants. Matches, one per week. Practices and some matches at Osseo Senior High School tennis courts. Program begins week of June 12 and runs through the week of July 24. Coaches will distribute match schedules at the first practice. Practice, one per week for grades 5 – 9. *Match play will require some travel to other communities. Parents are responsible for their own child's transportation.* 

Osseo Senior High Tennis Courts, next to Osseo Middle School Week of June 12 – July 27 (ex July 3)

Entering grades 5 & 6 \$110 305208-01

Practices on Mondays, 12:30 - 1:30 pm Matches, Tuesdays or Thursdays, 12:30 – 2:30 p.m. (once per week)

<u>Entering grades 7 – 9</u> \$110 305208-02

Practice, Mondays, 1:30 – 2:30 p.m. Matches, Tuesdays or Thursdays, 12:30 – 2:30 p.m. (once per week)

# Youth & Teen Golf, Sand Volleyball, Basketball & Soccer

## YOUTH BEGINNING GOLF

at the Eagle Lake Golf Center Ages 7 – 12

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at <a href="https://www.eaglelakegolf.com">www.eaglelakegolf.com</a>.

Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

Saturdays, June 3 – July 8 (ex July 1)			
1:00 – 2:00 p.m.	\$105 (5 ses)	305201-01	
Fridays, June 16 - July 21 (	ex June 30)		
11:00 – 12:00 p.m.	\$105 (5 ses)	305201-02	
Monday & Wednesdays, Ju	ıly 10 - 24		
1:00 – 2:00 p.m.	\$105 (5 ses)	305201-03	
Tuesdays & Thursdays, Jul	y 11 - 25		
2:00 – 3:00 p.m.	\$105 (5 ses)	305201-04	
Saturdays, July 15 - August 12			
10:00 – 11:00 a.m.	\$105 (5 ses)	305201-05	
Mondays – Friday, July 24 - 28			
10:00 – 11:00 am	\$105 (5 ses)	305201-06	
Tuesday & Thursdays, August 1 - 15			
11:00 – noon	\$105 (5 ses)	305201-07	
Mondays – Friday, August 14- 18			
9:00 – 10:00 a.m.	\$105 (5 ses)	305201-08	
Monday – Friday, September 11 – 15			
6:00 – 7:00 p.m.	\$105 (5 ses)	305201-09	



## **TEEN BEGINNING GOLF** at the Eagle Lake Golf Center Ages 13 – 17

This program is designed as an introduction to the lifetime sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the new Eagle Lake Golf Center, 11000 County Road 10 in Plymouth (approximately 1 mile west of Highway 169). For further information on the Eagle Lake Golf Center, please go to their website at <a href="https://www.eaglelakegolf.com">www.eaglelakegolf.com</a> Eagle Lake Golf Center, 11000 County Road 10, Plymouth, MN 55442

Fridays, June 16 - July 21 (ex June 30)

1:00 – 2:00 p.m. \$105 (5 ses) 308104-01

#### YOUTH SAND VOLLEYBALL

#### Entering grades 1 – 6

It's time for some fun in the sun! During this program you will learn the basic skills needed to play sand volleyball. Each week we will play organized games. If you like playing in the sand, then this is a class for you! Wear sunscreen and bring a water bottle each day.

MG Community Center Sand Volleyball Courts, (west of skate plaza)

Mondays, June 12 - July 17 (ex July 3)

12:15 – 1:15 p.m. • grades 1-3 \$30 305204-01 Mondays, July 31 - August 28 12:15 – 1:15 p.m. • grades 4–6 \$30 305204-02

#### **SUMMER BASKETBALL**

## Entering grades 1 - 4

Enjoy summer hoops, a healthy choice. Join your friends for five fun-filled sessions of basketball instruction, emphasizing basic skills, sportsmanship and confidence!

Maple Grove Community Center, Gymnasium

Mondays, June 12 – July 17 (ex July 3)

9:30 - 10:30 a.m. • grades 1-2	\$30	305205-01
10:45 - 11:45 a.m. • grades 2-4	\$30	305205-02
Mondays, July 31 - August 28		
9:30 - 10:30 a.m. • grades 2-4	\$30	305205-03
10:45 - 11:45 a.m. • grades 1-2	\$30	305205-04

#### **OSSEO YOUTH SOCCER CLINIC**

#### Boys and girls entering grades K-6

Instructional clinic on passing, dribbling, defense and shooting fundamentals. Participants will receive small group and large group instruction in the fundamentals of soccer. Full and small sided scrimmages will be held so participants can practice learned skills in a game like situation. Participants will receive a t-shirt, *please indicate t-shirt size when registering*. Please contact Traci Ohlenkamp, Head Girls Soccer Coach at Osseo Senior High School for questions on program content, <a href="mailto:ohlenkampt@district279.org">ohlenkampt@district279.org</a>.

Osseo Sr High Stadium Field, behind Osseo Middle School Monday – Wednesday, July 31 - August 2

9:00 – 10:30 a.m. \$50 307311-01

#### **OSSEO GIRLS SOCCER CLINC**

#### Girls entering grades 7-12

These clinics are for high school soccer players who want to improve their conditioning and learn the technical and tactical aspects of the game. Participants will be introduced to drills that will be used in the 2017 Osseo soccer tryouts. All ability levels are welcome! Please contact Traci Ohlenkamp, Head Girls Soccer Coach at Osseo Senior High School for questions on program content, <a href="mailto:ohlenkampt@district279.org">ohlenkampt@district279.org</a>.

Osseo Sr High Stadium Field, behind Osseo Middle School

Mondays, June 26, July 10, 17 & 24

9:00 – 10:30 a.m. \$50 307311-02

# Youth & Teen - Basketball Clinics Click here for registration link

### **BOYS BASKETBALL CLINIC**

Entering grades 1 - 8

This **8th annual Osseo/Maple Grove Basketball** clinic is designed to improve basketball player fundamentals. Emphasis will be placed on dribbling, shooting, team play and having fun. Participants will receive a t-shirt and basketball bag; **please indicate t-shirt size when registering.** For program content, call Nick Schroeder 763-213-4241.

 ${\bf Maple\ Grove\ Middle\ School,\ Comm.\ Gym,\ 7000\ Hemlock\ Ln}$ 

Monday - Thursday, June 19 - 22

Entering grades 1 - 4

9:00 – 11:00 a.m. \$90 307101-01

Entering grades 5 - 8

12:00 – 2:30 p.m. \$95 307101-02



# MGSH SUMMER BOYS BASKETBALL ACADEMY

Entering grades 1 - 8

The focus of this academy will be fundamental of basketball and how to use them in a team setting. Players will be taught the proper way to shoot, dribble, pass, catch, defend, rebound and most importantly to have fun. Campers will also be able to showcase what they learn in a game setting such as 3 on 3 and 5 on 5. Maple Grove Crimson basketball players and coaching staff will work closely with campers to ensure safety and learning throughout. A camp shirt will be provided, *please indicate shirt size when registering*. Please contact Maple Grove Head Coach, Nick Schroeder with any questions at 763-213-4241.

Maple Grove Senior High, Gyms, 9800 Fernbrook Lane

Entering grades 1 - 4

Mon-Thurs, June 26-29 9:00 - 11:00 a.m. \$90 307101-03

Entering grades 5 -8

Mon –Thurs, July 10-20 9:00 – 11:00 a.m. \$150 307101-04

# MGSH BASKETBALL BOYS TEAM WORKOUT

Entering grades 9 - 12

Maple Grove Team Workout Camp is an advanced camp for players looking to improve through the Maple Grove system. Players will be pushed by Maple Grove coaching staff in all aspects of the game of basketball to help improve their game for the upcoming season and beyond. Please contact Maple Grove Head Coach, Nick Schroeder with any questions at 763-213-4241. Maple Grove Senior High, Gyms, 9800 Fernbrook Lane

Mondays, Tuesdays & Thursdays,

June 12 - July 27 (ex June 19-22 & July 3-6)

11:00 a.m. – 1:00 p.m. \$100 307101-06



### MAPLE GROVE GIRLS BASKETBALL CLINIC

Entering grades 2 - 7

Instructional clinic focusing on shooting, dribbling, ball handling, one on one defense and game situations. The emphasis will be on skills and techniques used in the Maple Grove High School girls basketball program. *Indicate t-shirt size when registering*. There is a discount for registering for both clinic weeks. For program content, email Mark Cook, <a href="mailto:cookmark@district279.org">cookmark@district279.org</a>.

Maple Grove High School, Gyms, 9800 Fernbrook Lane

Monday - Thursday, June 12 - 15

9:00 – 11:00 a.m. \$70 307102-01

Monday - Thursday, July 24 - 27

9:00 – 11:00 a.m. \$70 307102-02

Taking both clinics \$110 307102-03



# **OSSEO GIRLS BASKETBALL BREAKFAST CLUB** *Entering grades 7 - 12*

An early morning work-out for all potential Osseo Basketball players in grades 7 – 12. The work-outs will consist of position specific drills (posts/guards) designed to improve a players overall skill level. Additionally, team concepts on offense and defense will be presented. Along with drills and instruction, competitive games will also be played. This is an excellent opportunity for players to get to know the coaching staff and to work on their basketball skills in a fun, instructional and competitive atmosphere Osseo Breakfast Club t-shirts will be included in enrollment, *please indicate t-shirt size when registering*.

Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo

Tuesday - Thursdays, June 13 - 29

7:00 - 8:30 am \$50 307302-02

# **Athletic Training & Clinics Click here for registration link**



#### **OSSEO VOLLEYBALL CLINIC**

#### Entering grades K - 8

Learn the FUNdamentals of volleyball. This is an instructional clinic that emphasizes development of individual skills, passing, setting, attacking, serving and team skills. Participants will be separated by age and skill level. *Please indicate t-shirt size when registering*. For program content, call Mandi Burian 763-639-3889.

Osseo Senior High School, Gym, 317 2nd Ave NW, Osseo

Monday - Wednesday, June 26 - 28

Entering grades K – 5

11:15 - 1:00 p.m. \$50 307318-01

Entering grades 6 - 8

9:00 – 11:00a.m. \$50 307318-02

## MAPLE GROVE VOLLEYBALL CLINIC

#### Entering grades K - 9

A fun and instructional camp emphasizing basic skills such as passing, setting, hitting and serving as well as game concepts and strategies. Learn from experienced players and coaches through games and drills used to develop skills, increased knowledge of strategy, and a love of the game. Wear comfortable clothes and bring tennis shoes and a water bottle. *Please indicate t-shirt size when registering*. For program content, contact Sean Haugen at 763-300-1827 or sjhaug72@gmail.com

Maple Grove Senior High, Main Gym, 9800 Fernbrook Lane

Monday - Wednesday, June 12 - 14

Entering K - 5

9:00 – 10:30 a.m. \$50 307118-01

**Entering grades 6-9** 

11:00 – 1:00 p.m. \$50 307118-02

# MAPLE GROVE YOUTH WRESTLING SUMMER CLINIC

## Boys and girls entering grades K-12

Summer wrestling program for athletes entering grades K-12. Registered athletes will receive a Maple Grove Wrestling T-shirt. For program content, contact Troy Seubert by email <a href="mailto:mgwrestling99@gmail.com">mgwrestling99@gmail.com</a> or by phone 763-913-0601.

Maple Grove Senior High, Wrestling Room

Mondays & Thursdays, June 19 – July 20 (ex July 3 & 6) Entering grades K – 4

5:30 - 6:30 pm \$20 307117-01

Entering grades 5 – 12 (or advanced 3rd and 4th)

6:30 - 8:00 pm \$20 307117-02



# **ORIOLES TENNIS ACADEMY**Boys and girls entering grades 6 - 12

A high-energy, instructional tennis camp for players of all levels. Players should have the desire to improve their game and have their sights on playing varsity level tennis. Orioles Tennis emphasizes proper technique on all the basic tennis shots: serve, return, groundstrokes, volleys, lobs, overheads, dropshots. Includes point play to improve strategy for both singles and doubles matches. The coaching staff will help players improve their footwork, shot-making skills, and perform better on court. For more information: Twitter <u>@tennisosseo</u> or contact Coach Rusche at <u>tennis@brianrusche.com</u>.

Osseo Senior High Tennis Courts, next to Osseo Middle School

Monday – Thursday, June 12 – July 27 (no camp July 3-6)

8:10 - 10:00 am Varsity & top JV \$195 307313-01

10:10 am - noon JV & C \$195 307313-02

Coaches reserve the right to move players into the appropriate group based on tennis ability. If you're not sure which group is right, there is an optional free evaluation clinic on Saturday, April 15 at 1:00 pm at Osseo Senior High courts. You must sign up for the free evaluation clinic by emailing tennis@brianrusche.com.

# MAPLE GROVE/OSSEO NORDIC SKIING SUMMER TRAINING PROGRAM

Girls & Boys entering grades 7 – 12

This cross training program put on by coaches from the Maple Grove and Osseo Nordic Teams will develop skiers for the winter Nordic Ski season. This program is open to athletes <a href="https://www.nordic.skied.co...">www.nordic.skied.co...</a> for a high school team for at least one season. Workouts will focus on developing skill, form, stamina, endurance and strength through roller-skiing, running, walking, and strength workouts. Roller-skis are available to rent through the teams. Please wear comfortable clothes and shoes suitable for running and bring a water bottle.

There will be an informational meeting for anyone who is interested on Monday, April 24 from 6:30 – 7:00 p.m. at Maple Grove Senior High in Coach Gifford's room (187). Contact Coach Gifford at <a href="mailto:giffordm@district279.org">giffordm@district279.org</a> or 763-639-6282 for more information about program content.

Practices will all begin at Maple Grove Senior High, outside the cafeteria.

Maple Grove Senior High, outside the cafeteria

June 12 – July 28 (excluding July 1 – 7)

Mondays and Tuesdays 6:30 pm - 8:30 pm Wednesdays and Thursdays 10:00 am - noon

2 days a week \$130 307509-01 3 or 4 days a week \$170 307509-02

# **Training & Cheerleading Click here for registration link**



#### **CROSS COUNTRY CAMP**

Ages 10-14

Does your child love to run? Do they enjoy challenge and adventure, personal success through hard dedication and hard work? This camp is perfect for ANY athlete looking to build their aerobic capacity. Improving muscular, cardiovascular and nutritional health, Endurance Adventure Camp will inspire confidence and independent victories. Progressively built training runs, group games, core conditioning and nutritional guidance. No running experience necessary. Get ready for fast fitness, new friends and miles of fun! Instructor, Pam Baker, Generation Endurance.

Various locations in the northwest suburbs. 1st gathering will be at Elm Creek Park Reserve, Acorn area (east of the swim beach), 12400 James Deane Parkway, Maple Grove

Mondays, June 19, 26, & July 10, 17, 24, 31, 3:00-4:30 pm Tuesdays, June 27 & July 11, 8:00 - 9:30 am Wednesdays, July 19, 26 & Aug 2, 9, 8:00-9:30 am Thursdays, June 22, July 6, 13, 20 & Aug 10, 3:00-4:30 pm Friday, June 23, July 7 & Aug 4, 8:00-9:30 am Saturday, August 12, 7:30-9:00 am

\$222 (20 ses)

307514-01

# YOUTH NON-COMPETITIVE TRIATHLON TRAINING

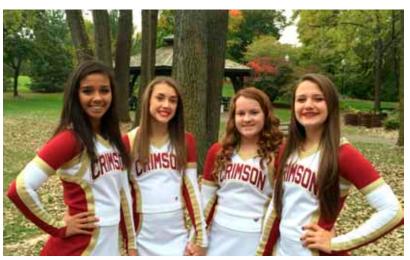
Ages 7 - 11

Most kids like to SWIM.. BIKE.. and RUN, so GO AHEAD, try a tri! This non-competitive class focuses on quality of life, improving, engaging and inspiring vs. competition. In this program, your child will learn the basic fundamentals of triathlon training from experienced triathletes in a safe and encouraging environment. The open water swim is lead by a Foss Swim school instructor. \*Children don't have to know how to swim to participate; water levels are shallow, so the athletes can stand in the water.\* The primary objective of this program is to expose our youth to new and exciting ways to stay physically active while promoting a life-long pursuit of health and wellness. Many athletes who train with us learn specific skills to participate in the Miracles for Mitch Triathlons – Racing for kids that can't. This is optional and is not required to participate in this program. Instructor, Pam Baker, Generation Endurance.

Fish Lake Regional Park, 14900 Bass Lake Rd (meet at the Pavilion)

Tuesdays, July 25 – August 15

8:30 – 10:00 a.m. \$82 (4 ses) 307515-01



## **CHEERLEADING CLINIC**

Ages 6 - 14

Cheers for better health!! While this program teaches girls and boys all about the world of cheerleading, it also provides fun while staying fit! Cheers, chants, jumps and basic stunts will be taught be energetic staff from Planet Spirit. Parents are invited to watch a skills performance at 11:00 a.m. the last day of class. All equipment is provided. *Wear comfortable clothing.* Participants will be divided by age.

Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane Monday – Thursday, June 26 - 29

Monday – Thursday, June 26 - 29

9:00 – 12:00 p.m.

307503-01



# **Athletic Clinics & Basic Lacrosse Click here for registration link**

#### **FLAG FOOTBALL CLINIC**

Ages 6 - 12

Learn the fundamentals of flag football through skill development and small group games. Individual skills include: passing,

catching and punting along with offensive and defensive strategies. Children will be divided by age and skill level. *Participants are asked to bring a water bottle, snack & sunscreen.* Sports Unlimited coaching staff. Maple Grove Middle School Soccer/

Football Field, 7000 Hemlock Lane Monday – Thursday, July 10 - 13

9:00 – 12:00 p.m.

307505-01

Monday – Thursday, August 7 - 10 9:00 – 12:00 p.m. \$85

307505-02





## QUARTERBACK/RECEIVER/RUNNING BACK FOOTBALL CLINIC

Ages 8-13

Learn position skills. **Quarterback instruction:** Stance, exchange, drops set up, sprint out play action, screens, ball handling, options, reading defenses and field leadership. **Receiver instruction:** Stance, start, release, route, running, cuts, receiving, blocking and reading defenses. **Running Back instruction:** Stance/starts, screen steps, hand offs, foot work, pass blocking and catching drills. Athletes will be divided by age and skill level. Staff to participant ratio is 1:8. Participants should bring a water bottle and sunscreen. Sports Unlimited coaching staff. **Maple Grove Middle School, Soccer/Football Field** 

Monday – Thursday, July 24 – 27

9:00 – 12:00 p.m. \$135 307510-01

## **MINI-SPORT & MULTI-SPORT CLINICS**

Ages 4-12

An introductory program desinged for young children to explore baseball, soccer, non-contact lacrosse and flag football in a fun and non-competitive setting. Children participate in multiple activities every day through unique Sports Unlimited games. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff.

Maple Grove Middle School Soccer/Football Field

Monday - Thursday, June 26 - 29

9:00 a.m. – 12:00 p.m. · Ages 4-6 \$85 307519-01 1:00 – 4:00 p.m. · Ages 6-12 \$85 307519-02

#### **ULTIMATE FRISBEE CLINIC**

Ages 8-14

Introduction to the sport of Ultimate Frisbee through skill development and small group games. Children will be divided by age and skill level. *Participants should bring a water bottle, snack and sunscreen.* Sports Unlimited coaching staff.

Central Park Great Lawn, 12000 Central Park Way

Monday - Thursday, July 31 - August 3

9:00 – 12:00 p.m. \$85 307516-01



#### **BEGINNER LACROSSE CLINICS**

Ages 5-12

Learn to catch, throw, scoop and cradle through non-contact lacrosse. Stick and ball will be provided. Children will be divided by age and skill level. Participants should bring a water bottle, snack and sunscreen. Sports Unlimited coaching staff.

Maple Grove Middle School Lacrosse Field (near the Community Gyms)

Monday - Thursday, June 19 - 22

9:00a.m. – 12:00p.m. · Ages 5-8 \$85 307507-01 1:00 – 4:00 p.m. · Ages 8-12 \$85 307507-02

Monday – Thursday, July 17 - 20

9:00a.m. – 12:00p.m. · Ages 5-12 \$85 307507-03

### **DISCOVER LACROSSE**

**Late Summer** 

Girls & Boys entering grades 1 – 4

Learn basic non-contact lacrosse skills, play games and have fun!
Participants need to bring their own lacrosse stick.
Maple Grove Middle School Lacrosse Field (near the

Maple Grove Middle School Lacrosse Field (near the Community Gyms)

Tuesdays & Thursdays, August 8 - 17

6:00 – 7:30 p.m. \$50 305211-01

# Strength & Conditioning Clinics Click here for registration link

## MAPLE GROVE MIDDLE SCHOOL STRENGTH AND CONDITIONING

### Entering grades 6 – 8

A strength and conditioning program for girls and boys entering grades 6 - 8 for fall 2017. This would be a great opportunity for students entering 6th grade to become familiar with the Maple Grove Middle School building and the fitness center. The program is designed to develop proper techniques in weight training and improve physical strength. Cardiovascular conditioning and plyometrics will help improve individual endurance, balance and quickness. For program information contact Gary Stefano, 763-315-7627.

Maple Grove Middle School, Weight Room, 7000 Hemlock Lane

Tuesdays, Wednesdays and Thursdays

June 13 - July 20 (ex July 4, 5 & 6)

8:00 - 9:15 a.m. 307212-01 9:30 - 10:45 a.m. 307212-02 \$80



## **OSSEO STRENGTH TRAINING** & SPEED DEVELOPMENT

The Osseo Speed and Strength program offers each male and female athlete the opportunity to increase their athletic performance. This is accomplished through a professionally designed speed and strength development program with certified trainers and coaches. All students from grades 5-12 are welcome. This program has proven to assist its participants to have greater success in their respective sports and general fitness levels. Will need t-shirt and short sizes.

Osseo Senior High, Weight Room & East Gym, 317 2nd Ave NW, Osseo

Monday - Thursday, June 12 - August 10 (ex July 3 - 6)

7:30 - 9:00 a.m. · JV/Varsity \$110 307312-01 9:00 - 10:30 a.m. · Freshmen/Sophomore \$110 307312-02 10:30 - 12:00 p.m. · Grades 5-8 \$110 307312-03



#### MAPLE GROVE CRIMSON POWER PROGRAM

#### All grades are incoming grades for next year.

The focus of this program is to prepare athletes for competition and prevention of athletic injuries. Muscular strength, flexibility, speed, agility and acceleration will be emphasized with the help of professionally developed training methods. For program content information contact Coach Lombardi at <a href="mailto:lombardim@">lombardim@</a> district279.org. Scholarships are available.

Maple Grove Senior High Strength Development Center (SDC) and athletic fields. Use the lower level west entrance, "C".

Mondays, Tuesdays, Wednesdays & Thursdays June 12 – August 1 (ex July 3 - 7)

#### 7:30 - 10:15 a.m.

#### \$180

307112-01

~ Grades 9-12: High intensity training (football focused) in weights, body positioning, explosion, speed and athleticism. A curriculum based workout is used. (The focus of this training is centered around training for more short spurt, anaerobic sports.)

### 9:00 - 10:45 a.m.

307112-02

~ Grades 9-12: Curriculum based workout, but is more non-sports specific. Workouts involve strength, endurance, and movement progressions with a strong emphasis on technique in both the weight room and running. (Many times longer distance, aerobic type sports have flourished in this session.)

#### 10:30 - 12:15 p.m.

~ Grades 6-8: Introduction to the weight room. Workouts include 1 hour in the weight room daily followed by 45 minutes of different competitions that increase athleticism.

# **Teen Happenings**

#### MAPLE GROVE TEEN CENTER

The Teen Center is open to teens entering grades 6 - 12. The Teen Center is packed with things to do; iTunes music, pool tables, video games, surround sound movie room, lounge area, Xbox One and more! Most of all teens can be themselves and have fun in a safe environment. The Teen Center is located inside the Community Center, teens have access to the gymnasium, Grove Cove Aquatic Center, ice arena, skate plaza and concession stand.

#### **HOURS OF OPERATION**

#### School's Out Schedule Beginning June 9, 2017

Monday - Wednesday	10:00 a.m 8:00 p.m.
Thursday	10:00 a.m 9:00 p.m.
Friday & Saturday	10:00 a.m 10:00 p.m.
	(except Teen Events)
Sunday	12:00 p.m 6:00 p.m.

#### **Holidays**

Monday, May 29, Memorial Day	.10:00 am-6:00 pm
Tuesday, July 4, Independence Day	10:00 am-6:00 pm
Monday, September 4, Labor Day	10:00 am-6:00 pm

## **TEEN CENTER BIRTHDAY PARTIES**

**Grades 7 - 12** 

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables, iTunes music, Xbox 360 and movie room. You will be given 1 roll of quarters to play the arcade games. You can watch your favorite movies, listen to your favorite music and so much more. Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation

Summer Birthday Parties are June 9 - September 4.

\$90.00 Teen Center will be open to the public Private Teen Parties are available Monday-\$100.00

Thursday, 7:00-9:00 p.m. and Sunday, 6:00-8:00 pm.

#### **TEEN CENTER RENTAL INFORMATION**

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. See page 69 for details.



Like us on Facebook/Maple Grove Teen Center!

## MAPLE GROVE TEEN ADVISORY **GROUP MG-TAG**

Calling all Maple Grove Teens!

The Maple Grove Teen Center wants your input. We are an all youth advisory group, we provide feedback on programs and operations of the Maple Grove Teen Center and our goal is to enhance the quality of teen programs in Maple Grove. We want to hear your voice. All members are in grades 6 - 12. Some of the events we will participate in are Maple Grove Days, Club Night at the Teen Center and the Teen Center Open House. Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:00 p.m. Our summer meetings are: June 1 & 15, July 6 & 20, August 3 & 17.

What are the Membership Requirements?

Youth in grades 6 to 12 - able to attend monthly meetings, willing to participate in MG-TAG discussions and projects and willing to respect the involvement, privacy and opinions of others. Sign up today! MG-TAG registration form available at www.maplegrovemn.gov on the Teen Center page.



## RANDOM ADVENTURES

Entering grades 6 - 12

Join us as our Maple Grove Teen Advisory Group plans a miniadventure each month at the Maple Grove Teen Center. Learn a new sport, play some volleyball or join in

a giant game of hide and seek. The adventure will be planned by TAG and the fun will be endless. Sign up in the Teen Center before the event time. Dress

for the weather; we will be outside rain or shine!

**Maple Grove Teen Center** 

Thursday, June 22 Thursday, July 27 Thursday, August 24

5:30 - 7:30 p.m. Free



# Teen Happenings Click here for registration link



## CREATIVE HEALTHY COOKING

Aaes 11-17

Learn to prepare unique and health-conscious dishes from scratch. Impress your family and friends by making fun healthy snacks and entrees. The final day of the session you can invite your friends and family to taste your creations on the patio overlooking Eagle Lake. (2 guests per student.) Fee includes all supplies.

Eagle Lake Community Building, 6259 Eagle Lake Drive

Fridays, June 23 - July 21

10:00 a.m. - noon \$55 308105-01

## **CAKE WARS - SCHOOL SPIRIT**

Ages 10 - 17

Just like the popular TV show Cupcake Wars; but this time you and your team will have an entire cake to decorate! You and your teammate(s) will brainstorm your best School Spirit Design and then decorate your team's cake. You will use colorful bags of icing and a variety of decorating metal tips to create your masterpiece. Compete against the other teams and produce the most creative and uniquely designed cake. Judges will determine a winner at the end of class. All supplies will be provided and all participants will take home a piece of their cake!

Please Note: Cakes are purchased through Cub Foods. If you have any food allergies, please contact the Maple Grove Cub Foods Bakery to inquire about all ingredients used in these products. **Maple Grove Community Center** 

Monday, August 14

11:00 a.m. - 1:00 p.m. \$30 308401-01

# **DUCT TAPE FASHION SHOW WORKSHOP**

Ages 11 – 17

Are you designing an outfit for the Duct Tape Fashion Show? Do you need space to work on your creation? Join us on Tuesday mornings in the Teen Center to work on your creation with lots of space, others that share your passion for design and share tips and tricks on how to showcase your best work. The sky is the limit! All artistic abilities are welcome. Bring your supplies for your outfit; we will provide the workspace.

Community Center, Teen Center - Movie Room

Tuesdays, June 13 - July 11

9:00 - noon Free

#### **TEEN ANIME CLUB**

Ages 12 - 17

Join us to watch anime movies in the Teen Center. This group will meet alternating weeks at the Maple Grove Library and at the Maple Grove Teen Center! Join in on the fun; something different every time. For Maple Grove Library meeting dates go to www. hclib.org

**Community Center, Teen Center** 

Thursday, June 22, July 6, 20 & August 3, 17 **FRFF** 

2:00 - 4:00 p.m.

#### **BATTLE OF THE BANDS**

Teen Bands ages 12 - 18

Teen Bands are NEEDED! Any band with members 18 years of age and under can participate! The top band will receive a recording session from the Institute of Production and Recording at Master Mix Studios and have the opportunity to perform during Maple Grove Days on Saturday, July 15 at the Town Green. Only six bands will perform. Bands will be chosen on a first-come first-serve basis. Contact Tanya Hilger at 763-494-6512 or go to www.maplegrovemn.gov/community-center/teen-center for an application. You will be required to submit a recording of your band's music and the lyrics. Reg. accepted immediately.

**Maple Grove Town Green** 

Friday, June 16

7:00 - 10:00 p.m. \$30/band 308102-01

#### **JAMMIN' AT MG TEEN CENTER**

All Aaes

Join us at in the Teen Center for our new event Jammin'. This is a laid back time for musicians to share original music or play their favorite songs on their favorite instruments. Bring sheet music to share, drop your original song or just come to enjoy the talent. Jammin' will meet from 7:00 pm - 9:00 pm on Fridays in the Teen Center. We can't wait to hear you play! You must bring your own instruments.

**Community Center, Teen Center** Fridays, June 23, 30, July 7, 21, 28 7:00 p.m. – 9:00 p.m. Free

#### **LEARN TO PLAY POOL**

Entering grades 7-10

Cool off this summer in the teen center playing pool! Learn the tricks of the game. Join our team and learn how to play 8 Ball, 9 Ball and more. Master trick shots and challenge the instructors. Fees include table time.

**Community Center, Teen Center** 

Mondays, June 19 - July 31

1:00 - 3:00 p.m.

308108-01

#### **ALL AGES POOL LEAGUE**

From beginner to pro all abilities are welcome to join us to play pool. Practice and share your techniques while meeting up with community members that have the same interests as you. Learn a variety of games such as 8-ball, 9-ball and 3 person games. League play will be based on the number of participants and determined at the beginning of the session. Fees include table

**Community Center, Teen Center** 

Tuesdays, June 20 - August 22

10:00 - noon \$10 308108-02

# Teen Happenings Click here for registration link

#### **SCROLLING GAME DEVELOPMENT**

Ages 12-17

Learn how to make 2D scrolling games playable on Windows, web and mobile devices using Scrolling Game Development Kit 2. The author of this free kit and associated guide book will guide students through developing jump & run games, a scrolling shooter, and RPGs with stories and cut scenes. A guide book and a flash drive with course content are included. . When we're done, students will have the skills to make their own 2-D games playable on desktop, web and mobile devices. See <a href="https://youtu.be/yo4iw8126Xk">https://youtu.be/yo4iw8126Xk</a> for an intro from the instructor. Each student can bring one friend to collaborate with them as we walk through the activities, but only one book and flash drive will be provided per registered student.

**Maple Grove Community Center** 

Monday – Friday, June 19 - 23

9:00 – 11:00 a.m. \$70

308416-01

308416-02

Fee includes Development Kit 2 book & USB flash drive

#### JAVA MINECRAFT MODDING: SUPER TOOL

Ages 10-16

New Class. Create a custom super-tool. Learn and use elements of Java coding to combine the functions of the tools into one super-tool. Students should be comfortable with keyboarding and of course playing MINECRAFT! At the end of the class you will take home your MODS to share with family and friends. Bring a USB drive, snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center** 

Monday - Wednesday, June 26 - 28

9:00 - noon \$120

# DIGITAL FILM PRODUCTION: SPECIAL EFFECTS

Ages 10-16

Become a cinematographer as you shoot and create unique digital shorts. Learn film editing basics and how to use Hollywood styled special effect techniques. The groups final projects will be emailed to parents or you can bring a USB. A student photography release must be signed for the class. Bring a snack and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center** 

Monday - Wednesday, July 10-12

9:00 a.m. – noon \$120 308416-03

## **CODING: HACKING JAVA GAMES**

Ages 10 - 16

Hack into the code of classic games. Students will learn Java Coding skills while modifying games such as Asteroid, Tetris, Snake and more. Coding beginners and more experienced students will love this class. Students must have basic keyboarding skills and a flash drive to save their code. Bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

**Maple Grove Community Center** 

Monday - Wednesday, July 31 - August 2

9:00 - noon \$120 308416-04



## SKATEBOARDING LESSONS WITH 3RD LAIR

Ages 7 and older

Beginners to experts and everybody in between is invited to enroll in this clinic. It will be taught by 3<sup>rd</sup> Lair Skate Park Instructors. Skaters will learn ollies, kick flips, heel flips, ramp riding and much more. The instructors will also teach skate park safety and etiquette. Each participant will need his/her own skateboard and helmet. Kneepads, elbow pads and wrist guards are recommended.

**Maple Grove Skate Plaza** 

Monday - Wednesday, June 12 - 14

9:00 – noon \$120 308107-01

Monday - Wednesday, July 17 - 19

9:00 – noon \$120 308107-02

Monday - Wednesday, August 7 - 9

9:00 – noon \$120 308107-03

# 3<sup>RD</sup> LAIR'S ANNUAL SUMMER SERIES SKATEBOARD CONTEST

Anyone who likes to skateboard

Points will be given to each competitor based on their final standing at each contest. Winners of each division will receive a "Golden Ticket" to the MIDWEST MELEE – held at 3<sup>rd</sup> Lair at the end of the summer. The Midwest Melee will be the finale of the contest series and there will be 3 overall point winners – beginner, intermediate and expert. Registration opens at 2:00 p.m.

**Community Center Skate Plaza** 

Saturday, July 22

2:00 p.m. - Registration, 3:00 p.m. - Competition



# SCHOOL SPIRIT LOCKER ART WITH ARTISTIC MOMENTS

Show off your creativity by decorating your locker. Paint your favorite photograph to display in your locker at school. Join us as we learn how to use brushes and painting techniques to paint photos on canvas. Have fun mixing and applying easy-to-use acrylic paints to create your very own work of art! You will attach a magnetic backing to your work of art for easy display. Bring in your favorite 8.5" x 11" picture (photograph or photocopies). All artistic abilities are welcome!

**Maple Grove Community Center** 

Tuesday, August 15

11:00 – 1:00 p.m. \$30 308412-01

**FREE** 

# Teen Happenings Click here for registration link

#### **OUTDOOR ADVENTURES WITH DIRO OUTDOORS**

#### **KAYAKING 101**

#### Ages 11-17

Learn to kayak in a safe and fun environment. Learn water safety, basic paddling strokes and techniques and what to do in a wet exit. Spend time practicing your newly learned skills and finish up the class racing through an obstacle course designed for fun and showcasing what you have learned. Kayak, paddle and PFD provided. Participants should bring a snack, towel and sunscreen. Wear a swimsuit and appropriate footweat, no flip flops.

Weaver Lake Park, 8401 Dunkirk Lane

Wed., June 28, 1:00-3:00 pm	\$54	308109-01
Wed., July 26, 1:00-3:00 pm	\$54	308109-02
Wed., Aug 23, 1:00-3:00 pm	\$54	308109-03

#### TREE VILLAGE KAYAK ADVENTURE

Ages 11 - 17

Spend a fun filled afternoon paddling on Fish Lake and then explore a tree tent village, where you can relax and enjoy nature from a new perspective in these hammock like tents up among the trees. Participants will become one with the trees and experience a new way to relax and hangout in a cluster of trees before paddling back to the starting point. Kayak, paddle, PFD and tree tents provided. Participants should bring water, a snack, towel and sunscreen. Wear appropriate footwear for hiking and a swimsuit; you will get wet.

 Fish Lake Regional Park, boat launch, 14900 Bass Lk Rd

 Thur, June 15, 1:00-4:00 pm
 \$80
 308109-04

 Wed., July 19, 1:00-4:00 pm
 \$80
 308109-05

 Wed., Aug 9, 1:00-4:00 pm
 \$80
 308109-06

#### **RIDING MOUNTAIN BIKE OBSTACLES**

#### Youth ages 11-17

Have you ever wanted to try riding over obstacles? Join us for this introductory course to learn skills and become more confident in Mountain Biking over obstacles. Learn bike positioning, balance and how to safely approach and ride obstacles. Participants will progress from simple on the ground obstacles to more challenging. Learn how to navigate over sticks, logs, beams, ladder bridges, teeter totters and more. Participants should bring water, a snack and sunscreen. Wear appropriate footwear for biking - no flip flops. *Bring your own bike and helmet too!* 

Boundary Creek Park, 10122 104th Ave N

Wed., June 14, 1:00-4:00 pm \$59 308109-07 Wed., Aug 2, 1:00-4:00 pm \$59 308109-08

#### **WHAT SUP? TEEN PADDLE BOARDING 101**

Stand up Paddle Boarding, that's what's up. Learn to paddle board in a safe and fun environment. Participants will learn about water safety, basic paddling strokes and techniques and recovering from a fall. We will spend time paddling around Weaver Lake practicing these newly learned skills. Finish up the day racing through an obstacle course designed for fun and to showcase your newly learned skills. Paddle board, paddle and PFD will be provided. Participants should bring water, a snack and sunscreen. Wear a swimsuit and towel; you are sure to get wet!

Weaver Lake Park, 8401 Dunkirk Lane

Thurs., June 29, 1:00-3:00 pm	\$54	308109-09
Thurs., July 27, 1:00-3:00 pm	\$54	308109-10
Thurs., Aug 24, 1:00-3:00 pm	\$54	308109-11

## **BACK TO SCHOOL TEEN FASHION PREVIEW**

Youth ages 12-18

The Parks and Recreation Department and The Shoppes of Arbor Lakes are co-hosting the Annual Back to School Fashion Preview! This amateur show will showcase new and upcoming fashion styles for back to school. Participants will model clothing supplied by local retailers. The show will be held at the Community Center. Spectators will be charged \$5.00 at the door. Come out and enjoy food, beverages, support our youth, win door prizes, pick up coupons for your favorite shops and enjoy the runway show. WANTED: Teen boys and girls between the ages of 12 and 18 are needed to model clothing in the Back to School Fashion Preview. Model registration will be accepted on a first come first serve basis until all 60 spaces are filled. Deadline for registration is Thursday, July 6 at 4:30 pm. Participants will not be compensated; no head shots please. Indicate shirt, slacks and shoe size when registering.

**Maple Grove Community Center, Banquet Room** 

Wednesday, August 16

6:30 - 8:00 p.m. Free (models) 308110-01



# BACK TO SCHOOL CELEBRATION IN THE TEEN CENTER

Entering grades 7 - 12

End of Summer Celebration! Join us as the Maple Grove Teen Center transforms into a Night Club for teens. There will be music, dancing, a DJ and VIP lounge. Come into the Teen Center the week of August 21st to find out how you can be a VIP.

**Community Center, Teen Center** 

Friday, August 25

7:00 - 10:00 p.m.

Free

# Maple Grove Days Events for Teens Click here for registration link

#### **CAPTURE THE FLAG**

#### Ages 11-17

Join us for the largest game of Capture the Flag you will ever play! Teens will be divided into teams at Weaver Lake Park, bring a friend and be prepared to have some fun. Participants are encouraged to wear appropriate shoes for running and to bring their own drinking water.

Weaver Lake Park, 8401 Dunkirk Ln N

Friday, July 14

3:00 – 5:00 p.m. Free



## **DUCT TAPE FASHION SHOW AND CONTEST**

#### Ages 10 - 17

Are you a believer you can make anything with duct tape? Then here is your challenge. Design your runway outfit from duct tape and enter the Duct Tape Fashion Show! The category for judging is Runway Outfit. First place prize is \$50. Participants will meet at the Town Green at 12:30 p.m. Participants will be on stage at 1:00 p.m.

Maple Grove Town Green

Saturday, July 15

1:00 - 1:30 p.m. \$10 308415-01

## **3-ON-3 BASKETBALL TOURNAMENT**

#### Ages 11 - 17

Join us for tan outdoor 3 on 3 basketball tournament. Teams will compete in two age groups in a 3 on 3 tournament; 11-14 and 15-17. Team schedules will be determined the morning of the tournament. All teams must be preregistered to participate. Meet at the courts in Central Park of Maple Grove at 9:45 a.m.

Central Park of Maple Grove, basketball courts, 12000 Central Park Way

Friday, July 14

10:00 a.m. Ages 11-14 \$20/team 308101-01 10:00 a.m. Ages 15-17 \$20/team 308101-02



# BATTLE OF THE BANDS WINNER PERFORMANCE

The winner of the Battle of the Bands contest held on June 16 will perform on stage at the Town Green on Saturday, July 15 for Maple Grove Days.

Maple Grove Town Green Saturday, July 15 2:00 - 2:30 p.m. FREE

#### **SKATE PLAZA**

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. The new skate plaza is open daily during park hours from 6:00 a.m. - 11:00 p.m. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear is strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility. *Use this facility with safety in mind! June 21st is National Go Skateboarding Day - come skate with us at the Maple Grove Skate Plaza!* 





# Adult/Teen Fitness Click here for registration link

#### **BEGINNING YOGA**

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have no advanced Yoga experience. Come stretch and relax. Instructor, Dee James. Bring a mat for floor work.

Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane Mondays, June 12 – August 28 (ex July 3)

6:00 - 7:00 p.m. \$77 (11 ses) 309204-01

Wednesdays, June 14 - August 30 (ex July 5 & 26)

6:00 – 7:00 p.m. \$70 (10 ses) 309204-02



# **ALL-LEVELS YOGA**

#### **Morning Class**

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for floor work*.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane
Wednesdays, June 14 - August 16 (ex July 5 & 26)

8:30 - 9:30 a.m. \$56 (8 ses) 309204-03

## **VINYASA FLOW YOGA**

#### Intermediate/Advanced

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done Yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work*.

Maple Grove Middle School, Gym D/E, 7000 Hemlock Lane

Mondays, June 12 – August 28 (ex July 3)

7:10 - 8:10 p.m. \$77 (11 ses) 309212-01

#### **YOGILATES**

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work.* Instructor, Kristie Walker.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Thursdays, June 15 – August 31 (ex July 6)

6:00 – 7:00 p.m. \$77 (11 ses) 309214-01

#### **BARRELATES**

Join us for a group fitness class that combines Pilates, dance, Yoga and sculpting movements. Using predominantly bodyweight, this class challenges the whole body, especially the muscles of the legs, butt and core in a completely new way to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet effective, workout experience. This class is designed for healthy individuals with no previous dance experience. *Please bring a mat to class*. Instructor, Kristie Walker.

Maple Grove Middle School, Gym A/B, 7000 Hemlock Lane Thursdays, June 15 - August 31 (ex July 6)

7:10 – 8:10 p.m. \$77 (11 ses) 309218-01



#### STRENGTH TRAINING AND TONING

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. Wear comfortable clothing and bring your hand weights and a mat for floor exercises.

Osseo Senior High School, Cafeteria, 317 2nd Ave NW, Osseo

Mondays, June 12 - August 21 (ex July 3)

7:30 – 8:20 p.m. \$70 (10 ses) 309209-01

Wednesdays, June 14 - August 23 (ex July 5)

6:30 – 7:20 p.m. \$70 (10 ses) 309209-02

# Adult/Teen Fitness Click here for registration link



## **SUN SALUTATION SATURDAYS**

## Saturday Morning Class at Central Park of MG

A guided experience in a peaceful environment that is powerful, detoxing, energizing and invigorating. Stress less, increase flexibility, restore a healthy mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for ground/floor work*. **During inclement weather, group will meet inside the building (with the exception of May 6).** 

Central Park of Maple Grove, The Garden, 12000 Central Park Way (2 blocks east of the Library)

Saturdays, April 29 - August 26 (ex May 27 & July 1)
8:30 - 9:30 a.m. free-will offering (16 ses)
No registration required



#### 50/50 COMBO FITNESS

Half cardio, half strength training, 100% fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A great total body workout. Please wear appropriate workout shoes and clothes.

Bring a mat for the cool down segment. Instructor, Renae Cole.

Osseo Senior High School, Cafeteria, 317 2nd Ave NW, Osseo Wednesdays, June 14 - August 23 (ex July 5)

7:30 – 8:20 p.m. \$70 (10 ses) 309206-01



#### **PRENATAL YOGA**

Join Blooma certified Prenatal Yoga Instructor and birth doula Laura Honeck for 60 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome. *Please bring a Yoga mat and a firm pillow.* Some props, tea and aromatherapy provided. This is a class for women only.

Eagle Lake Community Building, 6259 Eagle Lk Dr.
Wednesdays, June 14 - August 23 (ex July 5 & Aug 2)
7:00 – 8:15 p.m. \$63 (9 ses) 309208-01

#### **KETTLEBELL FITNESS**

The Russian Kettlebell is the best system for achieving rapid yet consistent gains in muscle strength, power, energy and functional performance with a single, simple tool. Certified Kettlebell Instructor, Roxanne Altmeyer RKC & EMT, gives you a perfect mix of follow-along kettlebell workouts. This workout is done in bare feet or flat soled shoes. Wear loose-fitting clothing, bring water and your own bells if you have them! If pre-existing health conditions or injuries exist, check with your doctor before starting this physically challenging class. Don't forget the sweat towel!

Osseo Senior High School, Cafeteria, 317 2nd Ave NW, Osseo Tuesdays, June 13 – August 29 (ex July 4 & Aug 1)
6:00 - 7:00 p.m. \$70 (10 ses) 309207-01

#### **DOG OBEDIENCE TRAINING \*NEW\***

One dog per participant

See page 13 for details.

#### **FAMILY YOGA**

Ages 4 – Adult (Children must be accompanied by adult)
See page 20 for details.

# Adult/Teen Health & Fitness Click here for registration link



#### STAND UP PADDLEBOARDING/YOGA

Kim Olson, owner of Pura Paddle, a company specializing in Yoga and stand up paddleboarding (SUP), is a 200 hour certified Yoga Instructor and WPA Level 1 instructor. Check out www. purapaddle.com for more information. Classes are held at the Eagle Lake Boat Access, 6861 Magda Dr., Maple Grove. Vehicles without trailers can use Woodcrest Neighborhood Park, 6800 Magda Drive for parking.

#### **STAND UP PADDLEBOARDING 101**

Includes on and off the water training! Participants will learn the basics of SUP (stand up paddleboard), including equipment, launch technique as well as general safety instruction. Use of a regulation Paddleboard included.

Wadnesday June 21

wednesday, June 21		
6:00 - 7:00 p.m.	\$28	309220-01
Wednesday, July 19		
6:00 - 7:00 p.m.	\$28	309220-02
Wednesday, August 23		
6:00 - 7:00 p.m.	\$28	309220-03

#### "SUP" STAND UP PADDLEBOARDING: YOGA

Develop better balance, strength, coordination and endurance by linking breath to movement. This is an energizing Vinyasa class where your mat is a stand up paddleboard and your studio is the water. Paddleboard 101 or prior paddleboard experience recommended to participating. Use of regulation paddleboard included.

Wadnesday June 21

7:10 - 8:10 p.m.	\$28	309220-04
Wednesday, July 19 7:10 - 8:10 p.m.	\$28	309220-05
Wednesday, August 23 7:10 - 8:10 p.m.	\$28	309220-06

#### **ZUMBA ZONE FITNESS**

Come sweat away your worries. Zumba is inspired by high energy and motivating Latin and international music, and is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. No previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. Bring a water bottle and a sweat towel.

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Lane

Mondays, June 12 - August 28 (ex July 3 & 31)\*

7:10 - 8:10 p.m. \$70 (10 ses) 309215-01

\*Class on August 7 & 28 held at Osseo Sr. High main gym Maple Grove Middle School, Comm. Gym, 7000 Hemlock Lane

Wednesdays, June 14 - August 30 (ex July 5 & 26) 309215-02

6:00 - 7:00 p.m. \$70 (10 ses)

#### **ZUMBA ZONE SATURDAY MORNINGS**

Rise and Shine fitness fun! Start your weekend off the right way! Come heat up Central Park with Zumba that combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Wear tennis shoes. Instructor, Susan Gahan. Bring a water bottle and a sweat towel.

Central Park of MG, The Garden, 12000 Central Park Way

Saturdays, June 3 - August 5 (ex July 1)\*

\*Class on July 15 will be held at Town Green, 8:30 - 9:30 a.m. 7:30 - 8:20 a.m. Free will offering, no registration

#### **ZUMBA FITNESS PUNCH CARD**

Attend either Summer Zumba class listed above. Times not used are not transferable to another quarter. Refunds are not issued for punch cards. Punch cards and a calendar will be sent in the mail. All other fitness classes are not included.

\$70.00 for 10 punches

309216-01

#### **TABATA FITNESS**

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata gets the body's major muscle groups involved. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. Modifications for exercises are offered, so it's perfect for any fitness level. Please bring an exercise mat and medium weight dumbbells.

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Lane Mondays, June 12 - August 28 (ex July 3, 17 & 31)\* 6:00 - 7:00 p.m. \$63 (9 ses)

\*Class on August 7 & 28 held at Osseo Sr. High main gym

#### TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise which has been widely practiced for preventative and therapeutic purposes and is a popular exercise programs for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced as slow and relaxed to develop strength while eliminating tension and increasing energy. Taught by Gold Tai Chi group, Elaine Schrade, head instructor.

Osseo Senior High School, Cafeteria, 317 2nd Ave NW, Osseo Tuesdays, June 13 - August 29 (ex July 4)

7:00 - 8:00 p.m. 309210-01 \$77 (11 ses)

# Adult Golf, Tennis, Dance & Fall Softball Click here for registration link

## ADULTS USA TENNIS 1-2-3 FUNDAMENTALS

Adults 19 years & older

An introductory program consisting of 8 sessions to teach basic skills quickly to new players or to tennis players who have not played in some time. *Make-up rain date is the following Tuesday*. Maple Grove Middle School, Tennis Courts, 7000 Hemlock Lane

Thursdays, June 15 - August 3

6:15 - 7:15 p.m. \$90 (7 ses) 309302-01



# ADULT LEAGUE USA TEAM TENNIS MIXED DOUBLES

Adults 19 & older

USA Team Tennis offers adults the opportunity to practice and play organized matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. *This is a mixed doubles league, so you don't need a partner to sign up! Make-up rain date is the following Tuesday.* 

Maple Grove Middle School, Tennis Courts, 7000 Hemlock Lane Thursdays, June 15 - August 3

7:20 p.m. - 8:50 p.m. \$40 (8 ses) 309302-02

#### **MAPLE GROVE TENNIS LADDER**

Tennis players of all abilities, senior high through adult An opportunity to participate in a recreational tennis club. The ladder is a list of players to contact for singles tennis. The ladder will be starting in May and last through the middle of September, with playoffs at the end of the regular season. Players schedule their own matches, and can play as often or seldom as desired. There is no fee to participate. To register go to the following website, maplegrove.tencaptennis.com.

### **BALLROOM DANCE FOR BEGINNERS**

Ages 16 - adult (Children welcome with adult)

Learn several basic steps in the most popular ballroom dances, including Waltz, Foxtrot, Swing, Hustle, Cha Cha, Salsa, & Polka! Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? This is the perfect course to get you started and to help gain confidence on the dance floor. Instructor offers free repeat & make up classes at other locations. Deanna Constantine provides simple instruction intended for the new, beginning level dancer. To reserve your spot in class, or if you have questions, please call Deanna at 612-240-8329 or visit <a href="www.ConstantineDance.com">www.ConstantineDance.com</a>. Registration taken on-line at <a href="webtrac.maplegrovemn.gov">webtrac.maplegrovemn.gov</a>.

Osseo Senior High School, Cafeteria, 317 2nd Ave NW, Osseo

Thursdays, May 25 - June 22 (ex June 8)

7:00 - 8:30 p.m. \$55/person (4 ses) 309101-01



#### **ADULT GOLF**

Three Rivers Park District
Eagle Lake Golf Center, 11000 County Road 10 (1 mile west of Highway 169 in Plymouth)

**Adult Never Ever** – Never Ever lessons are designed for the golfer with no experience playing golf. This class will start at the beginning. Clubs are available for use. Equipment, golfer expectations, golf etiquette, simple rules, drills and swing instruction will be a part of each lesson! Lessons will cover irons, driving, chipping and putting.

Mondays & Wednesdays, July 10 - 19

6:00 – 7:00 p.m. \$85 (4 ses)

309301-01

Adult New Golfer – New Golfer lessons are designed for the golfer with little experience playing golf. New golfers usually have less than three years of playing experience or play less than 10 rounds a season. This class will incorporate golf etiquette, simple rules, drills and swing instruction into each lesson. Lessons will cover irons, driving, chipping and putting. Completion of this course prepares you for the next step class or private lessons, unless you feel it is still appropriate to continue in the Adult New Golfer lessons.

Mondays & Wednesdays, July 10 - 19

7:00 – 8:00 p.m. \$85 (4 ses) 309301-02

Tuesdays & Thursdays, July 25 - August 3

6:00 – 7:00 p.m. \$85 (4 ses) 309301-03

## **FALL SOFTBALL LEAGUES** Ages 18+

Games played at Maple Grove Middle School. 5-week doubleheader league.

Leagues for teams Class D & Below.

Mens Monday evenings beginning August 21

\$435.00 (includes tax) per team

310103-01

Mens Wednesday evenings beginning August 23

\$435.00 (includes tax) per team

310103-02

Note: Total 3 homeruns per game for the Men's Leagues. Additional homeruns will be an out.

Co-Rec Tuesday evenings beginning August 22

\$435.00 (includes tax) per team

310102-01

Complete roster due by August 25, 2017. Online and in person registration begins on Wednesday, April 26 and runs through Friday, August 4, 2017.

Note: Teams must provide an email address. All correspondence will be by email only.

## Adult/55 Forward Health & Fitness Click here for registration link

#### STRENGTH & BALANCE TRAINING

Age 30 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring your weights to class*. Instructor, Sharon Kauffman.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd Wednesdays, June 7 – August 30 (ex July 5, 12 & Aug 16) 9:30 – 10:30 a.m. \$40 (10 ses) 311211-01



#### **FOUNDATION FITNESS**

Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Tina Kuharski, Wendy Green & Kathy Bennethum .

Life Time Fitness Center, Aerobics Room

Mondays, June 5 - August 28

10:40 – 11:40 a.m. \$52 (13 ses) 311207-01

Wednesdays, June 7 - August 30

10:40 – 11:40 a.m. \$52 (13 ses) 311207-02

Fridays, June 9 - September 1

10:40 – 11:40 a.m. \$52 (13 ses) 311207-03

#### **SWIM FITNESS**

Summer Early Bird Class; get your exercise in early, then enjoy the beautiful summer days! Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for people with arthritis or water lovers. Instructor is Denise Schaff.

**Maple Grove Community Center Pool** 

Tuesdays, June 13 – August 29 (ex July 4)

7:00 - 8:00 a.m. \$44 (11 ses) 311212-01

Thursdays, June 15 - August 31 (ex July 6)

7:00 - 8:00 a.m. \$44 (11 ses) 311212-02



#### **PICKLEBALL**

This exciting game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball. Previous experience is not needed; we'll teach you the basics of the game, and you'll be hooked! All equipment provided.

#### PICKLEBALL - INDOORS

Open Gym Pickleball (when not playing outside). Open gym fees apply. See page 71 for details.

**Maple Grove Community Center Gym** 

Monday – Friday, 6:00 – 9:00 Wednesday, 7:30 – 10:00 p.m. Saturday, 7:00 – 9:00 a.m.

#### PICKLEBALL – OUTDOORS

As soon as the weather allows, pickleball will move from the Community Gyms to the outside courts. Group play is scheduled, but feel free to use the courts with friends and family around the scheduled play time.

Lakeview Knolls Pickleball Courts (6 courts)

Monday - Saturday, 8:00 - 11:30 a.m.

Sunday, 6:00 – dark

**Central Park** 

Novice and recreational players (w/basic understanding of game)

Monday - Saturday, 8:00 - noon

Monday & Wednesday, 6:00 p.m. - 9:30 p.m.

#### **PICKLEBALL - INTRO LESSONS**

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given monthly as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. Register for these lessons online at no cost.

**Central Park Pickleball Courts** 

Wed, June 14 7:00 – 9:00 p.m. Free 311320-01 Wed, August 23 7:00 – 9:00 p.m. Free 311320-02



## FLATWATER KAYAKING ESSENTIALS

Maple Grove Parks and Recreation 55 Forward Program and Three Rives Park are providing beginning kayaking instruction. This lesson will include; safety, proper paddling form, and paddle strokes while surrounded by the beauty of the park. Equipment provided. Meet at Fish Lake Regional Park Building. Dress for the activity and weather.

Fish Lake Regional Park, 14900 Bass Lake Rd

Thursday, August 3, 2017

1:00-3:00 \$31.50 311217-01

# Adult/55 Forward Health & Fitness Click here for registration link

#### **TAI CHI**

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well being, increased flexibility and muscle strength. It can help improve balance and relaxation, reduce stress, and help manage health concerns such as diabetes and arthritis. (These classes are open and offer health benefits to anyone with or without diabetes or arthritis.)

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

**Beginning Tai Chi** - A beginner's class, to introduce the movements combined from the Sun and Yang Style Tai Chi forms designed by Dr. Paul Lam.

Tuesdays, May 2 - June 20

8:30 – 9:30 a.m. \$48 (8 ses) 211213-02

Tuesdays, June 27 – August 22 (ex July 4 & 25)

8:30 – 9:30 a.m. \$42 (7 ses) 311213-01

**Tai Chi 2** - An advanced level for those who are moving beyond the beginning level in Tai Chi.

Tuesdays, May 2 – June 20

11:00 a.m. - noon \$48 (8 ses) 211213-04

Tuesdays, June 27 - August 22 (ex July 4 & 25)

11:00 a.m. - noon \$42 (7 ses) 311213-02

**Continuing Tai Chi** - For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, May 2 - June 20

9:45 – 10:45 a.m. \$48 (8 ses) 211213-06

Tuesdays, June 27 - August 22 (ex July 4 & 25)

9:45 – 10:45 a.m. \$42 (7 ses) 311213-03



#### **SHIBASHI TAI CHI**

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Weather permitting we will hold class outside, moving inside as needed/desired.

Eagle Lake Community Room, Thoresen Park, 6259 Eagle Lk Dr Thursdays, May 4 – June 22

4:00 – 5:00 p.m. \$48 (8 ses) 211209-02

Thursdays, June 29 - August 24 (ex July 6 & 27)

8:30 – 9:30 a.m. \$42 (7 ses) 311209-01

#### **CHAIR YOGA**

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Denise Schaff.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd

Wednesdays, June 7 - August 30 (ex July 5)

11:00 – noon \$48 (12 ses) 311204-01

#### **EASY YOGA**

Build strength, increase flexibility and balance, stretch and relax. All in one class. Must be able to move from standing to floor and back. Instructor, Dee James.

K Hovnanian's Four Seasons at Rush Creek, Community Clubhouse Ballroom, 7550 Rainier La N, Maple Grove MN 55311

Tuesdays, June 20 – August 29 (ex July 4)

9:00 – 10:00 a.m. \$40 (10 ses) 311205-01 10:15 – 11:15 a.m. \$40 (10 ses) 311205-02

Thursdays, June 22 – August 31 (ex July 6)

9:00 – 10:00 a.m. \$40 (10 ses) 311205-03 10:15 – 11:15 a.m. \$40 (10 ses) 311205-04

#### **LABYRINTH WALKING**

Have you tried the Maple Grove Labyrinth? Want to explore other neighboring labyrinths? This is the group for you! A labyrinth is not a maze. There is nothing to be solved, no dead ends or traps on your way. Labyrinths have a clear way in and out. The small amount of concentration required to stay on the path, combined with the repetitive nature of following the pttern, is said to produce a calming, reflective effect. Join us as we start in Maple Grove and then venture each month to a neighboring labyrinth. Register for this group online at no cost.

1st meet, Central Park Labyrinth, 12000 Central Park Way

Thursday, May 25, then 4th Thursday monthly

9:00-10:00 a.m. Free 311320-03

#### **WALKING CLUB**

#### Adults, ages 62+ (Residents of Maple Grove)

Don't let the rain, clouds and heat of summer stop your walking program. Life Time Fitness and Maple Grove Parks and Recreation invite you to join a walking club. Using the athletic club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. For additional information, call Kris at 763-494-6514. *All registrations will be handled at Life Time Fitness, Front Desk.* 

Life Time Fitness walking track

Monday - Friday, ongoing

9:00 – 11:00 a.m. & 1:00 – 3:00 p.m.

\$10 monthly

#### 7:57 a.m. NORDIC WALKING CLUB

Join Sher Monfore, and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calaries, do this and more while enjoying a walk in nature. A limited number of poles are available to borrow, or bring your own. Contact Kris to get on the email list for announcements of the park meeting places and/or to borrow poles at 763-494-6514.

Wednesdays on-going 7:57 – 9:00 a.m.

# Adult/55 Forward Health & Fitness Click here for registration link

#### **HEALTH AND SAFETY FAIR**

The Maple Grove Fire Department presents a full day of activity and learning at this event. Included in your day will be speakers on fire safety, driving safety, laughter, scams & frauds as well as a variety of mini sessions. Great speakers & vendors, prizes, fun lunch and snacks provided. If you have questions, call Marilyn at 763-494-6091 or Kris, 763-494-6514. Deadline to register June 14. **Maple Grove Community Center** 

Thursday, June 22

8:00 a.m. – 3:30 p.m. 311316-01

## **HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY**

Seniors, are you looking for some assistance with your household chores? H.O.M.E. is now providing services to the residents of Maple Grove. H.O.M.E. is a program that helps older adults (age 60 plus) remain independent by providing services they are unable to do for themselves. Service costs are based on a sliding contribution scale. The core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, leaf raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. CALL: 952-746-4046



## **HEALTH INSURANCE HELP**

Wondering about your choices with supplemental coverage? Have guestions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one on one information session.

**Maple Grove Community Center** 

2<sup>nd</sup> Thursday monthly

By appointment, starting at 12:30 p.m.

No fee, appointment required by calling Kris at 763-494-6514 at least one week in advance.

### SOCIAL SECURITY AND RETIRING WISELY

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? Will I have enough to retire? Will my retirement income last? You have a lot of questions to answer. Mistakes can be costly. We can provide the guidance you need. Please join Michelle Nisbet and Michael Coughlin, Financial Advisors, Thrivent Financial for a presentation, Social Security: Strategize to Maximize and Retire Wisely, to learn how to sort through the options to help ensure the choices you make are tailored to your needs. Register for this discussion online at no cost.

**Maple Grove Community Center** 

Tue, June 27 6:30 - 8:00 p.m. Free 311320-04 Tue, August 15 6:30 - 8:00 p.m. 311320-05 Free



#### **HAPPY FEET FOOT CARE**

Well cared for feet will help your entire body to feel better! Happy Feet, provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

**Maple Grove Community Center** 

Second Tuesday, third Wednesday and fourth Friday of each month

9:00 a.m. – 2:00 p.m.

\$36.00 per visit

Appointments required. Call 763-560-5136 for appointment.

#### PROTECTING OUR HEALTH

Cancer has overtaken heart disease as the leading cause of death in Minnesota and 21 other states. Learn what food protects against cancer and builds strong bones. Also, learn what food trumps Alzheimer's disease for people carrying the Alzheimer's ApoE4 gene. You will sample one specific fruit which improves memory and the one specific food most tied to longevity. Instructor, Dick Ogren.

**Maple Grove Community Center** 

Thursdays, June 1

10:30 a.m. - noon

\$10

311307-01

#### **EATING FOR EYE HEALTH**

Research reveals that the standard American diet does not provide our eyes with the nutrients they need. It is critical that our diet provides these nutrients, especially as we age. You will learn which foods help protect eyes against cataracts, glaucoma, age related macular degeneration and retinopathy related to diabetes. You will sample two specific foods that support eye health. Instructor, Dick Ogren.

**Maple Grove Community Center** 

Wednesday, July 19

10:30 a.m. - noon

311307-02

#### **HEARING SCREENING**

Hearing Health Clinic - Osseo will provide a Hearing Screening (Touchscreen). All participants will receive an emailed copy of their hearing screening. At screening we can look at your hearing devices and do some onsite cleaning of aids. The screening participants are eligible for a FREE 15 min. consultation with our Dr. of Audiology at our Osseo office if requested. Call Kris at 763-494-6514 to schedule an appointment.

**Maple Grove Community Center** 

First Tuesday monthly, by appointment

10:00 a.m. - noon

# 55 Forward Classes, Conversations & More... Click here for registration link

#### WILL YOU RUN OUT OF MONEY?

How to get the most from Social Security, including the new benefits. Discover how to avoid running out of money during retirement. Presented by Industry Leader, Jim Bear. There is no charge for this Baby Boomers and Seniors only event, for those who are retired or planning retirement. It's your money & your life, so it's your personal responsibility to get the information you need to make the right choices. Find out little-known Social Security strategies that may benefit you, including some that expired in 2016. Learn how to take advantage of the new rules that began in May 2016. When you attend, you receive a complimentary copy of *The Social Security Decisions*, a helpful guide that reveals how to increase your Social Security benefits (a lot of people already have) ... how to get a lump sum Social Security payoff ... how you may be cheating yourself out of your Social Security benefits ... and more.

\*http://www.ssa.gov/retire2/withdrawal.htm This is provided for informational purposes only and is not intended to provide specific tax or legal advice or serve as the basis for any financial decisions. Be sure to speak with qualified professionals before making any decisions about your personal situation. \*Jim Bear is an Investment Advisor Representative. Investment Advisory Services are offered through Global Financial Private Capital LLC, an SEC Registered Investment Advisor.

#### Register for this discussion online at no cost.

**Maple Grove Community Center** 

Tue, June 6 6:00-7:00 p.m. Free 211320-16 Tue, July 25 6:00-7:00 p.m. Free 311320-08

#### **PLANNING YOUR MOVE**

Whether you're selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local realtor, GRI Renee Miller of Keller Williams Classic Realty. She'll touch on understanding home values, timing your move, market statistics and how realtors market your home. A Home Inspector will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move. A move management company will share their expertise to round out your day. Guaranteed to get you inspired and organized for your next steps.

**Maple Grove Community Center** 

Thursday, July 13

10:00 a.m. - Noon \$5 311311-01

#### **LEAVING A LEGACY**

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbojumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy and still have plenty of time for individual questions and answers. *Register for this discussion online at no cost.* 

Mon, May 22 10:00 - 11:00 am Free 211320-10



#### **GREAT DECISIONS**

This program, co-sponsored by the Minnesota International Center, will bring world topics to discover and discuss right here in Maple Grove. Hear all the hot topics of the time, from local events to world dilemmas, there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to help us learn additional information and then time to discuss that which we have learned. Each topic will be covered in a single lesson. Register for any that interest you. There is an \$8.00 fee per session to help cover the cost of the speakers. Topic books are available for purchase, if desired, for an additional fee. (See Kris Orluck for the topic books.)

**Maple Grove Community Center** 

#### **U.S. Foreign Policy and Petroleum**

What is the effect of U.S. petroleum security on foreign policy? For 45 years, the country has alternated between periods of energy security and insecurity, sometimes able to wield petroleum as a useful instrument of foreign policy, sometimes not. Despite the so-called "energy revolution," the U.S. today is by no means disentangled from foreign dependence and global trends. In order to be successful, policymakers must recognize both petroleum security circumstances and patterns in the relationship between petroleum and foreign policy.

Wednesday, May 17

9:30 – 11:30 a.m. \$8 211305-04

#### **Saudi Arabia in Transition**

As Saudi Arabia struggles to adjust to the drastic decline in oil revenue, Deputy Crown Prince Mohammad bin Salman attempts to boldly transform the country and shift more power to the younger generation. At the same time, many countries such as the U.S. point out the lack of democracy, women's rights and human rights in Saudi Arabia, and blame its promotion of Wahhabism, an extremely conservative version of Islam, for creating jihadists. Bipartisan criticism of Saudi Arabia is rising in Congress. Both countries need each other, but they are at a crossroads in bilateral relations.

Wednesday, June 21

9:30 – 11:30 a.m. \$8 211305-03

# 55 Forward Computers & Classes Click here for registration link

#### **COMPUTER USERS GROUP**

"Ask Ray, The Computer Guy". Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a Computer Science graduate from the U of M and retired from the State of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. Check him out at www.raythecomputerguy.com. Free, no RSVP required.

**Maple Grove Community Center** 1st Monday monthly 9:00 - 11:00 a.m.

#### **APPLE iPAD WORKSHOP**

If you are new to iPad and the Apple world of technology with little to no experience and over the age of 55+ this workshop is perfect for you! Basic overview of the iPad and usage along with many of its setting, accessories, icons, apps, commands and controls will be the highlight of the class. You will become extremely comfortable using your iPad once you complete this great workshop where you'll soon be browsing the web, comfortable with security, privacy, passcodes, email and maybe even time for some fun apps such as photo editing. Class taught by "Raythecomputerguy".

**Maple Grove Community Center** 

Mondays, June 5 - 19

1:00 - 3:00 p.m. 311402-01 \$90 (3 ses)

Mondays, August 7 - 21

1:00 - 3:00 p.m. \$90 (3 ses) 311402-02



#### INTERNET AND CYBER SECURITY

Among all the computer use concerns in the world, "Systems and Cyber Security" is one of the most important concerns people have. Understanding computer security can truly help you better safeguard your valuable technology data and devices you use. Our Internet and Cyber Security class is performed in the workshop, hands-on practice format to help you learn the tricks to keep safe and secure; thus saving you potential high repair expenses, or at least minimize the risk. We learn and compare different security software available in the market today, tips and warnings signs that can alert you about potential cyber-attack, how to handle and avoid online scams, solicitors, security threats and phone calls that sync unknown callers to your computer causing you harm. You also learn how to ensure your security essentials are in place to better protect your online banking, health, family communications and data sharing. Class taught by "Raythecomputerguy".

Monday, June 26

NOT

available

for Internet

registration!

1:00 - 3:00 p.m. \$25 311402-03



#### AARP 55 ALIVE DRIVER SAFETY COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. The course fee is \$17 for AARP members and \$22 for non-members. Included in this cost

are the AARP materials and a \$2 facility fee. - Must present your membership card at registration for the discount!

**Maple Grove Community Center** 

**8 Hour Driver Safety Course:** This 2 session class is for those who have never taken a course.

Saturday, July 29

9:00 - 5:00 p.m. \$17/\$22 311701-01 4 Hour Refresher Course: This class is for those who have

taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Wednesday, May 17

9:00 a.m. - 1:00 p.m. \$17/\$22 211701-03 Wednesday, June 14 5:30 - 9:30 p.m. \$17/\$22 311701-02 Thursday, July 13 9:00 a.m. – 1:00 p.m. \$17/\$22 311701-03 Monday, August 7 \$17/\$22 311701-04 5:30 - 9:30 p.m.

#### MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. The 8-Hour class fee is \$26.00, and The 4 hour class fee is \$22.00. Maple Grove Community Center

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Tuesday, June 13 12:30 - 4:30 p.m. Monday, June 26 8:30 - 12:30 p.m. Monday, July 10 5:30 - 9:30 p.m. Wednesday, July 19 8:30 - 12:30 p.m. Monday, July 24 12:30 - 4:30 p.m. Wednesday, August 9 8:30 - 12:30 p.m. Wednesday, August 23 12:30 - 4:30 p.m.

8-Hour Course: This class is for those who have never attended a defensive driving course.

Monday & Tuesday, June 5 & 6 5:30 - 9:30 p.m. Tuesday & Wednesday, August 1 & 2 5:30 – 9:30 p.m.

# Craft, Game & Card Clubs Click here for registration link

New look for registration for these Craft, Game and Card Clubs! Log in to webtrac.maplegrovemn.gov and click on the link on the front page.

#### **DUPLICATE BRIDGE**

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner.

**Maple Grove Community Center** 

Tuesdays weekly

12:00 - 3:30 p.m. \$10 (yearly) Duplicate Bridge Card Club

#### **SOCIAL BRIDGE**

Here is an opportunity for all of you bridge players to get together and enjoy the game. This is an intermediate Party Bridge game, meeting weekly. Volunteers lead the meeting every week. You're sure to make new friends and perfect your bridge skills. No partners needed to attend this game! A prize fee of 50¢ is collected at each meeting.

**Maple Grove Community Center** 

Wednesdays weekly

12:30 - 3:30 p.m. \$10 (yearly) Social Bridge Card Club

#### **ACBL SANCTIONED DUPLICATE BRIDGE**

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$6.00 paid weekly at the game to the director.** Wireless scoring and hand records.

Maple Grove Community Center

Thursdays weekly

12:00 – 3:30 p.m. \$6.00 (weekly-pay the Game Director)

## **HAND AND FOOT**

Join in playing this fun and challenging game. Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards – the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Come and join the group meeting each week.

**Maple Grove Community Center** 

**Tuesdays** weekly

9:00 – noon \$10 (yearly) Hand & Foot Card Club

## **500 CARD CLUB**

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

**Maple Grove Community Center** 

Thursdays weekly

1:00 - 3:30 p.m. \$10 (yearly) 500 Card Club

#### **EUCHRE**

We have a new group of Euchre players. Are you a Euchre enthusiast? Want to play with a group on a regular basis? Join in the fun on Wednesday mornings.

**Maple Grove Community Center** 

Wednesdays weekly, starting January 4

9:30 – 11:30 a.m. \$10 (yearly) Euchre Card Club

#### **PINOCHLE**

Want a night out of the house to socialize and play cards? Join this Pinochle group playing weekly. If you love to play Pinochle, come join this fun group.

**Maple Grove Community Center** 

Tuesdays weekly

6:30 – 9:30 p.m. \$10 (yearly) Pinochle Card Club

#### **CRIBBAGE**

Calling all Cribbage players, join in the fun! We'll make teams and games as people arrive.

**Maple Grove Community Center** 

Mondays weekly

1:00 – 4:00 p.m. \$10 (yearly) Cribbage Game Club

#### **SCRABBLE**

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

Maple Grove Community Center

Fridays weekly

1:00 – 3:30 p.m. \$10 (yearly) Scrabble Game Club

#### **MAH JONG**

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. We welcome you to join in the fun. Come learn the game or join with other skilled players.

**Maple Grove Community Center** 

Thursdays weekly

9:00 – noon \$10 (yearly) Mah Jong Game Club

#### **DOMINO'S MEXICAN TRAIN**

Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play or are new to "Mexican Train", you will have a great time!

**Maple Grove Community Center** 

Tuesdays weekly

1:00 – 4:00 p.m. \$10 (yearly) Dominos Game Club

# Craft, Game & Card Clubs Click here for registration link

#### **FREE MONTHLY BINGO**

Join us the first Friday monthly for a fabulous hour of BINGO hosted by Northridge Health and Rehab and the Residence at North Ridge. They are teaming up to bring you an hour of fun and great prizes. Grand prize for cover-all which include gift cards to local businesses. This is a free event for everyone 55+. No need to sign up, just come to the Community Center ready to play.

**Maple Grove Community Center** 

First Friday monthly 11:00 a.m.

#### FREE

#### **BINGO**

Twice a month come into the Community Center for a round of bingo. We play a variety of games; Crazy T, X, Layer Cake, Railroad Tracks, 9 Patch, Postage Stamps, etc. All will be explained and displayed as we play each different game. (Winner chooses the game.) Play 10 games for an afternoon of fun! No registration required, games start 1:00 sharp, so arrive early to choose your cards.

**Maple Grove Community Center** 

2nd & 4th Friday monthly 1:00 p.m. \$1 per card for 10 games (all proceeds returned to the players)

#### **BOOKS, BOOKS, BOOKS!**

Do you love to read, and want to share and discuss the book? Maple Grove Park and Recreation is pleased to provide a book club. It is a continuous program (meeting monthly), reading and discussing a variety of books. This is a great opportunity for all of you avid readers to share your enthusiasm and love of reading. The books will be selected from the Book Kits offered by the Hennepin County Library System; other books will be selected as needed. Please call Kris for the next book to read at 763-494-6514.

**Maple Grove Community Center** 

1st Wednesday of every month

9:30 – 11:30 a.m.

\$10 (yearly)

**Book Club** 

#### **COMPUTER USERS GROUP**

Ask Ray, The Computer Guy

Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a Computer Science graduate from the U of M and retired from the State of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. Check him out at <a href="https://www.raythecomputerguy.com">www.raythecomputerguy.com</a>. Free, no RSVP required.

**Maple Grove Community Center** 

1st Monday monthly

9:00 – 11:00 a.m. Free

### **ANYTHING GOES CRAFTERS**

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

**Maple Grove Community Center** 

Wednesday weekly

9:00 a.m. – Noon \$10 (yearly)

**Crafters Club** 



#### **COLOR ME HAPPY**

Join in this ongoing coloring group, meeting monthly to share lessons learned, ideas, supply tips and have a fun social time. Bring your suppplies or use ours; just come and join in the fun. Beginners welcome!

**Maple Grove Community Center** 

**Fourth Monday monthly** 

9:30 – 11:30 a.m.

Free



#### TIME TO QUILT TOGETHER

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1st and 3rd Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

**Maple Grove Community Center** 

1st & 3rd Wednesday each month

9:30 – 4:00 p.m. \$10 (yearly)

**Quilting Club** 

#### WOODCARVING

Any level of woodcarver is invited to join this group! The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and woodcarving tools!

Maple Grove Community Center

Tuesdays weekly

12:30 – 3:00 p.m. \$10 (yearly)

**Woodcarving Club** 

# 55 Forward Creative Opportunities Click here for registration link

#### **OIL PAINTING**

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. No prior experience is necessary. You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. Some of the paintings may be viewed at the Maple Grove Community Center. Purchase all supplies to complete the picture from the instructor for \$15.00 (cash). Instructor, Dianne Swanson.

**Maple Grove Community Center** 

#### **SUNSET IN MAUI**

Wednesdays, June 7 - June 28

1:00 – 3:30 p.m. \$40 (4 ses) 311501-01 6:30 – 8:30 p.m. \$40 (4 ses) 311501-02

#### **MIA AND THE GOAT**

Wednesdays, July 5 - 26

1:00 – 3:30 p.m. \$40 (4 ses) 311501-03 6:30 – 8:30 p.m. \$40 (4 ses) 311501-04

#### **EVENING SAIL AT LAKE MINNETONKA**

Wednesdays, August 2 - 23

1:00 – 3:30 p.m. \$40 (4 ses) 311501-05 6:30 – 8:30 p.m. \$40 (4 ses) 311501-06



#### **COLOR MIXING**

Learn the techniques of mixing and matching color in your projects. These techniques apply to all types of media and can be used with watercolor, oil, acrylics, even threads and yarn. Spend three weeks practicing mixing techniques, working on color wheels and creating a reference notebook. The last three sessions will be spent creating a colorful desert scene using only red, white, blue and yellow colors. \$15 supply fee (cash) payable to instructor at first class. Instructor, Dianne Swanson.

#### **Maple Grove Community Center**

Mondays, May 8 - June 19 (ex May 29)

1:00 – 3:30 p.m. \$60 (6 ses) 311502-01 6:00 – 8:30 p.m. \$60 (6 ses) 311502-02



## **OUTDOOR CREATIVE ARTS (PLEIN AIR)**

**Oil Painting •** Join this group traveling to different sites, including lakes, buildings and flower gardens. You, the participants, will choose the location. Demonstrations will be available. Bring a camera if you like. Carpools can be arranged to the various destinations. \$15 (cash) supply fee payable to instructor at class for all supplies to create your picture. Instructor, Dianne Swanson.

#### **Various Locations**

Saturday, May 20		
10:30 a.m 3:00 p.m.	\$20	311507-01
Saturday, June 3		
10:30 a.m 3:00 p.m.	\$20	311507-02
Saturday, June 17		
10:30 a.m 3:00 p.m.	\$20	311507-03
Saturday, July 1		
10:30 a.m 3:00 p.m.	\$20	311507-04
Saturday, July 15		
10:30 a.m 3:00 p.m.	\$20	311507-05
Saturday, July 29		
10:30 a.m 3:00 p.m.	\$20	311507-06
Saturday, August 12		
10:30 a.m 3:00 p.m.	\$20	311507-07
•		

#### **STUDIO ARTS**

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, "do you own thing", but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away! Instructor, Dianne Swanson.

#### **Maple Grove Community Center**

Tuesdays, May 22 – June 20

9:30 – 12:00 p.m. \$45 (5 ses) 211503-02 Tuesdays, June 27 – July 25 9:30 – 12:00 p.m. \$45 (5 ses) 311503-01

Tuesdays, August 1 – August 29

9:30 – 12:00 p.m. \$45 (5 ses) 311503-02

# 55 Forward Food & Fellowship Click here for registration link

A time to gather at the Senior Center for a monthly meal, **served on the 3**<sup>rd</sup> **Thursday each month.** Come for a meal and stay for the company and entertainment; or even after that for card games. The cost of the meal is determined by the menu and entertainment costs.

LUNCH - Gather 11:30, Lunch 12:00, Entertainment follows
DINNER - Gather 4:30 pm, Dinner 5:00 pm, Entertainment follows
Maple Grove Community Center, Banquet Room

#### Thursday, June 15 - Happy Valley Boys

Sit back, relax and enjoy a cheeseburger with the fixings and kettle chips. An alternate of a seasoned chicken breast is available by request only. Dan and Art will perform a variety of music. Their passion is Scandinavian as well as American popular music from "The Great American Songbook"...World War 2 era. Art will play his fiddle and the accordion while Dan completes the show with his banjo and guitar! So prepare yourselves for some good ole Scandinavian polkas and waltzes, along with those American standards and that touch of Bluegrass gospel. This artistic musical team will wow you with their renditions of oldies! Last day to register Monday, June 12.

\$11 per person

11:30 am

**June Luncheon** 



#### Thursday, July 20 - Randy Rolloff

Join us today for this one man band and a delicious pulled pork sandwich, complete with the coleslaw, baked beans and fresh fruit! Finish with a cookie for dessert and then sit back and enjoy 40's, 50's, country and polka music with Randy! As one fan states, "Randy Rolloff puts on a fantastic show, one man sounding like a 5 piece band and a good one at that. Not only is he a consummate entertainment professional, he is a crowd pleaser who never fails to entertain." Last day to register is Monday, July 17.

\$11 per person

11:30 am

**July Luncheon** 



#### Thursday, August 17 – Annual Fashion Flair of Maple Grove

We'll begin the afternoon with the Lookout serving a grilled seasoned chicken breast with the infamous Lookout Salad and parmesan mashed potatoes and a lemon bar for dessert! The Maple Grove Parks and Recreation Department and the Shoppes of Arbor Lakes will be hosting yet another 'Fashion Flair of Maple Grove'. Enjoy ideas for updating your wardrobe while you preview the newest and upcoming styles for this fall. Always a favorite are the door prizes and goody bags filled with items from participating retailers. Registrations for attending the show must be by August 14. This event fills fast!

\$11/person (lunch) 11:30 am

August Luncheon

WANTED: Men and women models are needed to model clothing supplied by local retailers. Registration will be accepted on a first come first serve basis until all 30 modeling spaces are filled. Deadline for volunteer registration is Monday, July 17. Here's your chance to walk the runway! Model participants will receive lunch in return for their contribution. Register online to volunteer.

11:30 - 1:00 p.m. Free (models)

311320-09

#### Thursday, May 18 - Hi-Tones (dinner)

A Salisbury steak meal with mashed potatoes and gravy meal with a delicious lemon bar will start the evening off right! Then, welcome the wonderful group *Hi Tones* to entertain you with this engaging, energetic, funny, awesome duo! Elliot and Scott will bring you back to the 50's and 60's with hits like; Good Night Irene, Bye Bye Love, Blue Suede Shoes and more music that is 100% recognizable, as well as sing-along and possibly a Name That Tune contest! Don't miss this fun and lively show! Last day to register or cancel is May 15.

\$11 per person

4:30 pm

**May Dinner** 

# FREE MOVIES, FREE BEVERAGES, FREE POPCORN!

During the summer months we will show the movies at the Arbor Lakes Senior Living, 12001 80th Ave N. The theater is located in the far right corner of the main lobby. Show times are 9:30 a.m. or 12:30 p.m. Seating is limited to 25 per time slot! Please reserve your seat by calling Kris, 763-494-6514 or Brenda, 763-494-6499. Dates of Summer Movies

Mondays, June 12 & 26, July 10 & 24, August 14 & 28

#### **TEA ON THE TERRACE**

Join us for this monthly gathering. We enjoy tea and treats including fresh fruit, scones, desserts and candies. Relax on the patio overlooking the Town Green Park (weather permitting) or move inside as needed for more comfort. A casual, conversational and entertaining afternoon! *Register for these get togethers by the Monday prior to the date of the tea.* 

#### **Maple Grove Community Center**

June 19	1:00 – 2:30 p.m.	\$6	311304-01
July 17	1:00 – 2:30 p.m.	\$6	311304-02
August 21	1:00 – 2:30 p.m.	\$6	311304-03

# **Adult/55 Forward Trips Click here for registration link**

#### **ADULT TRIPS**

## **Trip Registration & Cancellation Policy**

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. **All registration is accepted immediately.** Participants may cancel trips with refund prior to the registration deadline date (a \$5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given *only* if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



PLEASE MEET THE BUS FOR ALL TRIPS AT THE ICE ARENA DOORS, unless otherwise noted, at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.

Trip registrations must now be made individually with each person's name, phone, etc. Sorry, we cannot offer group registrations!

#### **UNION DEPOT/GREEN LINE**

Today, our motor coach will take us to downtown Minneapolis, and there, we will ride the rails to St. Paul on the Green Line. The Metro Green Line is an 11-mile light-rail line that connects the central business districts of Minneapolis and Saint Paul as well as the University of Minnesota. The travel time between the downtown Minneapolis and downtown St. Paul is about 46 minutes. Our final stop will be to at the St. Paul Depot where we will experience the beauty and majesty of the historic renovation with a guided tour while learning about the building's use over time, how crews restored the structure to its original splendor. Next board the motor coach again and we're off to Kincaids for a delicious lunch in beautiful downtown St. Paul. Please select from one of the four delicious menu choices of: Caesar salad with grilled salmon, roasted chicken Dijon, penne with sun-dried tomatoes or open-faced crab sandwich. Finish with a delicious dessert! Join us for this downtown adventure! Last date to register or cancel June 6.

Wednesday, June 21

9:00 a.m. – 2:30 p.m.

\$55

311801-01

#### ST. PAUL SAINTS GAME

The St. Paul Saints are heading into their 25th season and their third season at CHS Field. The ballpark is conveniently located near downtown St. Paul and is small enough to walk all around it. Known for innovative promotions and a Fun is Good attitude, the Saints have been recognized locally and nationally for their creativity and customer service. We start with a picnic dinner, including all your ballpark favorites; hot dogs, brats, burgers and more. Then on to our reserved seats to enjoy the ball game and all the entertainment that the Saints are known for. There is limited cover at this stadium, so come prepared for the elements. Last day to register or cancel, May 26. \*This trip was advertised in the previous brochure, so spots are limited!

Tuesday, June 27

4:30 - 10:30 p.m.

\$53

211801-09

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested.
Call Kris Orluck at 763-494-6514 with any questions.



### **TREASURE ISLAND CASINO**

Try your luck, watch people, enjoy the food, the choices are yours as we head to Red Wing and Treasure Island Casino. Enjoy the matinee bingo session, play some black jack or try your luck at the slots. Upon arrival at the casino you will receive \$15 in slot play and a \$3 food coupon to be used at any of their restaurants or cafés. For the fastest and best experience please provide us with your Passport Club number. Note: When you register, you will be asked to provide your Passport Club number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives. Last date to register or cancel June 21.

Wednesday, June 28

8:00 am - 3:00 pm

\$25

311801-02

# **Adult Trips Click here for registration link**

# MINNEAPOLIS POPS ORCHESTRA PARK CONCERT

**Nicollet Island** 

Enjoy the river and great music as we head to the Historic Nicollet Island Pavilion on Nicollet Island in Minneapolis. This always popular concert, presented by the Minneapolis Pops Orchestra for years lasts approximately 1 hour and will feature light classical and pop music. The pavilion is covered and air conditioned for protection from sun or rain and chairs are provided. The Minneapolis Pops Orchestra is a professional orchestra with its members coming from musical organizations such as The Minnesota Opera Orchestra, The Saint Paul Chamber Orchestra and Minnesota Sinfonia. Also enjoy coffee, punch and treats at this event. Following the concert, we will stop at the Nicollet Island Inn for a delightful lunch at this historic site. Here you have your choice of *maple glazed salmon salad sandwich or grilled chicken BLT sandwich* served with salad and dessert. Last day to register or cancel June 23.

Tuesday, July 18

9:00 – 1:30 p.m. \$51 311801-03



#### **JESUS CHRIST SUPERSTAR**

**Ordway Theatre** 

Andrew Lloyd Weber and Tim Rice's legendary rock opera brings to life Christ's final days as a social and political rebel as seen through the eyes of Judas, who would eventually betray him. Dramatized with emotional intensity, thought-provoking edge, and explosive

theatricality and propelled by a stirring score, rock musical Jesus Christ Superstar illuminates the transcendent power of the human spirit with a passion that goes straight to the heart. Last day to register or cancel May 25.

Saturday, July 22

1:00 - 5:30 p.m.

\$102 "A" Main Floor, Orchestra Seating \$76 "C" Back Mezzanine Seating 211801-11 211801-12

#### **ROAMING ROCHESTER**

Start the day with a grand tour of the thirty-eight-room historic Mayowood mansion situated on a wooded hillside overlooking the Zumbro River Valley in the rolling hills of southeastern Minnesota. Next have lunch at Olive Garden for the infamous unlimited soup, salad and freshly baked breadsticks. Then board the Rochester Trolley with a guided city tour including a stop at Soldiers Field Veterans Memorial and possibly the Plummer house botanical gardens, if weather permits. Finish the day with a treat at Roscoe's Root Beer Stand. Wear your walking shoes for this day of adventure! Last day to register or cancel July 11.

Wednesday, July 26

8:30 a.m. – 6:00 p.m. \$72

311801-04

#### **RED HERRING**

#### Theatre in the Round

In one of our favorite spots, enjoy this great show... RED HERRING. It's 1952: America's working on the H-bomb and watching I Love Lucy every Monday night.. Senator Joe McCarthy's daughter just got engaged to a Communist spy.. and police detective Maggie Pelletier has to find out who dumped a body in the Boston Bay. Red Herring is a screwball romantic comedy, a hard-boiled mystery, and a total spoof of film noir movies, the Cold War, and America in the '50s. "A fun, engaging farcical romp with a cleverly complex plot and a loving heart", Pittsburgh Post-Gazette. Last day to register or cancel July 14. Sunday, July 30

1:00 - 5:00 p.m.

\$30

311801-05



# THE NINE REALMS OF THE OLD NORSE LEGENDS

**Circus Juventas** 

We start with lunch at Buca Di Beppo where lunch will include salad, Spaghetti Marinara, Fettuccine Alfredo, Chicken Parmigiana and a sweet dessert to finish the meal. Then on to the big top for the show. Circus Juventas is the largest performing arts circus school in North America, serving over 2,500 students through year-round classes and summer camp programs and 50,000 spectators annually. Join us for their summer "The Nine Realms" of the Old Norse Legends". Realms of light and dark, of elves and giants, mist and fog. Creatures who dwell in fire and ice seek to bring the end, but can it be stopped? By a band of rogue Vikings, perhaps? The glitteringly powerful Goddesses of Asgard? The mighty God of Thunder? Or perhaps one mere mortal? Join Circus Juventas and dive deep into the well of Norse mythology with an exciting, untold tale of adventure, intrigue, and magic, cycling through time and dimensions. A swirling, swinging, high-flying journey from the green pastures of Norway across the Bifrost to realms unseen awaits. Last day to register or cancel June 10.

Sunday, August 6 10:30 a.m. – 4:00 p.m.

\$41

311801-06

## **AL & ALMA'S CRUISE & LUNCH**

Enjoy a summer afternoon cruising on Lake Minnetonka. This  $1\frac{1}{2}$  hour cruise around one of the beautiful metro lakes includes a light lunch of sandwich, salad, chips, dessert and coffee or water. Sit back, enjoy the fresh air or the air conditioned cabin. To access the boat you must be able to do a few steps. Last day to register or cancel is June 8.

Monday, August 14

10:30 a.m. - 2:00 p.m.

\$30

311801-07

# **Adult Trips Click here for registration link**

#### **LITTLE FALLS MANSIONS & MUSEUMS**

On a beautiful summer day we will be greeted at Senator Rosenmeir's home with a tour. Next board the bus with an escort to point out little known facts of the town. Then stop at the unique and beautiful river home of the Weyerhaeuser family, which was built by the same architect as the Glensheen mansion. Following this tour, sit down to lunch in historical downtown at The Black and White, Awarded Restaurant of 2016 from the Minnesota Restaurant Association where you can enjoy a choice of *garlic cheesy burger on pretzel bun, turkey wild rice wrap or a southwest chicken salad*, served with delicious carrot cake for dessert. After lunch, take some time to shop at the Shoppes of Little Falls, complete with 50 artistic vendors under one roof. Last stop is the Charles Lindbergh Historic Home and Museum. *Wear your walking shoes; this will be a full day on your feet!* Last day to register or cancel July 27.

Thursday, August 10

9:00 a.m. - 6:00 p.m.

\$52

311801-08

#### **MUSIC OF NEIL DIAMOND**

#### **Paramount Theater**

First, let's enjoy a delicious three entrée buffet with fresh popovers at Coyote Moon Grille located at the Territory Golf Club in St. Cloud among its distinctive Minnesota lodge-style architecture overlooking the beautiful course and wetland valley. Matt Vee Family and Friends present *I Am, He Said: A Celebration of the Music of Neil Diamond* at the beautiful Paramount Theater in downtown St. Cloud. The sons of the great Bobby Vee celebrate the music from the timeless catalog of Neil Diamond. With songs like "Cracklin' Rosie," "Song Sung Blue," and "Sweet Caroline," Neil Diamond sold over 100 million records worldwide with music that became the soundtrack to one generation after another with hits spanning five decades. "This is not a tribute show," says Tommy Vee. "This is a celebration of an amazing musical icon, one we all love and respect." Last day to register or cancel July 24.

Thursday, August 24

10:00 a.m. – 5:00 p.m.

\$54

311801-09



### **CANTERBURY RACING**

#### Shakopee, MN

Join in the fun, place some bets, enjoy a light dinner and cheer on your favorite horse. We will have reserved indoor seating, stay at our tables, or venture outside for an up close look at the horses, their jockeys, and the finish line. You will get \$15 in Canterbury Bucks to use for dinner, or as you choose. Then relax in the comfort of the club house as you bet and enjoy the races for the evening. A fun night at a MN destination! Last day to register or cancel August 17.

Thursday, August 31

4:30 – 11:00 p.m. \$39 **311801-10** 

#### **GHOST THE MUSICAL**

#### **Old Log Theatre**

Start your trip off with a delicious lunch at the remodeled Cast & Cru restaurant in the theater. Here enjoy your choice of *Beef Short Rib, Pan Seared Tilapia, Vegetarian Pasta or Roasted Chicken Breast.* Then move into the theater where you'll enjoy the musical that captured our hearts first on the big screen. Adapted from the hit film by its Academy Award-winning screenwriter, Bruce Joel Rubin, GHOST THE MUSICAL follows Sam and Molly; a young couple whose connection takes a shocking turn after Sam's untimely death. Trapped between two worlds, Sam refuses to leave Molly when he learns she is in grave danger. Desperate to communicate with her, he turns to a storefront psychic, Oda Mae Brown, who helps him in the hope of saving and protecting Molly. Last day to register or cancel August 18.

Wednesday, September 6

10:30 a.m. – 5:00 p.m.

\$65

311801-11

#### IN THE HEIGHTS

#### **Ordway Theatre**

Before HAMILTON...there was IN THE HEIGHTS. Lin Manuel-Miranda's four-time Tony Award-winning musical tells the universal story of a vibrant community in New York's Washington Heights neighborhood; a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams and pressures, where the biggest struggles can be deciding which traditions to take with you and which ones you leave behind. Join us for this great show. Last day to register or cancel July 12.

Sunday, September 17 1:00 – 5:30 p.m.

\$100 for center main floor seating \$85 for back Mezzanine seating 311801-12 311801-13

# CROSSPOINT TOURS EXTENDED TRIPS CRUISE TO CUBA

#### 8 nights, 4 historic cities

Start with an overnight in Miami, before we head out on the Adonia, the first ship to cruise to Cuba from Miami. Travel to the Cuban port cities of Havana, Cienfuegos and Santiago de Cuba. You will have the opportunity to meet with local artists, musicians, business owners and families who make up the fabric of Cuban society. Every evening after exploring the beautiful country, the Spanish and French colonial architecture, the classic American cars, traditional Cuban music and dance, and the coastal fortresses and tall cathedrals, you'll return to the comforts of the MV Adonia. Included: 3½ days of shore excursions, with stops in Havana, Santiago de Cuba and Cienfuegos, shipboard travel between ports, Three meals a day, 7 nights in a comfortable cabin about the MV Adonia, airfare to the Miami area, and a pre-cruise night in a Miami hotel. Registration information with Kris at 763-494-6514 or Jeanne at Crosspoint Tours 612-229-5276.

November 6 - 13

Inside and outside cabins available. Call for pricing.

**Hear more!** Monday, May 22 at 1:00 p.m. at MG Community Center.

# **Community Center**

### MAPLE GROVE COMMUNITY CENTER 12951 Weaver Lake Road, Maple Grove, MN 55369

#### **Community Center Hours:**

Monday-Friday	6:00 a.m 10:00 p.m.
Saturday	8:00 a.m 10:00 p.m.
Sunday	10:00 a.m 10:00 p.m.

#### **Community Center Holiday Hours:**

Monday, May 29, Memorial Day	. 10:00 a.m 6:00 p.m.
Tuesday, July 4, Independence Day	. 10:00 a.m 6:00 p.m.
Monday, Sept. 4, Labor Day	. 10:00 a.m 6:00 p.m.

#### **Telephone numbers**

Banquet Room, Mtg Room Rentals	763-494-5969
Birthday Party Packages	763-494-5966
Group Reservations	763-494-5969
Ice Arena Dead Ice Times	763-494-5951
Ice Arena Office	763-494-5968
Ice Arena Rentals	763-494-6465
Main Number	763-494-6500
Membership Support Services	763-494-6508
Websitewww.maplegrovecom	munitycenter.org
Facebookfacebook.com/maplegrovec	ommunitycenter

#### **All Building Daily Pass**

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

<b>Daily Admission</b>	Non-Resident	Resident
Single, under 1 free	\$10.00	\$9.00
Family	\$37.00	\$32.00
Coupon Book	Non-Resident	Resident
10 coupons/book-all ages	\$85.00	\$85.00

### **Fee Guidelines**

**Resident:** Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The non-resident fee will be charged to additional family members. Non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

#### **Acceptable Forms of ID**

- · Drivers License or State ID
- ID and current pay stub from Maple Grove business

#### **Age Criteria**

- Youth Age 17 and under
- Adult Age 18-61
- Senior Age 62 and above
- Family consists of immediate family of up to two adults and their children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate. Senior is ages 62 and older. Youth is 17 & under.

#### **Gift Cards**

Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

#### **Membership Options**

You can choose from an Annual Membership (payment is made by cash, check or credit card) or a Continual Membership (using the direct payment option from your checking account). To purchase a new or renew an annual membership go to <u>www.maplegrovecommunitycenter.org</u>. Click on Memberships, WebTrac online registration. Follow the account set up.

# Online purchases for memberships are not available if you want to do the following: (you must register in person)

- If you plan on paying by check, cash or using the Direct Payment monthly option.
- If you work full-time in Maple Grove and want to receive the resident rate, bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- If you want to receive the MERSC rate, bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

#### **Community Center Memberships**

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, the Pool Only membership or the Pickleball Membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center. The Pickleball Membership includes access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only.

## All Building Memberships:

	Non-Resident	Kesident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$205.00 / \$17.08	\$185.00 / \$15.42
Adult	\$245.00 / \$20.42	\$205.00 / \$17.08
Family	\$500.00 / \$41.67	\$400.00 / \$33.34

#### **Pool Annual Memberships:**

	Non-Resident	Resident	
	Annual / Monthly	Annual / Monthly	
Youth/Senior	\$170.00 / \$14.17	\$145.00 / \$12.08	
Adult	\$195.00 / \$16.25	\$170.00 / \$14.17	
Family	\$400.00 / \$33.34	\$350.00 / \$29.17	

#### **Pickleball Memberships:**

	Non-Resident	Resident	
	Annual / Monthly	Annual / Monthly	
Adults	\$205.00 / \$17.08	\$185.00 / \$15.42	

#### **Military Discount Memberships:**

Military personnel need proof of service with a military ID with DD# or DD214 with photo. Military family members and retiree IDs accepted. MUST be done in person.

	Annual / Monthly
Pool Membership Adult Military	\$145.00 / \$12.08
Pool Membership Family Military	\$300.00 / \$25.00
All Building Member Adult Military	\$175.00 / \$14.58
All Building Membership Family Military	\$340.00/ \$28.34

# **Community Center Rentals & Groups**

#### **Room Rental Information**

Room rental requests can be made by the following methods:

- ~ On-line at <u>maplegrovecommunitycenter.org</u>. Click Room Rentals, then click the link to the fillable form.
- ~ By phone at 763-494-5969.
- ~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-2 business days.

Cancellations must be emailed and require a 30 day notice to receive a refund.

Small meeting room rental fees are due at the time of booking.

## **GROUPS, HOME SCHOOLS & PRIVATE RENTALS**

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

#### **Group Rates**

Group rates are available for 15 or more in all areas and 15 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1:10 ratio of adult/youth.

#### \*See Pool Supervision Policy for pool ratio.

#### **Group Rates: single activity**

Gym	\$4.25
Ice Skating	
Maple Maze, Indoor Playground	
Grove Cove Aquatic Center	
•	

#### **Group Rates: multiple activities**

•	•	
<b>Grove Cove Aquatic</b>	Center & Maple Maze	\$6.75
<b>Grove Cove Aquatic</b>	Center & Gym	\$6.75
<b>Grove Cove Aquatic</b>	Center & Ice Skating	\$6.75
<b>Grove Cove Aquatic</b>	Center, Maze & Ice Skating	,\$7.75
Grove Cove Aquatic	Center, Maze & Gym	\$7.75
All Building Daily Ac	lmission	\$8.25

Non-taxable rates available with proof of Tax Exempt status.

#### **Private Maple Maze Rentals**

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$175 includes use of a room for up to 40 people for an hour.

#### **Late Night or Overnight Rentals**

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.



#### **MEETING ROOMS**

From seminars and meetings to birthday parties, you'll want to schedule your next event here! The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

**Decorations:** You may bring your own decorations. Tape/adhesives, mylar confetti and glitter are prohibited. Use of these materials may result in additional fees to be charged and invoiced.

**Food/Beverage:** No red beverages or alcohol are allowed in the small meeting/party rooms.

#### Hours Rooms are available:

Monday–Friday	6:00 a.m. – 10:00 p.m.
Saturday	8:00 a.m. – 10:00 p.m.
Sunday	1:00 p.m. – 10:00 p.m.

#### Fees:

(Monday-Sunday)	Non-Resident	<u>Resident</u>
Private/Business	\$35.00/hr.	\$30.00/hr.
*Add 7.275% Sales Ta	x	

Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.

#### **Early Morning Room Special**

Kick start your weekday with a great deal. Schedule a small meeting room Monday through Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.

## **Community Center Large Area Rentals**



## **BANQUET ROOM**

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

**Hours:** This room is available Monday - Thursday from 6:00 a.m. to 10:00 pm; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 pm to 10:00 pm.

Table Set-Up: Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

**Decorations:** You are welcome to bring in your own decorations.

**Food/Beverage:** Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, India Spice House and Holy Land. A licensed caterer is required to serve your refreshments and meal. A portable beverage bar with pop is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to have alcohol served at MGCC. When alcohol is served a security guard is required to be present.

Call 763-494-5969 for details.

Fees:	Non-Resident	<u>Resident</u>
Private/Business Funct	ion	
Monday - Thursday	\$425.00	\$375.00
Friday, Sunday	\$475.00	\$425.00
Saturday	\$800.00	\$750.00
Kitchen	\$ 75.00	\$ 75.00
× 4 1 1 = 6 = -0.4 6 1 = -		

\*Add 7.275% Sales Tax

Non-profit rates are available with proof of Tax Exempt status for non-tax organizations.

A non-refundable payment of 50% of the rental fees is due at the time of booking. The balance of the fees and the \$300 refundable damage deposit is due 30 days prior to the rental date.

### **ROOM 112**

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees:	Non-Resident	<u>Resident</u>
Private/Business Function	n	
Mon-Sun (1-5 hours)	\$50.00/hr.	\$45.00/hr.
Fri-Sat-Sun (5+ hours)	\$280.00	\$250.00
*Add 7.275% Sales Tax		

#### Senior Center room rental fees are due at the time of booking.

A \$300 damage deposit may be required depending on the type of event. When applied, the refundable damage deposit is required 30 days prior to the rental date.

#### **GYMNASIUM RENTAL**

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Hoops have adjustable heights. Half court rentals are available Tuesday evenings. Full court rentals are available Saturday evenings after 8:00 pm and Sunday evenings after 8:00 pm.

Non-Resident	<u>Resident</u>
\$55.00 per hour	\$50.00 per hour

MGCC Membership holders will receive \$10.00 off a private rental.

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

# **Community Center Gym and Maple Maze**

\$45.00

#### **GYMNASIUM**

\$45.00

<b>Daily Admission</b>	Non-Resident	<u>Resident</u>
Tots-Parents free with Tot*	\$3.50	\$3.00
Single	\$6.00	\$5.00
Home School **	\$3.00	\$3.00

10 coupons/book-all ages

**Coupon Book** 

Everyone 9 and older MUST register to use the gym. All gym users must pay for and wear a wristband. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

#### A zero tolerance policy is enforced.

**Registration**: The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

Be Prepared: Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to

**Residency** as referred to on the gym schedule is defined as people who live in Maple Grove or have full-time employment in Maple Grove.

present an acceptable form of ID.

Acceptable forms of ID to register:

- Drivers license with current address.
- Non-residents working full time in Maple Grove must bring a current pay stub and drivers license.
- MN ID with photo and current address.
- State ID and utility billing in the patron's name.

#### **Each Gym Visit & Admissions**

Patrons must provide their home telephone number or individual barcode. Membership holders must scan their ID's at the gym desk. All patrons must wear a wristband.

#### **Gym Schedules**

Monthly gym schedules are available in racks near the customer service desks or on our website at

www.maplegrovecommunitycenter.org

#### MAPLE MAZE INDOOR PLAYGROUND

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. A special toddler area is available for children ages three and under. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active.

#### **Hours of Operation**

Monday – Saturday 9:00 a.m. – 8:00 p.m. Sundays 10:00 a.m. – 6:00 p.m.

<b>Daily Admission</b>	Non-Resident	<u>Resident</u>
Youth ages 1-12	\$6.00	\$5.00
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair
Coupon Book	Non-Resident	<u>Resident</u>
10 Coupons/all ages	\$45.00	\$45.00

#### **Specials**

#### **Twilight Special**

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

#### **Summer Sizzler Special**

Let the hot sun sizzle outside while you play indoors in the Maze. Pay only \$3.00 between 8:00 am - 2:00 pm, Monday - Friday. This special runs Monday, June 12 - Friday, September 1.

## **Daycare Provider Rate**

Home Licensed Daycare Providers receive a discounted rate of \$4.00 per child when purchasing 9 or less Maze admissions with a current copy of their daycare license and a driver's license.

However, this offer not valid during the summer.

#### **Indoor Playground Rules**

- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.
- Wristband must be worn. Socks must be worn.
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- The toddler area is restricted to children 3 and under.
- Groups visiting the Indoor Playground with reservations are posted.

#### **Private Maple Maze Rentals**

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15-8:15 p.m. or Saturdays from 8:15-10:15 p.m. The fee of \$175 includes use of a room for up to 40 people for an hour. Call 763-494-6527 for availability.

<sup>\*</sup>Parents are free during scheduled tot time only.

<sup>\*\*</sup>Home School rate during designated times only.

## **Community Center Birthday Party Packages**

### **BIRTHDAY PARTY PACKAGES**

Celebrate your child's birthday or bring a group of children to party at the Community Center! **Submit request online** at <u>maplegrovecommunitycenter.org</u>, Room Rentals or call

the Birthday Party Hot Line at 763-494-5966. Leave your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period. Calls are returned at various hours during the day.



## **Basic Package**

The cost is \$110 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities- playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 pm and Sundays 1:00 pm - 2:30 pm. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

#### **Princess Party**

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$140.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 pm and Sundays 1:00-2:30 pm. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

#### **Super Hero Party**

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$140 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 pm and Sundays from 1:00 - 2:30 pm. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

**See Teen Center Birthday celebrations on page 47!** 

# POOL SUPERVISION POLICY!

All children under 42" tall or wearing a lifejacket must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!





#### **Reservation Information**

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

The Birthday Party Package <u>base fee</u> is due at the time of booking. The amount due for the Basic Party rate is \$110.00 and the Princess and Superhero Party rates are \$140.00. The remaining balance is due the day of the party. This includes additional children, food, additional beverages, etc.

Cancellations must be received by email a minimum of 30 days prior to the date of the party to receive a full refund. Payment will be forfeited without a written cancellation. **No checks will be** accepted.

#### Additional options that can be added to any package

- \$3.50 per person for a hot dog and chips.
- \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- \$5.00 for extra paper supplies for up to 15 adults.
- \$5.00 per pitcher of pop.
- \$5.00 per adult to swim.
- \$3.00 per adult for ice skating & \$3.00 for skate rental.
- \$20.00 for a 10" white or chocolate cake.
- \$18.00 for a buddy cake (10 cupcakes & 5" personal cake).
- \$23.00 half sheet cake.
- \$8.00 t-shirt.
- \$30/hour & tax for Residents and \$35/hour & tax for Non-Residents for additional room time.

\*Add 7.275% Sales Tax

#### **Private Maple Maze Rentals**

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$175 includes use of a room for up to 40 people for an hour. Call 763-494-6527 for availability.

### **Community Center - Ice Arena**

### **ICE ARENA**

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers.

Call 763-494-6465 to schedule ice time.

<b>Daily Admission</b>	Regular/Non-Res.	<u>Resident</u>
Weekend/Evening Open Skate	e \$6.00	\$5.00
Weekday Open Skate*	\$3.00	\$3.00
*Not valid during school rel	ease days.	
(Youth 4 and under are free	)	
Adult Open Hockey	\$7.00	\$7.00
Low Test Freestyle	\$7.00	\$7.00
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
10 coupons/book-all ages		

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

#### **Skating Services**

Skate Rentals \$3.00 per pair

(sizes youth 8 to adult 12)

Skate Sharpening \$4.50 per pair

### Weekday Open Skate\* through May 26h

Tuesday & Thursday 11:30 a.m. – 1:00 p.m.

### **Weekday Open Skate (Summer Special)**

Tuesday & Thursday 2:45 p.m. - 4:15 p.m.

June 14 - September 1 (ex July 21 & Aug. 4) **\$2.00 per skater (special summer rate)** 

Youth ages 4 and under are free. Adult supervision is required.

#### Weekend Open Skate\*

Fridays 7:15 p.m. – 8:45 p.m

Saturdays thru May 14 (ex May 15 & 22)

not available in the summer) 1:00 p.m. – 2:30 p.m Sundays (ex June 26 & Aug. 21) 1:00 p.m. – 2:30 p.m

Youth ages 4 and under are free. Adult supervision is required.

### **Adult Open Hockey\***

Sundays (ex June 26 & Aug. 21) 11:15 a.m. – 12:45 p.m. Fridays 11:30 a.m. – 1:00 p.m. \*Helmets and shin pads are required. Skaters must be 18 years or older.

### **Low Test Freestyle\***

Sundays (ex June 26 & Aug. 21) 10:00 a.m. – 11:00 a.m.

### Senior Open Skate\* (ages 50 and older)

(not available in the summer)

Tuesdays & Thursdays 9:00 a.m. – 10:00 a.m.

(through May 28 - will return in September)

No Charge

\*For exclusion dates please see the monthly schedule available online at <a href="https://www.maplegrovecommunitycenter.org">www.maplegrovecommunitycenter.org</a> or call the ice arena office at 763-494-5968.

# The West Rink will be closed May 22 - June 18 for annual maintenance.

#### **Open Skate Special Events:**

Friday, June 16 7:15 p.m. – 8:45 p.m.

**Fathers Skate Free** - Kick off Father's Day by ice skating. Fathers skate free and kids accompanying pay only \$3.00.

Friday, July 14 7:15 p.m. – 8:45 p.m. **Cool Ray Skate** - Wear sunglasses and pay only \$3.00.

### **Dead Ice Hotline**

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

#### **Ice Rental Rates**

 Prime Time Ice (Sept. - May)
 \$200.00/hour + tax

 Mon - Fri
 2:00 p.m. - 11:00 p.m.

 Sat & Sun
 6:00 a.m. - 11:00 p.m.

 Non-Prime Time Ice (June-July)
 \$165.00/hour + tax

 Mon - Fri
 11:01 p.m. - 1:59 p.m.

 Sat - Sun
 11:01 p.m. - 5:59 a.m.

Summer Ice (June-August) \$165.00/hour + tax



### **GRAB YOUR GEAR SKATING**

The Maple Grove Community Center Ice Arena is making it easy and inexpensive for you to get out of the hot weather and into some cool summer fun. Grab Your Gear same-day hours are open to figure skaters, hockey skaters, boot hockey players, speed skaters and short trackers or any combination. You get the full rink, nets, team rooms, music and lights.

### Here's how it works:

- Call the arena & request the earliest ice hour available for that day, and we guarantee you will get it. If you want to skate longer, just tell the rink attendant.
- Grab Your Gear Skate ice rate is \$100.00 per hour plus tax, so you save \$65.00 per hour by renting the same day you skate.
- All ice users 17 years of age or under must be accompanied by at least one adult 18 years of age or older.
- You must skate on the same day you make the call.

### Call one of these numbers for availability:

Monday - Friday, 8:00 a.m. - 4:30 p.m. 763-494-6465 Monday - Friday, 5:00 p.m. - 9:00 p.m. 763-494-5968 Sundays, 10:00 a.m. - 9:00 p.m. 763-494-5968 Saturday, Rinks are closed

### **Community Center Aquatic Center**



Admission fee to the Grove Cove provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. Pool schedule is listed on page 75. Patrons under the age of 1 are free with a paying adult.

Non-Resident	<u>Residen</u> t
\$8.00	\$7.00
\$30.00	\$26.00
	\$8.00

# Coupon BookNon-ResidentResident10 coupons/book-all ages\$65.00\$65.00

### **Hours of Operation**

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at <a href="https://www.maplegrovemn.gov/community-center/swimming-pools.">www.maplegrovemn.gov/community-center/swimming-pools.</a>

# POOL SUPERVISION POLICY!

All children under 42" tall or wearing a lifejacket must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



### **Group Rates**

Group rates are available for 15 or more swimmers at \$5.75 per person. A two-week advance reservation is required and you must pay with one transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12:00 p.m., or after hours any night of the week. Groups may be scheduled after noon on weekends and District #279 no school days. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now.

Please bring your lifejackets and diving masks to the pool office to be checked before using!

### **Special Events and Family Fun**

#### FRIDAY FAMILY FUNDAYS!

Every Friday from May 5- June 2, 2017 will be a *Friday Family Funday!* You will find admission discounts, concession specials, flotation fun and even fabulous prize drawings!

<u>Daily admission</u> is \$6.00/individual or \$22.00/family for ALL visitors for Friday Family Fundays and Wild Wednesdays. <u>Concession specials</u> will be offered all day, every Friday and Wednesday.

#### **WILD WEDNESDAYS!**

Every Wednesday from June 14 - August 30, 2017 will be a WILD WEDNESDAY! We will offer admission discounts, great concession specials and have fun games that the kids will abolutely love! Come join the fun in the sun and stay cool in the Grove Cove pools!

June 14Pool Safety	July 26 Fishtastic
June 21Farm Friends	August 2 Summer Speedway
June 28Red, White & Blue	August 9Circus Tent
July 5Tiki Time	August 16 Silly Smiles
July 12 Dino Dig	August 23Just Ducky
July 19 Sunken Treasure	August 30 School Is Cool

### **Flotation Fun!**

During designated times, the lap pool will have fun floatation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and may be tested by a lifeguard. Please DO NOT bring your own floation! We will provide everything you need for a fabulous float time!

Flotation Fun is available on Fridays from 7:00 - 8:00 p.m., and Saturdays and Sundays from 3:00 - 4:00 p.m.

The climbing wall, rope swing and volleyball net/basketball hoops will not be available during float times.

### **Age Limit**

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

### **Pool Rules**

- US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, waterslides (except the tot slide) or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- Parents are <u>required</u> to be in the water with all children under 42" tall.
- Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- No diving in any of the pools.
- No diving masks with glass lenses are allowed in the pool.
- No glass, street shoes, food or beverages in the pool area.
- No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

### THE GROVE COVE AQUATIC CENTER

Come on in and join the fun at the Grove Cove Aquatic Center! There are activities and fun for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities, and a 130-foot long waterslide. The Lap Pool features 25 yard lap lanes, a great climbing wall, and a rope swing that drops into 12½ feet of water. Through our partnership with Lifetime Fitness, all Community Center patrons also have access to the outdoor Leisure Pool which includes a lazy river, water walk, tot slide, and interactive sprays. All of this is included in your Annual All-Building or Pool membership or daily admission!

### SUMMER SCHEDULE - JUNE 9 to SEPTEMBER 4, 2017 LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	Sr. Swim Fitness	6:00am-8:00am	Sr. Swim Fitness	6:00am-12:00pm		
8:00 am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Open Swim &	
9:00 am	ONLY	ONLY	ONLY	ONLY		Swim Lessons	
10:00 am	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm	8:00am-12:00pm		8:00am-	Open Swim
11:00 am	Swim Lessor	ns ONLY from 8:00a	am-12:00pm (Mon-Th	u) 6/12-8/17		12:00pm	10:00am-12:00pm
12:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
1:00 pm	With	With	With	With	With	With	With
2:00 pm	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide	Waterslide
3:00 pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-8:00pm	12:00pm-	12:00pm-6:00pm
4:00 pm						8:00pm	
5:00 pm							
6:00 pm							Pool Closed
7:00 pm							
8:00 pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Open Swim 8-9pm	Pool Closed	

### LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-8:00am	6:00am-8:00am	6:00am-8:00am	6:00am-9:00am		
8:00 am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		LTF Aerobics	
9:00 am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	8:00am-11:00am	LTF Aerobics	Lap Swim &	
10:00 am	Swim Lesson	ns ONLY from 8:00a	am-11:00am (Mon-Th	u) 6/12-8/17	Lap Swim	Swim Lessons	Lap Swim
11:00 am	Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY	Lap Swim ONLY	10:00am-1:00pm	9:00am-1:00pm	10:00am-1:00pm
12:00 pm	11:00am-1:00pm	11:00am-1:00pm	11:00am-1:00pm	11:00am-1:00pm			
1:00 pm	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Open Swim with
2:00 pm	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /	Rope Swing /
3:00 pm	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall	Climbing Wall
4:00 pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-5:00pm	1:00pm-8:00pm	1:00pm-6:00pm
5:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		Float Fun 3-4pm
6:00 pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-9:00pm	5:00pm-7:00pm	Float Fun 3-4pm	Pool Closed
7:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics		Float Fun/Open		
8:00 pm	Lap Swim 8-9pm	Lap Swim 8-9pm	Lap/Tri 8-9pm		Lap Swim 8-9pm	Pool Closed	

### **OUTDOOR POOL SCHEDULE**

(Special Pre-Season Hours Starting Memorial Day Weekend! See below for more information.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 am							
11:00 am							
12:00 pm							
1:00 pm							Open Swim
2:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	10:00am – 6:00pm
3:00 pm	10:00am - 8:00pm	10:00am - 8:00pm	10:00am - 8:00pm	10:00am - 8:00pm	10:00am- 8:00pm	10:00am-8:00pm	
4:00 pm							
5:00 pm							
6:00 pm							Pool Closed
7:00 pm							

### The Pools will have Special Hours on the Following Dates:

5/20/17 Pools will open at 11:00 am instead of 8:00 am due to staff training.
5/27 - 5/28/17 Outdoor pool open 10:00 am - 6:00 pm. Indoor pools regular hours.
5/29/17 All pools open 10:00 am - 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm.

**6/3 – 6/4/17** Outdoor pool open 10:00 am – 6:00 pm. Indoor pools regular hours. **All** pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. R

7/4/17 All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm. 9/4/17 All pools open 10:00 am – 6:00 pm. Waterslide open 12:00-6:00 pm. Rope Swing/Climbing Wall open 1:00-6:00 pm.

**NOTICE**: During the outdoor pool season, May 27, 2017 – September 4, 2017, ALL persons entering the indoor or outdoor pool areas are required to pay admission or show a valid pass and obtain a wristband. This applies to swimmers and spectators. The only exceptions are parents/guardians of students in swimming lessons. Those parents/guardians may be on the indoor pool deck to observe during their child's class time without obtaining a wristband.

The tentative dates for annual maintenance are September 5 - 24, 2017. The pools will be CLOSED during this time.

### **POOL SUPERVISION POLICY!**

All children under 42" tall, or wearing a lifejacket, must have an adult in the water within arm's reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



### **RED CROSS CERTIFICATION**

Maple Grove Middle School 7000 Hemlock Lane North

Maple Grove Community Center 12951 Weaver Lake Road

Miscellaneous: Lessons missed by students will not be made up. You can purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

#### **SESSIONS**

- 01. Maple Grove Community Center Mon-Thurs, June 12 22 8 lessons
- 02. Maple Grove Community Center Mon-Thurs, June 12 15 4 lessons
- 03. Maple Grove Community Center Mon-Thurs, June 19 22 4 lessons
- 04. Maple Grove Community Center Mon-Thurs, June 26 29 4 lessons
- 05. Maple Grove Community Center Mon-Thurs, July 10 20 8 lessons
- 06. Maple Grove Community Center Mon-Thurs, July 10 13 4 lessons
- 07. Maple Grove Community Center Mon-Thurs, July 17 20 4 lessons
- 08. Maple Grove Community Center Mon-Thurs, July 24 August 3 8 lessons
- 09. Maple Grove Community Center Mon-Thurs, July 24 27 4 lessons
- 10. Maple Grove Community Center Mon-Thurs, July 31 August 3 4 lessons
- 11. Maple Grove Community Center Mon-Thurs, August 7 17 8 lessons
- 12. Maple Grove Community Center Mon-Thurs, August 7 10 4 lessons
- 13. Maple Grove Community Center Mon-Thurs, August 14 17 4 lessons
- 14. Maple Grove Middle School Monday Evenings, June 26 August 14 8 lessons
- 15. Maple Grove Middle School Tuesday Evenings, June 27 August 15 (ex July 4) 7 lessons
- 16. Maple Grove Middle School Wednesday Evenings, June 28 August 16 8 lessons

### Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Skills learned include ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, June 12 - 22	312101-01	01
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, July 10 - 20	312101-02	05
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312101-03	08
Parent/Child	11:30-12:00 pm	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312101-04	11
Parent/Child	7:05-7:35 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312101-05	14
Parent/Child	7:05-7:35 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312101-06	15
Parent/Child	7:05-7:35 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312101-07	16

### **Age 3 without parent - 30 Minute Classes**

Designed for cautious swimmers. Skills learned includes ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312102-01 312102-02 312102-03	01
Age 3 w/o parent	8:35-9:05 am 9:45-10:15 am 10:55-11:25 am	\$51	Comm Center	Mon-Thur, June 26-29 ONE WEEK	312102-04 312102-05 312102-06	04
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312102-07 312102-08 312102-09	05
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312102-10 312102-11 312102-12	08
Age 3 w/o parent	8:00-8:30 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312102-13 312102-14 312102-15	11

### **Ages 4-5 without parent - 30 Minute Classes**

Designed for swimmers who are comfortable in the water. Skills learned includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312103-01	01
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312103-02 312103-03 312103-04 312103-05 312103-06	01
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312103-07	05
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312103-08 312103-09 312103-10 312103-11 312103-12	05
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312103-13	08
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312103-14 312103-15 312103-16 312103-17 312103-18	08
Age 4-5 w/o parent Levels 1 & 2	10:55-11:25 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312103-19	11



Like us on Facebook! www.facebook.com/grovecoveaquaticcenter

See more Age 4-5 w/o parent next page 👈

### Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Skills learned includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent All Levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 10:20-10:50 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312103-20 312103-21 312103-22 312103-23	11
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312103-24 312103-25	14
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312103-26 312103-27	15
Age 4-5 w/o parent All Levels	6:30-7:00 pm 7:40-8:10 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312103-28 312103-29	16

### Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. **See below for Level selection.** Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

**Level 1 - Introduction to Water Skills:** Designed for beginning swimmers. Skills learned includes ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

**Level 2 - Fundamental Aquatic Skills:** Skills learned includes ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

**Level 3 - Stroke Development**: Builds on skills with practice in deeper water. Skills learned includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

**Level 4 - Stroke Improvement:** Develops confidence and improves skills. Skills learned includes ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

**Level 5 - Stroke Refinement**: Develops stroke refinement and endurance. Skills learned includes ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

**Level 6 - Swimming and Skill Proficiency:** Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312104-01	01
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312104-02	05
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312104-03	08
Levels 1-2	10:35-11:20 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312104-04	11
Levels 1-3	6:30-7:15 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312104-05	14
Levels 1-3	6:30-7:15 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312104-06	15
Levels 1-3	6:30-7:15 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312104-07	16
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312104-08	01
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312104-09	05
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312104-10	08

### Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. **See page 78 for Level selection.** Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-4	8:05-8:50 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312104-11	11
Levels 2-4	7:20-8:05 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312104-12	14
Levels 2-4	7:20-8:05 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312104-13	15
Levels 2-4	7:20-8:05 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312104-14	16
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312108-01	01
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312108-02	05
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312108-03	08
Levels 3-5	8:55-9:40 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312108-04	11
Levels 3-6 (6Diving)	8:10-8:55 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312109-01	16
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, June 12 - 22	312110-01	01
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, July 10 - 20	312110-02	05
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, July 24 – Aug 3	312110-03	08
Levels 3-6 (6Fitness)	9:45-10:30 am	\$97	Comm Center	Mon-Thur, Aug 7 - 17	312110-04	11
Levels 3-6 (6Fitness)	8:10-8:55 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312110-05	14
Levels 3-6 (6Fitness)	8:10-8:55 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312110-06	15
Synchronized Swim Levels 4+	8:10-8:55 pm	\$86	MG Mid School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312112-01	15
Adult & Teen	8:10-8:55 pm	\$97	MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312111-01	14
Adult & Teen	8:10-8:55 pm	\$97	MG Mid School	Wed, June 28 – Aug 16 EVENINGS	312111-02	16



### **Private Lessons - 30 Minute Classes**

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, June 12 - 22	312202-01 312202-02	01
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 12-15 ONE WEEK	312202-03 312202-04	02
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 19-22 ONE WEEK	312202-05 312202-06	03
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, June 26-29 ONE WEEK	312202-07 312202-08	04
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, July 10 - 20	312202-09 312202-10	05
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 10 - 13 ONE WEEK	312202-11 312202-12	06
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 17 - 20 ONE WEEK	312202-13 312202-14	07
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, July 24 – Aug 3	312202-15 312202-16	08
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 24 - 27 ONE WEEK	312202-17 312202-18	09
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, July 31 - Aug 3 ONE WEEK	312202-19 312202-20	10
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$139	Comm Center	Mon-Thur, Aug 7 - 17	312202-21 312202-22	11
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, Aug 7 - 10 ONE WEEK	312202-23 312202-24	12
Private Levels 1 & 2	10:55-11:25 am 11:30-12:00 pm	\$72	Comm Center	Mon-Thurs, Aug 14 - 17 ONE WEEK	312202-25 312202-26	13
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, June 12 - 22	312201-01 312201-02 312201-03 312201-04 312201-05	01
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 12-15 ONE WEEK	312201-06 312201-07 312201-08 312201-09 312201-10	02
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 19-22 ONE WEEK	312201-11 312201-12 312201-13 312201-14 312201-15	03
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$72	Comm Center	Mon-Thurs, June 26-29 ONE WEEK	312201-16 312201-17 312201-18 312201-19 312201-20	04
Private all levels	8:00-8:30 am 8:35-9:05 am 9:10-9:40 am 9:45-10:15 am 10:20-10:50 am	\$139	Comm Center	Mon-Thur, July 10 - 20	312201-21 312201-22 312201-23 312201-24 312201-25	05

### **Private Lessons - 30 Minute Classes**

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
	8:00-8:30 am				312201-26	
Private all levels	8:35-9:05 am	\$72	Comm		312201-27	
	9:10-9:40 am			Mon-Thurs, July 10 - 13 ONE WEEK	312201-28	06
	9:45-10:15 am		Center	·	312201-29	
	10:20-10:50 am				312201-30	
	8:00-8:30 am				312201-31	07
	8:35-9:05 am	\$72	C		312201-32	
Private all levels	9:10-9:40 am		Comm Center	Mon-Thurs, July 17 - 20 ONE WEEK	312201-33	
	9:45-10:15 am				312201-34	
	10:20-10:50 am				312201-35	
	8:00-8:30 am				312201-36	
	8:35-9:05 am		C		312201-37	
Private all levels	9:10-9:40 am	\$139	Comm Center	Mon-Thur, July 24 – Aug 3	312201-38	08
	9:45-10:15 am			1,11,	312201-39	
	10:20-10:50 am				312201-40	
	8:00-8:30 am		Comm Center		312201-41	
	8:35-9:05 am				312201-42	09
Private all levels	9:10-9:40 am	\$72		Mon-Thurs, July 24 - 27 ONE WEEK	312201-43	
	9:45-10:15 am				312201-44	
	10:20-10:50 am				312201-45	
	8:00-8:30 am				312201-46	
	8:35-9:05 am			Mon-Thurs, July 31 - Aug 3 ONE WEEK	312201-47	
Private all levels	9:10-9:40 am	\$72	Comm		312201-48	10
	9:45-10:15 am		Center		312201-49	
	10:20-10:50 am				312201-50	
	8:00-8:30 am	\$139	Comm Center	Mon-Thur, Aug 7 - 17	312201-51	
	8:35-9:05 am				312201-52	11
Private all levels	9:10-9:40 am				312201-52	
i iivate ali levels	9:45-10:15 am				312201-53	
	10:20-10:50 am				312201-54	
	8:00-8:30 am	\$72	Comm Center	Mon-Thurs, Aug 7 - 10 ONE WEEK	312201-56	
	8:35-9:05 am				312201-57	
Private all levels	9:10-9:40 am				312201-58	12
	9:45-10:15 am				312201-59	
	10:20-10:50 am				312201-60	
Private all levels	8:00-8:30 am		Comm Center		312201-61	
	8:35-9:05 am			Mon-Thurs, Aug 14 - 17 ONE WEEK	312201-62	
	9:10-9:40 am				312201-63	13
	9:45-10:15 am				312201-64	
	10:20-10:50 am	1			312201-65	
Private all levels	6:30-7:00 pm		MG Mid School	Mon, June 26 – Aug 14 EVENINGS	312201-66	
	7:40-8:10 pm	1 61201			312201-67	14
	8:15-8:45 pm				312201-68	
Private all levels	6:30-7:00 pm			Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312201-69	
	7:40-8:10 pm	\$123	MG Mid		312201-70	15
	8:15-8:45 pm	, ,	School		312201-71	'-
Private all levels	6:30-7:00 pm			Wed, June 28 – Aug 16 EVENINGS		
	7:40-8:10 pm	\$139	MG Mid		312201-72 312201-73	16
		\$139 5	School	vieu, Julie 20 - Aug 10 EVENINGS		'0
	8:15-8:45 pm		301001		312201-74	



### **Semi-Private Lessons - 30 Minute Classes**

These lessons are for 2 swimmers ages 3 years and older of similar skill level taught by 1 teacher. Sign up for only ONE spot and list the name of the second swimmer when prompted. List swim levels when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private	10:55-11:25 am	\$233	Comm	Mon-Thur, June 12 - 22	312304-01	01
Levels 1 & 2	11:30-12:00 pm	\$233	Center	Mori-mur, June 12 - 22	312304-02	01
Semi-Private	10:55-11:25 am	\$119	Comm	Man Thurs June 12 15 ONE WEEK	312304-03	02
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, June 12-15 ONE WEEK	312304-04	02
Semi-Private	10:55-11:25 am	\$119	Comm	Man Thurs June 10 22 ONE WEEK	312304-05	02
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, June 19-22 ONE WEEK	312304-06	03
Semi-Private	10:55-11:25 am	\$119	Comm	Mon-Thurs, June 26-29 ONE WEEK	312304-07	04
Levels 1 & 2	11:30-12:00 pm	۱ ۱۱۶	Center	WOII-ITIUIS, JUITE 20-29 ONE WEEK	312304-08	04
Semi-Private	10:55-11:25 am	\$233	Comm	Mon-Thur, July 10 - 20	312304-09	05
Levels 1 & 2	11:30-12:00 pm	\$233	Center	Mori-Triur, July 10 - 20	312304-10	05
Semi-Private	10:55-11:25 am	\$119	Comm	Mon-Thurs, July 10 - 13 ONE WEEK	312304-11	06
Levels 1 & 2	11:30-12:00 pm	3119	Center	Mon-mus, July 10 - 13 ONE WEEK	312304-12	00
Semi-Private	10:55-11:25 am	\$119	Comm	Mary Thomas India 17, 20 ONE WEEK	312304-13	07
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, July 17 - 20 ONE WEEK	312304-14	07
Semi-Private	10:55-11:25 am	\$233	Comm	Mon-Thur, July 24 – Aug 3	312304-15	08
Levels 1 & 2	11:30-12:00 pm	\$233	Center	Mori-Triur, July 24 – Aug 3	312304-16	00
Semi-Private	10:55-11:25 am	\$119	Comm	Man Thurs July 24, 27 ONE WEEK	312304-17	09
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, July 24 - 27 ONE WEEK	312304-18	09
Semi-Private	10:55-11:25 am	\$119	Comm	Man Thurs July 21 Ave 2 ONE WEEK	312304-19	10
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, July 31 - Aug 3 ONE WEEK	312304-20	10
Semi-Private	10:55-11:25 am	\$233	Comm	Mon-Thur, Aug 7 - 17	312304-21	11
Levels 1 & 2	11:30-12:00 pm	\$233	Center	Mon-Thur, Aug 7 - 17	312304-22	''
Semi-Private	10:55-11:25 am	\$119	Comm	Man Thurs Aug 7 10 ONE WEEK	312304-23	12
Levels 1 & 2	11:30-12:00 pm	\$119	Center	Mon-Thurs, Aug 7 - 10 ONE WEEK	312304-24	12
Semi-Private	10:55-11:25 am	\$119	Comm	Mon-Thurs, Aug 14 - 17 ONE WEEK	312304-25	13
Levels 1 & 2	11:30-12:00 pm	3119	Center	Mon-murs, Aug 14 - 17 ONE WEEK	312304-26	13
Semi-Private all levels	8:35-9:05 am	\$233	Comm Center	Mon-Thur, June 12 - 22	312303-01	01
Semi-Private all levels	9:45-10:15 am				312303-02	01
	8:00-8:30 am				312303-03	
	8:35-9:05 am		Comm		312303-04	
Semi-Private all levels	9:10-9:40 am	\$119	Center	Mon-Thurs, June 12-15 ONE WEEK	312303-05	02
	9:45-10:15 am				312303-06	
	10:20-10:50 am				312303-07	
	8:00-8:30 am				312303-08	
	8:35-9:05 am		Comm		312303-09	
Semi-Private all levels	9:10-9:40 am	\$119	Center	Mon-Thurs, June 19-22 ONE WEEK	312303-10	03
	9:45-10:15 am				312303-11	
	10:20-10:50 am 8:00-8:30 am				312303-12	
	8:35-9:05 am				312303-13	
Semi-Private all levels	9:10-9:40 am	\$119	Comm Center	Mon-Thurs, June 26-29 ONE WEEK	312303-14	04
	9:45-10:15 am	3119			312303-15 312303-16	04
	10:20-10:50 am				312303-10	
	8:35-9:05 am	1	Comm		312303-17	
Semi-Private all levels	9:45-10:15 am	\$233	Center	Mon-Thur, July 10 - 20	312303-18	05
	8:00-8:30 am		Center		312303-19	
Semi-Private all levels	8:35-9:05 am			Mon-Thurs, July 10 - 13 ONE WEEK	312303-20	
	9:10-9:40 am	\$119	Comm		312303-21	06
Jan I iivate un levels		1 2119	Center			
Jenn i mvate an ievels	9:45-10:15 am 10:20-10:50 am	לווי,	Center		312303-23 312303-24	

### Swim Lessons & Water Aerobics Click here for registration link

### **Semi-Private Lessons - 30 Minute Classes**

These lessons are for 2 swimmers ages 3 years and older of similar skill level taught by 1 teacher. Sign up for only ONE spot and list the name of the second swimmer when prompted. List swim levels when prompted. See page 78 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
	8:00-8:30 am				312303-25	
	8:35-9:05 am		C		312303-26	
Semi-Private all levels	9:10-9:40 am	\$119	Comm Center	Mon-Thurs, July 17 - 20 ONE WEEK	312303-27	07
	9:45-10:15 am			. ,	312303-28	
	10:20-10:50 am				312303-29	
Semi-Private all levels	8:35-9:05 am	\$233	Comm	Mars Thorn July 24 Aves 2	312303-30	08
Semi-Private all levels	9:45-10:15 am	\$233	Center	Mon-Thur, July 24 – Aug 3	312303-31	
	8:00-8:30 am		Comm Center		312303-32	
	8:35-9:05 am				312303-33	09
Semi-Private all levels	9:10-9:40 am	\$119		Mon-Thurs, July 24 - 27 ONE WEEK	312303-34	
	9:45-10:15 am			,	312303-35	
	10:20-10:50 am				312303-36	
	8:00-8:30 am		Comm Center		312303-37	10
	8:35-9:05 am			Mon-Thurs, July 31 - Aug 3 ONE WEEK	312303-38	
Semi-Private all levels	9:10-9:40 am	\$119			312303-39	
	9:45-10:15 am				312303-40	
	10:20-10:50 am				312303-41	
Semi-Private all levels	8:35-9:05 am	\$233	Comm Center	Mon-Thur, Aug 7 - 17	312303-42	11
Semi-Private all levels	9:45-10:15 am	\$233			312303-43	11
	8:00-8:30 am	I \$110 I	Comm Center	Mon-Thurs, Aug 7 - 10 ONE WEEK	312303-44	12
	8:35-9:05 am				312303-45	
Semi-Private all levels	9:10-9:40 am				312303-46	
	9:45-10:15 am		Center		312303-47	
	10:20-10:50 am				312303-48	
	8:00-8:30 am	\$119	Comm Center	Mon-Thurs, Aug 14 - 17 ONE WEEK	312303-49	
	8:35-9:05 am				312303-50	13
Semi-Private all levels	9:10-9:40 am				312303-51	
	9:45-10:15 am				312303-52	
	10:20-10:50 am				312303-53	
Semi-Private all levels	7:05-7:35 pm	(2)33	MG Mid	Mon, June 26 – Aug 14 EVENINGS	312303-54	14
	8:15-8:45 pm		School		312303-55	14
Semi-Private all levels	7:05-7:35 pm	\$205	MG Mid	Tue lune 27 Aug 15 (ev luly 4) EVENINGS	312303-56	15
	8:15-8:45 pm	\$205	School	Tue, June 27 – Aug 15 (ex July 4) EVENINGS	312303-57	15
Comi Drivata all lavala	7:05-7:35 pm	6222	MG Mid	Wood June 29 Aug 16 EVENINGS	312303-58	16
Semi-Private all levels	8:15-8:45 pm	\$233	School	Wed, June 28 – Aug 16 EVENINGS	312303-59	

### **WATER AEROBICS**

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for water lovers.

**Maple Grove Community Center Pool** 

Mondays, June 12 - August 28

7:15 – 8:00 p.m. \$95 (12 ses) 312401-01

Wednesdays, June 14 - August 30

7:15 – 8:00 p.m. \$95 (12 ses) 312401-02

### **POOL RENTAL**

The Osseo Middle School School and Maple Grove Middle School School pools are available on a limited basis for group gatherings. Use of the pool and locker rooms, including supervision and lifeguards begins at \$90.00 per hour on week nights and \$135.00 per hour on Fridays, Saturdays and Sundays. Maximum pool capacity is 80. For additional information and scheduling, contact Adrienne Vassar, 763-493-6493 or <a href="mailto:avassar@maplegrovemn.gov">avassar@maplegrovemn.gov</a> at least two weeks in advance of your requested date.



Like us on Facebook! www.facebook.com/grovecoveaquaticcenter

# Swim Specialty Classes Click here for registration link

### **PRACTICE & CONDITIONING OPPORTUNITIES**

This is not an open swim time but an opportunity for swimmers to practice strokes, water exercise or condition swimming in a lap lane. This will be based on a first come, first served basis as space allows. At least one lane will be available.

Maple Grove Middle School (evenings)

Mondays, June 26 – August 14 Tuesdays, June 27 – August 15 (ex July 4) Wednesdays, June 28 – August 16 6:30 – 8:00 p.m.

\$2.00 payable at the pool office

### **NHCP SWIM CLUB**

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit <a href="https://www.teamunify.com/mnnhcp">www.teamunify.com/mnnhcp</a>.



### WATER SAFETY INSTRUCTOR AIDE CLASS

Here is the opportunity you have been waiting for! This program offers training in the classroom as well in the water to anyone interested in assisting with our American Red Cross Swim Program. In addition to class time each participant is required to perform nine hours of volunteer time with the Maple Grove Parks and Recreation Swim Program. Once you have completed the course, you will be able to interview for a job with our swimming program.

\*The first day of the session each student's swimming skills will be assessed. All participants must have completed the **American Red Cross level 4**, or has equivalent skills, is at least 14 years of age by the last date of class and is interested in assisting in the teaching of others to swim. Contact Adrienne Vassar, 763-494-6493 with questions.

**Maple Grove Community Center** 

Monday – Thursday, July 10 - 13 and Monday – Thursday, July 17 - 20

8:00 – 11:30 a.m. \$130.00 (8 ses) 312406-01

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma etc., please indicate this on your account information. This information will enable us to provide a more positive learning experience for your child. Contact Michelle at 763-494-6516 to make her aware of any special needs.



# AMERICAN RED CROSS WATER SAFETY INSTRUCTOR

The purpose of the American Red Cross Water Safety Instructor Course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

### **Prerequisites:**

To participate in the Water Safety Instructor course, individuals must be at least 16 years of age on or before the final scheduled lesson of this course. Bring proof of age to the first class such as a driver's license, state identification card, birth certificate, passport or other government-issued photo identification.

You must demonstrate the ability to perform the following swimming skills to continue in this class:

- Swim the following strokes consistent with the Stroke Performance Charts, Level 4 Front crawl – 25 yard, Back crawl – 25 yards, Breaststroke – 25 yards, Elementary backstroke – 25 yards, Sidestroke – 25 yards, Butterfly – 15 yards
- Maintain position on back for 1 minute in deep water (floating or sculling).
- 3. Tread water for 1 minute

Part of this class is online. You will need access to the internet and a printer. After you enroll, you will be given a link to the American Red Cross to have access to the online portion of the class. You will also need to pay a fee of \$35 to the American Red Cross when you link up the first time. Minimum required for class is 6 participants or the class will be cancelled. If there are any questions regarding this course, please contact Adrienne Vassar at 763-494-6493. The last day to register is Thursday, June 1 or until spaces fill. Must attend all sessions for certification.

**Maple Grove Community Center Pool** 

Monday – Thursday, June 12 - 15 and Monday – Thursday, June 19 - 22

8:00 a.m. – noon \$240 (8 ses)

312405-01

# \*New\* 2017 Lifeguard Training Click here for registration link

### **BASIC LIFEGUARD TRAINING**

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

### **Prerequisites**

- Must be 15 years old on or before the final scheduled session of this course. Bring proof of age to the first session.
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed.
   Swim goggles may be used.
- Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
- 4. Complete a timed event within 1 minute, 40 seconds.
  - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
  - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
  - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.

#### **Certification Requirements**

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grade of 80%.

### **Certificate Issued and Validity Period**

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar 763-494-6493 with questions. Minimum requirement of 6 participants for the class. Must attend all sessions for certification.

### **Maple Grove Community Center Pool**

Thursday-Sunday, July 20 - 23 and Friday - Sunday, July 28 - 30 Thursday, 6:30-9:00 p.m. Friday & Saturday, 4:30-10:00 p.m. Sunday, 3:30-9:00 p.m.

\$250 (7 ses)

312402-01

### **BASIC LIFEGUARD REVIEW CLASS**

Here is your opportunity to renew your lifequarding!

This course is designed to recertify those who have current certification for Basic Lifeguard. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If your certification has expired, you need to take the full course which is offered at the Maple Grove Community Center. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. If you want to keep your waterfront certification, you need to take this course and the waterfront module.

You are required to complete the pre-course test listed under the lifeguard training full class to continue the class. There will be a lecture, video and practice time to prepare for the final written tests and scenarios. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions. There is a minimum requirement of 6 participants to run the program. Questions may be directed to Adrienne Vassar at 763-494-6493.

Thursday-Saturday, June 15 - 17

4:30 – 10:00 p.m. \$160 (3 ses) 312403-01

Thursday-Saturday, August 3 - 5

4:30 – 10:00 p.m. \$160 (3 ses) 312403-02

### **WATERFRONT MODULE**

The purpose of the Waterfront Skills module is to teach lifeguards the skills and knowledge needed to prevent and respond to emergencies in nonsurf, open-water areas found at public parks, resorts, summer camps and campgrounds. This module certifies you or renews your Waterfront Skills. Waterfront Module may be added to your current American Red Cross Basic Lifeguard or Water Park certification. You will need proof that you are currently certified with the American Red Cross with Basic, Water Park or Waterfront Lifeguard.

#### **Maple Grove Community Center Pool**

Sunday, June 18

4:00 – 10:00 p.m. \$60 312404-01

Sunday, August 6

4:00 – 10:00 p.m. \$60 312404-02



# **Registration Dates**

Seniors/55 Forward program registration starts on Monday, April 24 at 9:00 am. T-Ball, Kickin Kids & Lil Sports (page 34) registration starts on Tuesday, April 25 at 9:00 am. General program registration starts on Wednesday, April 26 at 9:00 am.

Swim and evening Water Aerobics registration begins Thursday, April 27 at 9:00 am.

The fastest and easiest way to register is online at webtrac.maplegrovemn.gov. All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool, Defensive Driving and tiered-fee programs. Set up your new account BEFORE registration to save time!

# Four Easy Ways To Register!



### **DON'T STAND IN LINE!**

ONLINE WITH WebTrac

Log on to webtrac.maplegrovemn.gov Click on Create an Account. Create a login (your email address).

Or complete the registration form on page 87 and mail, drop off or fax your registration form and payment in. Be sure to write down the activity number, activity name and fee for each program you're registering for. Missing information can delay your registration. Payment must accompany registration. We accept VISA, MasterCard, Discover, cash and checks. Make checks payable to Maple Grove Parks and Recreation.

Sorry, we cannot accept registrations over the phone.

We do not send enrollment confirmations. You will be contacted only if the program is canceled or the date, time or location has changed.



### MAIL (processed at random)

Fill out form on page 87. Mail to: Maple Grove Parks & Recreation 12951 Weaver Lake Rd, Maple Grove, MN 55369-9409. Make checks payable to Maple Grove Parks/Rec. Visa, Mastercard and Discover accepted.



### FAX (processed at random)

Fill out form on page 87. Fax to secure printer 763-494-6456 Visa, Mastercard and Discover accepted.

### **WALK-IN REGISTRATION**

Registrations can be handled WALK-IN REGISTRATION

Monday through Friday, 7:00 a.m. - 6:00 p.m. at the **Maple Grove Community** Center, 12951 Weaver Lake Rd, Maple Grove. To avoid standing

in line, register on-line!

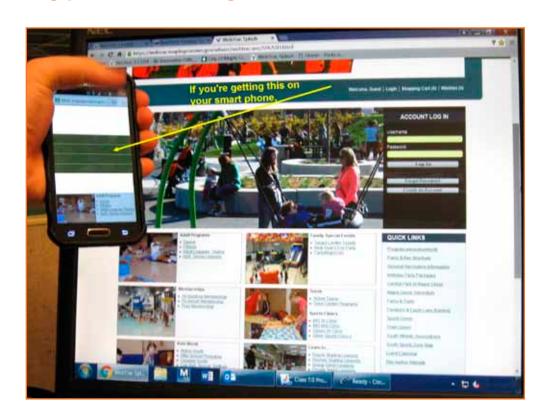
### Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

# Having problems seeing WebTrac?

If you're having problems viewing WebTrac on your Smartphone, bypass the top log-in section, click on the program link that you're interested in and you will be given a second chance to log in.

The preferred browser for this program is **Google!** 



MAIL-IN	AND FAX (763-494-6456) REGIST	RATION FORM (p	rocessed	at random)
NAME		GENDER	AGE	BIRTHDATE
ADDRESS		CITY		ZIP
PHONE: HOME	BEST DAY NUMBER_		_CELLPH(	ONE
E-MAIL			_	
ACTIVITY CODE	ACTIVITY TITLE		SKILL	LEVEL (if applicable)
LOCATION	DATE	TIME		AMOUNT
I shall indemnify, defend, and hold the Ci participation in registered programs. In ac and/or your child or guardian on this form the public. While you may choose to withh	DRMATION & RELEASE OF LIABILITY ity of Maple Grove and the Parks and Recreation Board has cordance with the Minnesota Government Data Practices A is considered private. This private data is available to you, and this data, the consequences could be that you may not gram to be used for promotional materials. Either/both of the nent and two consents.	Act, the Park Board hereby informatic city staff, coaches and instructor receive updated program inform	ns you that the p s who need this i nation such as sc	personal information we are requesting of your information to perform their duties, but not hedule changes. I further give consent to ha
	Pa	rent's Signature (if mi	nor) or Part	cipant's Signature
CHECK NO Cre	edit Card Authorized Signature			
VISA/Discover/MasterCar	rd #	Expiration	Secui	rity Code on back

Maple Grove Parks and Recreation Board 12951 Weaver Lake Road Maple Grove, MN 55369

PRSRT STD U.S. POSTAGE PAID Permit No. 65 Osseo, MN

\* \* \* \* \* ECRWSS \* \*
POSTAL CUSTOMER



12000 Central Park Way Maple Grove, MN 55369 763-494-6474

Two blocks east of the Maple Grove Library

See more information on page 8.

Open year-round!





### **DOG OBEDIENCE-CANINE GOOD CITIZEN**

Help your dog become a well-mannered representative of the community. Join certified pet trainer, Kari Martin, for this hands-on class open to dogs of all ages. You and your dog will practice basic commands, targeting, polite walking, proper socialization techniques and correct forms of reinforcement. **Please note**; dogs aggressive to other dogs and people are NOT appropriate for this class. One dog per participant.

### **Bring to Class:**

- ~ Your dog
- ~ Up-to-date vaccination record
- ~ 6 ft. leash
- ~ dog treats
- ~ treat bag (optional)
- ~ Clicker and any motivational toys

<u>Vaccinations Required</u>: Distemper/Parvo Combination: Required for all dogs and puppies. Puppies should have at least one booster before attending classes. Rabies: Required for all dogs and puppies over 3 months. Bordetella: Required for all dogs and puppies over 3 months.

Weaver Lake Community Park, parking lot by beach, northeast corner, 8401 Dunkirk Lane

Saturdays, June 3 – July 15 (ex July 1)

9:00 a.m. – 10:00 a.m. \$72 (6 ses)

309224-01